

LA PRENSA TEXAS

San Antonio's Hispanic Family Owned Newspaper

VOL. 1 • NUM 18

www.LaPrensaTEXAS.com

14 de Octubre de 2018



Breast Cancer Awareness Month

Breast Cancer in Latinas



Meet Jorge Mendoza



The Pop Art of Mel Casas



Stephanie Urbina Makes History



Carlos "Famoso" Hernandez



LA PRENSA TEXAS

This grassroots publication is the life source for a community that is not easily afforded viable access to diverse and accessible media. San Antonio and the surrounding counties have become accustomed to relevant news brought to them in both English and Spanish since 1913.

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La Prensa Texas San Antonio is published once a week by La Familia Duran Inc. San Antonio, Texas (210) 686-0600. Subscription price in the U.S.A. \$125 per year (52 issues). The opinions expressed in the editorials of this publication represent the positions and ideology of this newspaper; the opinions expressed by writers and guest columnists are not necessarily the opinions of the management staff or ownership of this newspaper; the contents of which they are solely and exclusively responsible for. Letters from our readers are welcome and will be published, subject to space availability so long as they are signed and have a proper return address. All letters will be reviewed and edited for offensive language, libel, slander, defamation, proper grammar, spelling, and accuracy, according to our style. La Prensa Texas San Antonio is not responsible for advertisements that may be deceitful or fraudulent, and does not guarantee in any way the products or services offered, of which only the advertiser is responsible. All Rights Reserved. Published and printed in the United States of America.

Let's talk about it... Mexican or White – What am I today?

Mexican or White- What am I today?

I have a friend that is half Mexican but looks white and has a white last name. She was telling me that for certain things she feels the need to include her mothers maiden name and for other things, she feels the need not to include it. She shared with me she feels like she is not being honest when she does either one. I told her I felt horrible for her. If it is not bad enough she lives in a society where she isn't white enough or Mexican enough, and now she even condemns herself. It is unfortunate there is the white privilege but it is what it is; it exists. My friend uses it when she needs to and that is fine with me. I asked some of my friends what their thoughts were on this. This is what they had to say:

Beverly Brooks: Whitest Mexican ever right here! To be honest, I've never felt anything less than Hispanic, but I embrace that I have more diversity than others. I usually lean on the "white" part only if I'm cracking a joke. I'm technically 25% white I can get away with it

Just dont ask me to roll my R's... We'll be here all day.
John Santos-Estella Griffith: I have had to deal with these issues my whole life also Honestly, I use it to my advantage every chance I get.

Dana Quinones: I am white as you know but have been married to my husband (who is Hispanic) for over 16 years now. We own a Mexican & American Restaurant for 15 years. I have taught myself Spanish. I would say I understand 80% (wish it was 100%). What's weird is I don't really classify myself as white or Hispanic....more like a human being equal to each and everyone of all Gods children. I don't know how other people see me???? I don't really try and "fit" in I am me. I can see where ethnicity might come into play if you are applying for a job or something that you need to be "white" or "Hispanic." Tell your friend to use it to her advantage and feel proud to be both! Love who she is and never feel shame or guilt for being who she is. Put whatever last name she wants. Her NAME will NOT DEFINE who she is. I am truly proud to be a Quinones and a King (my maiden name.) Just treat everyone as you want to be treated and let God handle the rest.

Kirk Otto: I was looking for my privilege in Jr High, when I got my ass kicked every day for being white. I was looking for that privilege when I was working for the city of San Antonio and had no friends, because I was the only white guy. I was looking for that privilege when I was the only one who's lunch

was stolen, or who's car was damaged in the parking lot.

Mary Svetlik Watkins: Everyday from 6th grade until I left high school, I was ghost or leche. I had a great circle of friends but everyday for six years I was too white. I also had a counselor tell me that I maybe in the vast minority at school but that was ok; I was smart and funny. In many ways, it made me who I am. I have zero cares what people think of me. I had to learn to like me. Yes, I was the super white kid with bad skin but I worked hard to be kind to everyone.

Jazmin D Zuñiga: Well friend recently because people assume my boys are African American . I had started checking the African American box on paper work but I decided I will be checking "Other" from now on. There is nothing wrong I have two Hatiacanos (Haitian & Mexicanos). I was talking about it with a with them being called black; I date a Lovely Handsome Black Man, but I want my kids to love their culture first, to know where they come from. I don't want them to say Black because of their color! I know ALOT of Biracial children specially (black) that LEAN more to their African American

Culture & define themselves as Black never talking about the other parents race.. When my kids are old enough it's up to them to decide but for now, I make sure to tell them they are Mexican & Haitian (Latinos). They understand Spanish. Their dad also speaks to them in French & Creole but they speak English! Of course, they are Americans!

Vanessa McBryde: My real maiden name is Morin. My mom changed it to Schuchardt when we moved from Laredo to Boerne because she was afraid I wouldn't fit in. To this day, I still use Schuchardt because I never got around to legally changing my name to McBryde when I got married. I'm very proud of my culture and I don't deny it or hide it but it was engrained into me that people are more accepting when they believe you're white. This ideology was confirmed when I was called a "mutt" as a child.

Dana Quinones: Just treat everyone as you want to be treated and let God handle the rest.



La Prensa Texas 210-686-0600

About the Cover Artist:

Lucy Peveto



Lucy Peveto is an attorney turned artist who seeks to show how lives can be transformed utilizing the butterfly. Butterflies represent her own life experience: the connection between creativity, emotion and spirituality. Utilizing mixed mediums, Peveto celebrates the assurance that we can be born again through grace and the beauty of natural transformation. She seeks to show the infinite possibilities gained when we discover our God given talents. Her process involves construction of wood panels, high heat and resin chemicals. Many times these elements are juxtaposed with delicate, paper-thin butterfly wings to illustrate the

fragility of physical life. In other work, the artist seeks to deconstruct textile-inspired patterns to represent how we may find unexpected light and shadow in life and art.

Lucy's work has been selected for private collections locally as well as internationally; public collections in San Antonio include the University Health System, University Hospital, UTSA Collection, La Cantera Resort and Spa, and GFR Development Services; and for future publication in the Junior League of San Antonio's "Fresh Flavors" cookbook.

Peveto's work was featured at Art to the Power of Ten, sponsored by McNay Contemporary Collectors Forum; Blue Star Contemporary Art Museum Red Dot; Southwest School of Art ROYGBIV (catalogue); An-Arte Gallery Touch The Sun, Kiss The Sky (solo); Neiman Marcus, Spring Trends (solo) and in many other shows and galleries across Texas, Florida, Arizona and New Mexico.

She currently resides in San Antonio, Texas with her husband and two children.

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Stephanie Urbina Jones Makes History

By Alison Querbach

Nashville, TN - October 4, 2018
-- Stephanie Urbina Jones made her Grand Ole Opry debut on Tuesday, October 2 to a standing ovation. For Jones, performing on the Opry stage alongside mariachis has been a life-long dream, and if the audience reaction is any indication, Jones made their dreams come true as well. In a moving introduction, WSM's Eddie Stubbs spoke to Jones' "lifelong love affair" with country music. "It's in her heart, in her soul, it's deep in her very being. Also very deep in her being are her Hispanic roots," Stubbs said, "She



Stephanie Urbina Jones debut on Grand Ole Opry
All photos: Chris Hollo

Dolly Parton hit, "Jolene." All three songs are featured on her upcoming honky tonk classic country mariachi album, Tularosa. Jones was joined on stage by her producer Patterson Barrett and seven-piece band, Mariachi Internacional Nueva Galicia. Jones' appearance marks the first time in the Opry's 93-year history that a woman performed on the iconic stage with mariachis — a designation fitting for Hispanic Heritage Month (Sept. 15-Oct. 15), which the Opry marked by hosting this performance.

Jones' next stop will be a performance at the Country Music Hall of Fame on Oct. 28 where she will take the stage with mariachis

for their Musician's Spotlight at the Ford Theatre.

On September 28, Urbina Jones released her latest studio album, Tularosa, an inspired marriage of country classics and mariachi rhythms named for the place where it was recorded. Tularosa honors Urbina Jones' musical icons — a string of legends from Dolly, Patsy, Willie, and Merle to Johnny and June — and the Mexican heritage that feeds her sound and soul. Urbina Jones, a San Antonio native, is well-known for celebrating her Hispanic heritage through her music, which can be described as Latin-rooted Americana, or "Texicana country folk-rock."

has done something very unique with music — marrying her God-given talents of loving and singing country music with her Hispanic roots." The audience gasped, delighted to be part of a truly groundbreaking moment, when finally, Stubbs announced, "As best as we can determine, nothing like this has ever happened before in the 93-year history of the Grand Ole Opry."

Jones opened her performance with a rousing rendition of Charley Pride's number-1 hit "Is Anybody Goin' to San Antone" and closed with Lynn Anderson's 1970 iconic song "Rose Garden." Jones also performed what she calls a "telenovela" version of the classic



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AVISO DE UNA EXHIBICION ABIERTA AL PUBLICO
Proyecto de mejoras en Loop 1604 de FM 78 a I-10 Este

El Departamento de Transporte de Texas (TxDOT) le invita a una exhibición abierta al público el 24 de octubre de 2018 para presentar mejoras propuestas en Loop 1604 en el condado de Bexar en Texas.

Las mejoras propuestas incluyen:

- Actualizar a Loop 1604 a una autopista de acceso controlado para incluir la construcción de rampas para conectar los carriles centrales con los laterales;
- Construir puentes elevados y carriles a nivel del suelo para dar vuelta en U en todas las intersecciones;
- Construir una vuelta en U elevada desde los carriles centrales hacia el sur a los laterales hacia el norte cerca de Randolph AFB;
- Construir vueltas en U a nivel del suelo adicionales cerca de Randolph AFB;
- Construir laterales continuos; y
- Reconfigurar la intersección de Lower Seguin Road con Loop 1604.

El proyecto propuesto mejorará la conectividad local y la movilidad regional.

Exhibición Abierta al Público
Toda persona interesada en el proyecto propuesto está invitada a asistir a la exhibición abierta al público. No habrá presentación formal, así que los asistentes puedan llegar y salir cuando les sea conveniente. Asistentes tendrán la oportunidad de ver mapas, una demostración por video, exhibiciones, hacer preguntas y proveer comentarios.

La exhibición abierta al público se realizará en inglés. Se recomienda que las personas interesadas en asistir a la exhibición abierta al público tienen necesidades de comunicación o acomodaciones especiales se comuniquen con Laura Vasquez al 210-354-2925 antes del 19 de octubre de 2018. Se realizarán todos los esfuerzos razonables para satisfacer estas necesidades.

Para más información, visite www.txdot.gov y busque las palabras clave "Loop 1604 from FM 78" o comuníquese con el director del proyecto de TxDOT, Richard De La Cruz, P.E. por teléfono al 210-615-6434.

Se aceptarán comentarios en la reunión, por correo, correo electrónico o en línea en:

- TxDOT SAT District
C/O Ximenes & Associates, Inc.
411 Sixth Street
San Antonio, TX 78215
- Por correo electrónico: Lvasquez@xa-sa.com
- En línea: www.txdot.gov con las palabras clave "Loop 1604 from FM 78".

Todos los comentarios deben recibirse o enviarse por correo postal antes del jueves, 8 de noviembre de 2018.

La revisión del impacto ambiental, las consultas y otras acciones requeridas por las leyes federales ambientales vigentes para este proyecto se están llevando a cabo o se han llevado a cabo por TxDOT conforme al 23 U.S.C. 327 y un memorando de entendimiento de fecha 16 de diciembre de 2014. Asimismo, estas han sido ejecutadas por la Administración de Carreteras Federales y TxDOT.

DETALLES SOBRE LA EXHIBICION ABIERTA AL PUBLICO
Día: miércoles 24 de octubre de 2018
Horario: 5:00 – 7:00 p.m.
Ubicación: New Life Fellowship Church
11225 E Loop 1604 N
Universal City, 78148

PROYECTO DE MEJORAS EN LOOP 1604 DE FM 78 A I-10 ESTE
UBICACIÓN DE LA REUNIÓN PÚBLICA
UBICACIÓN DEL PROYECTO

GROWING UP LATINO

MANGUERA MEMORY: El Trio



By Rosie Speedlin-Gonzale

*Rosa Maria Gonzalez, B.A., J.D., C.W.L.S.
Board Certified- Child Welfare Law Specialist, National Association of Counsel For Children, as authorized by the American Bar Association and the Texas Board of Legal Specialization. Born and bred in Brownsville, Texas, Gonzalez has lived in San Antonio for over 30 years. She attended St. Mary's University where she earned her Bachelor of Arts in Political Science and later her law degree. Gonzalez has a family law practice and is a graduate of the Women's Campaign School at Yale University. She has a long established history of coordinating campaigns and consulting for women candidates.*

Before we knew anything about pre-existing conditions, or trauma therapy or DSM's pick a number, I remember a simpler time. I don't know about any of you, but I cannot remember a single schoolmate that was ever called out of class to take medication for anything other than a stomach ache or a cold (maybe a lice treatment). I don't remember any of my classmates ever talking about low impulse control, intermittent explosive

disorder, attention deficit hyperactive disorder or dyslexia (could very well be because "the paddle" hanging in the principal's office was the cure for all of these "maladaptive behaviors"). But in hindsight, looking back at the town folk that practiced the art of "hanging around" downtown Brownsville, I can recall among them individuals like El Cheriffe, Beba and Bobby Loco. Any or all three could be counted on to be seen on any given Saturday roaming near El Piloto Bar, Jackson's Feed Store, the Majestic or near the downtown H.E.B., sometimes by the Stillman House, Incarnate Word Church or Shopper's World, and on rare occasion over by the pawn shop with the smelly monkeys, taxidermied mountain lions and talking parrots. Certain times of the year they became institutional attendees at any of the Catholic churches' "kermeses" talking to themselves, dancing solo or laughing in such an apparent heartfelt way you wished they'd clue you in on the joke so you could laugh with them. They seemed to just appear out of no where and at the end of the day disappear into the muggy, foggy nights of our south Texas border town. No doubt they were someone's adult child, someone's brother or sister, maybe even someone's mother or father. No doubt they were afflicted with some level of mental illness or disorder that set them aside and apart from the rest of us. But, no one seemed to know very much about them, where they come from or where they went to, but everyone seemed to know their names. And, regardless of their unfortunate lot in life, the community as a whole appeared to collectively look out for them in one way or another.

Some of us would greet them, offer them some loose change and maybe even a hot meal, while others shooed them away and encouraged them to be on their way wherever their way was. El Cheriffe walked the streets in his make-shift dark blue attire that resembled a doorman's uniform, a plastic, make-believe law enforcement badge on his chest, a plastic western toy revolver cap gun, a chauffer's cap and a plastic Billy club. He was tall (for a Mexican), thin and lanky. His shoes were usually black (probably used Cop shoes from the thrift store) and dusty, laced with some off color shoelaces that didn't quite match the rest of his "uniform". He said little and smiled a lot. Then there was Beba. Beba was an older woman with a page boy haircut that was so white it had turned dingy yellow at the ends. Her skin was Ruddish and leathery and seemed to have many stories to tell if she would only sit down to tell them. She always wore a dress that hung just below her knees. She was the classic bag lady, if you will, carrying all sorts of items in bags she carried everywhere she went. She smiled and shuffled, smiled some more and shuffled some more. And she would wave to anyone who yelled out her name . . . "Beba!!!" . . . as they drove by her. What can I tell you about Bobby Loco? Well, El Bobby estaba bien loco. He was the most animated and colorful of the trio. He would walk quickly, in a strut-like way, with a tie or bandana tied onto his head, wearing only a vest or sometimes shirtless, with bell bottoms and platform shoes on. Bobby Loco was also the most discontent of the trio, usually cussing out someone that wasn't there and colorfully promising to

kick the crap out of someone else, also not there while waving all sorts of hand gestures for emphasis. To this day I wonder what ever became of El Cheriffe, Beba and Bobby Loco. Mental illness was most certainly a condition they lived with daily, and most likely a condition that went untreated. Yet our town seemed to embrace the trio as just a part of the fabric that made Brownsville the unique south Texas town it was and is. As of late, I wonder more and more what would have become of the trio today in a time when mental health services are still so hard to come by, poorly funded . . . in a time when their pre-existing conditions would most likely bar

them from any treatment anywhere other than Brownsville. I say that because in my heart of hearts I still believe Brownsville would collectively watch out for El Cheriffe, Beba and Bobby Loco today much in the way they watched out for them over forty years ago.

Next Issue:

¡Todos Son Bienvenidos!



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Más Información:

www.AssemblySA.org

SPORTS

Longhorns Find Rhythm Jump Into Top 10 In Latest AP Poll

By Jessica Duran

This year's Red River Showdown did not disappoint between the Texas Longhorns and the Oklahoma Sooners. In what turned out to be a shootout between both offenses, Texas freshman kicker Cameron Dicker nicknamed "Dicker the Kicker" kicked the field goal of his life in the final seconds for Texas to win back the Golden Cowboy hat. Dicker, a graduate from Lake Travis High School wasn't the only local hero leading the Horns to the victory.

Texas sophomore quarter-

back Sam Ehlinger graduated from Westlake High School, but always knew he was going to lead the Longhorns to victory over the Sooners since the age of two. In many home videos and school picture Ehlinger can be seen holding up the Longhorn hand sign and yelling at a video camera saying he was former NFL quarterback and Longhorn Chris Simms.

Ehlinger certainly proved himself and dedicated the Texas win this past Saturday to his late father. Ehlinger threw for over 300 yards

passing and a pair of touchdown passes as well.

Having a victory over the number seven ranked team in the nation propelled Texas into the number nine spot pushing Oklahoma out to the 11th spot.

The Longhorns defense led by Charles Omenihu and Breckyn Hager is starting to come together as one of the most efficient in the nation. And with Sam Ehlinger under center, wide outs Col-



lin Johnson and Lil'Jordan Humphrey and running back Keaontay Ingram, the offense have been putting points on the boards with less pressure.

This Longhorn team is beyond what was shown week

one against Maryland. Coach Tom Herman is starting to shape this team into what he molded at the University of Houston. This may or may not be a CFB Playoff team, but it's the Longhorn team Texas fans have been longing for since the departure of former longhorn

quarterback Colt McCoy and coach Mack Brown. Either way, Texas is most definitely back as a high caliber and contending team that should not be taken lightly.

AS. No corra en las calles!

Spurs Injuries Abound



By Jessica Duran

The NBA season hasn't started yet but for the San Antonio Spurs it's starting to look more and more gloom.

Injuries have found its way back to the Spurs. Point guard Dejounte Murray injured his knee in Sunday's

preseason game against the Houston Rockets. Murray drove into the lane between a few Rockets defenders when the injury occurred. Untouched, Murray was about to lift off when his right knee gave out and buckled underneath him.

Spurs medical staff gave Murray an MRI test on Monday confirming the tear in his knee. This is just days after Spurs rookie Lonnie Walker IV tore his meniscus in last Friday's matchup with Detroit Pistons, the same knee he injured in college at Miami.

There were high hopes for

a breakout year for Murray not only by the entire Spurs organization but also by the fan base. After a summer filled with Murray posting his constant workouts and progression across his social media, he looked to make a huge impact for the Spurs.

Now, he'll have to sit out the entire season and the Spurs must now face a major issue not only in selecting a starter to replace him but also losing a major key player on defense. The Spurs no longer have veteran and former-Spur Tony Parker, so now, Patty Mills, Bryn Forbes and Derrick White are in the

hot seat.

While being a veteran and former starter, Patty Mills seems the more logical choice, but Forbes and White may not be "bad" choices for the starting job. White proved his worth in the G-League last season winning G-League MVP and help the Austin Spurs win the G-League Championship. White also proved himself in the summer league. If he can repeat his play over the past 8 months and transition to the NBA, he may be the new starter.

For Forbes, although he's technically a shooting guard,

he's quick, agile, and an underrated threat from the three point line. With great passing ability and exceptional shooting, if he can lessen his mistakes when rushing the offense, then Forbes could also be the next starter.

Ultimately it's up to Coach Pop. A popular slogan amongst Spurs fans is "In Pop We Trust" as many always do. That's going to have to be the case as the team's future is in not just in his hands but the team itself. Murray's injury could either lift the team, push them into something special, or it could result in tipping the iceberg.

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PROP

A

Giving you the power to veto unjustified tax increases, fee increases, and zoning changes.

Voters, if they choose, will make the ultimate decision on the most important issues. Citizens will have the chance to make a change by collecting 20,000 signatures and earning majority support in the election. This is still a difficult standard to meet to call an election, but provides a good check and balance when political leaders make a serious mistake.

PROP

B

Capping the City Manager's out-of-control salary and term of office.

San Antonio City Manager pay has grown completely out-of-control in recent years. We pay more in this position than any City in America. Nobody else is even close. Our City Manager now makes more than the U.S. President and Texas Governor combined. In the past 5 years, she has received more total dollars in raises than the 1,500 San Antonio Fire Fighters combined.

Under Prop B, City Manager pay will be pegged at 10 times the lowest salaried City employee. Right now, that's still a total of \$290,000. That would keep San Antonio City Manager pay competitive but limit the growth. The Proposition will also set a term limit of 8 years for the position.

PROP

C

Resolving the City's 5-year stall on the firefighter fair pay contract

While the City managed to quickly sign a world record-breaking pay contract with the City Manager in a matter of days, they have taken an incredible 5 years to complete a simple pay contract with firefighters. Prop C would push the city and firefighters into binding arbitration – so a fair resolution can finally be achieved. This is an inexpensive way to end disputes quickly and fairly without expensive lawsuits.

WHY DO SPECIAL INTERESTS OPPOSE REFORM?



A well-funded effort against reform has been launched by supporters of the status quo. The anti-group is mostly funded by developers and other folks with business before the City Manager. Special interests trying to curry favor with the City Manager by opposing a cap on her pay further emphasizes the current problems with the city and explains how we got so far off-track.

Breast Cancer Awareness

Breast Cancer in Latinas

By Yvette Tello

Breast Cancer... It has touched my life personally. My mother was diagnosed at the age of 39, my best friend at 45, my grandma at 50. I was 15 when my mom was diagnosed. It was the worst thing that had ever happened to us. This disease affects every nationality and every gender. Breast cancer is often found in later stages in men and women with smaller breast due to the density. This month is breast cancer awareness month. Obtaining resources for breast cancer patients is challenging for most women. The Latina community encounters additional obstacles to resources, care, and support, including a lack of information in Span-

She beat Cancer! Love you Tammy Polk Herrera



ish, transportation, childcare during appointments, a culturally safe space for support groups, and funds to cover costs of medication. Yet according to recent studies, Latinas have a higher breast cancer mortality rate. Breast cancer is still the most common cancer among Latina women. Screening rates are often lower among Latinas

because of limited access to insurance and healthcare. However, mammogram screening is very important because Latinas tend to be diagnosed at a younger age, at later stage of disease, and with larger, higher grade tumors."

While Latinas are becoming more aware of breast cancer, sometimes they are not comfortable communicating issues they are having with their physician, and this delays critical breast cancer screenings.. Breast cancer changes your life and going to a support group helps reenergize it by allowing you to talk to others because you can't always share these things

with family; we don't want them to worry. We need to encourage our grandmothers, mothers, sisters, friends to seek out these support groups. We need to educate ourselves about treatment and prevention. There are amazing alternatives compared to 20 years ago. Let us become aware and spread the awareness. To all Breast Cancer Survivors from us at La Prensa Texas, you are an

inspiration and we are watching your every move. You are strong, beautiful and you are tough. You have come as close to death as you can come. It is an honor to have you in our community and our lives. Breast Cancer- it is an ugly monster but because our survivors fight like they do they are clothed with strength and dignity; they laugh without fear of the future.



Factors That Affect Breast Cancer Risk

Some factors affect breast cancer risk a great deal and others by only a small amount. Some risk factors you can't change. Below are some factors that increase your risks:

- AGE
- AGE AT FIRST CHILDBIRTH AND NUMBER OF CHILDBIRTHS
- AGE AT FIRST PERIOD
- AGE AT MENOPAUSE

- ALCOHOL
- ASHKENAZI JEWISH HERITAGE
- BEING FEMALE
- BIRTH CONTROL PILL USE
- BIRTHWEIGHT
- BLOOD ANDROGEN LEVELS
- BLOOD ESTROGEN LEVELS
- BODY WEIGHT AND WEIGHT GAIN
- BONE DENSITY
- BREAST DENSITY ON MAMMOGRAM

- BREASTFEEDING
- EXERCISE (PHYSICAL ACTIVITY)
- FAMILY HISTORY OF BREAST, OVARIAN OR PROSTATE
- CANCER
- FRUITS, VEGETABLES AND CAROTENOIDS
- HEIGHT
- HYPERPLASIA AND OTHER BENIGN BREAST CONDITIONS
- INHERITED GENE

- MUTATIONS
- LIGHT AT NIGHT AND SHIFT WORK
- LOBULAR CARCINOMA IN SITU (LCIS)
- MENOPAUSAL HORMONE THERAPY (POSTMENOPAUSAL HORMONE USE)
- PERSONAL HISTORY OF BREAST CANCER OR OTHER
- CANCERS
- PROLACTIN HORMONE

- LEVELS RACE AND ETHNICITY
- RADIATION EXPOSURE IN YOUTH

Warning signs
The warning signs of breast cancer are not the same for all women.





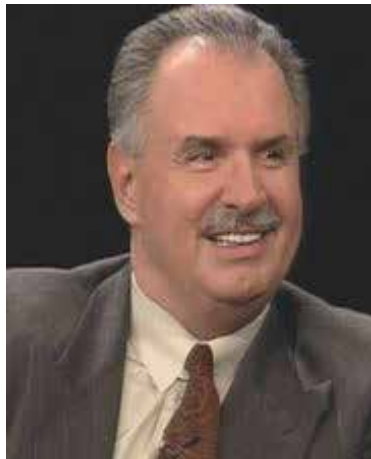
This column will highlight inspiring stories of Latino leaders. For more than 500 years, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding hispanics.

By Leonard Rodriguez

“If I am a student, and through my educational years-from kindergarten through grade 12 -there’s no mention of what my ancestors did to contribute to this country; if there’s no mention of the Mayans and their accomplishments in mathematics; if there’s no mention of our people fighting in World War 2; if there’s no mention or indication of our many hispanic writers, and I don’t know who (Miguel de) Cervantes is, and only know about (William) Shakespeare , what will I know of myself ?”

-Joseph Fernandez

Former chancellor of New York City schools, the nation’s Largest school system



Brackenridge High School MFI Students Pink Out Shirts



Students in Mr. Michael Ramirez Practicum of Print and Imaging Class were assigned to design a logo for shirts in honor of Breast Cancer Awareness month. All of the designs were submitted to the administrators to pick

a design for the shirts they would sell. Juniors Nylea Lara and Dylan Flores were surprised when their designs were chosen. They have both been in the Brackenridge MFI (Media Film Institute) program for three years. They were asked about how they came up with the design and Nylea said she had to think about what others would like and not just what she likes. Dylan echoed that sentiment and said he submitted several

images before the final one was chosen. This was an individual project so each student had to do their own research. This is the second year Mr. Ramirez has hosted this project. Students create designs, judges select the winning design, students take orders, make the shirts, and help distribute them. The production takes place in a short two-week time frame which makes like look chaotic in the print shop. Several school organizations ordered shirts for the

entire group with personalization for their group such as the Cheerleaders and Pep Squad. When asked how they felt when they found out their design had been picked, Nylea said she felt good knowing that she was helping other people. For Dylan, winning was a new experience. He was proud of himself because he had never made anything like this before and was not used to winning. Both students said this is the first time they had been recognized for their work.

OBITUARY



Robert R. Galindo

MARCH 1, 1955 – OCTOBER 8, 2018

native of San Antonio, TX, he was born to Hector F. Sr and Hortensia (Reyes) Galindo on March 1, 1955. He now reunites with his father; and is survived by his mother; wife, Gloria (Clakley) Galindo; son, Robert Vincent Galindo; daughter,

Angela Monique Galindo (Ernest Rocha, son-in-law); brothers, Hector F. Galindo

Jr. and Kenneth R. Galindo; step-children, Michelle M. Clakley (Alejandro Aguilar) and Jana M. Clakley; step-grandchildren, Kayla S. Clakley and Persephanie Clakley; and numerous other step-grandchildren, step-great-grandchildren, nieces: Stephanie, Alexis, nephew: Adam, and other relatives. Robert was known for his generosity and loving sense of humor. He loved making others laugh. Many can attest to his pride in his hair and mustache, and nothing could compare to his love for chocolate cake. He was a bit of a foodie and was more than a

regular at Texas Roadhouse or Bill Miller’s BBQ, just to name a few. No love was stronger than what he had for his family and extended family. He was a strong loving, giving, and selfless man who will be deeply missed by many. The family will receive guests at the funeral home on Thursday, October 11, 2018 from 9:00 a.m-11:00a.m. A Celebration of Roberts life will be held at 11:00 a.m. with interment to follow in Sunset Memorial Park, 1701 Austin Highway. Please visit the online guest book for condolences and shared memories.

The Pop Art of Mel Casas



Dr. Ricardo Romo

The much anticipated exhibition, “Pop America: 1965-1975” opened this week at the McNay Museum in San Antonio. Art lovers are treated to an exceptional and stunning collection of famous pop artists such as Andy Warhol and Roy Lichtenstein, but also to their

er famous American pop artists says much about his art legacy, which many would agree, has not received due recognition. Mel Casas had an interesting art journey and his rise as an important Latino artist merits our review.

As a teen growing up in El Paso during the 1950s, Mel Casas’ interest in painting and drawing grew even though he had few role models. In the mid 1950s he attended Texas Western University in El Paso at a time when few Latinos were pursuing art degrees in Texas or anywhere in America. His desire to connect with

ies in Mexico City, Casas returned to his hometown of El Paso where he taught high school for several years. Ironically, Gaspar Enriquez, one of students that he met and mentored at the high school, is the only other Texan in the Pop America exhibit.

Casas is one of the pioneering artists credited with the early creation and subsequent evolution of Chicano art. While creating art and teaching in the early 1970s, he also founded the art group Con Safos. It was during this time that several Chicano artists from South Texas and San Antonio began to think about how their art was different from the art they had studied in college. The group also considered that they needed to give the art they were creating a name since it was in fact a new American art. They chose to call it Chicano Art.

In “Brownies of the Southwest,” Casas found the ideal formula to make a statement that reflected the new Chicano art. In a recent RuizHealy art exhibition catalogue, Carlos Jackson, art history professor at the University of California-Davis, described the painting as touching on “Chicanos’ relations to U.S. culture (eating brownies and participating in the Girl Scouts), Chicano political identity (becoming a Brown Beret), and Chicano historical identity (acknowledging Mexican and indigenous roots)... additionally, the painting relates Chicano art to the wave of U.S. pop art.”

The McNay curators



thought so highly of Mel Casas that they added yet another selection of only his work—Mel Casas: Human—which they placed in the downstairs exhibit space. The exhibit includes six of Casas’ famous Humanscape series, of which he made 150. The Humanscape series shows Casas at his best in painting, but also reveals his clever wit and use of satire.

“Kitchen Spanish” is perhaps one of his better known pieces from the Humanscape series. Over the past fifty years we have seen a steady flow of workers from Mexico who come to labor in farms, industries and homes of America. Household workers are especially common in Texas, and Casas did not miss the opportunity to make a social comment about their employment.

In most cases, household workers clean the homes, care for children and cook for non-Spanish-speaking employers. The language barrier is often an issue as most of the recent immigrants are not fluent in English. Thus, the employers attempt to learn a few words

in Spanish that will make it possible to communicate what is needed to be done. What makes “Kitchen Spanish” unusual, and perhaps it is Casas’ unique method of satire, is how the words are expressed in Spanish by the housekeeper. Is the housekeeper teaching the family Spanish? It seems so, but the housekeeper must essentially say “Si” (yes) to the children, the ladies who hired her, as well as to the dog and cat. She seems responsible to serve everyone.

“Kitchen Spanish” is a reminder that Texas and many other states rely heavily on Mexican workers, many of whom are undocumented. These workers undertake the unpleasant and dirty work that homeowners prefer not to do. It is a timeless theme about work and who does it, but one that rings ever more true today with the issue of immigration and the proposal to build a border wall. Casas’ six works give us much to think about. Overall his work contributes to our understanding of Latino culture and pressing political issues. It is a show to see.



contemporaries from Mexico and Latin America. The McNay states that this is “the first exhibition with a hemispheric vision of Pop art.”

Mel Casas, a long time resident of San Antonio and art professor at San Antonio College for nearly 30 years, is one of the featured artists included in the new exhibition. His piece, “Brownies of the Southwest” is one of the few by an American pop artist. His inclusion with oth-

his culture and historical past took him to Mexico City where he studied at the University of the Americas. The 1950s were a remarkable time to be in Mexico City. The city had some of the most celebrated murals and paintings in the world due largely to Diego Rivera, Frida Kahlo, Jose Clemente Orozco, and David Alfaro Siqueiros, all icons of Mexican art.

After finishing his stud-

Meet Jorge Mendoza

Former San Antonio Grand Prix Racer. Jorge made his professional racing debut in 1987 obtaining a 3rd place finish on his very first race. 1st San Antonio racing driver to ever compete in NHRA Drag Racing Pro Stock Motorcycles

1st professional formula race finishing 10th on his pro debut in a Formula Car. “Barber Saab Racing Series”. Jorge tested and F1 racing car in 1988 in France.

In 2007, Jorge became the 1st motorcycle racing drive to ever compete in a stock car racing event. Jorge Mendoza will be on assignment Formula 1 races in the United States and Mexico as a special contributor.

Jorge is the only San Antonio racing driver that has competed in NHRA, IHRA, SCCA, IMSA, FIA NAS-CAR WHELEN professional events

Jorge has tested and driven Auto Racing dragsters with 2000 hp capable of reaching 100 mph in 2 seconds!

In 2017, Jorge Mendoza, was able to test a Indy Car around Indianapolis Speedway.

He sponsored in 2000 to Mexican racing driver Sergio Perez, who currently is driving in Formula One for Racing Point Force India F1 Team. Jorge has been working as motor-sports journalist since 2004. Jorge will provide the insight and close up information of the upcoming Formula One.

In addition, Jorge is a graduate from the most prestigious racing schools in the world: From karting, road racing, motorcycle racing and more Jorge has the experience!



This is what it looks like before the start of the Grand Prix. driving fast on the streets!

ABOUT THE GRAND PRIX

The United States Grand Prix is coming up on the 19th-22th of october. The capital of Texas is once again hosting the most important sports event of the year. This event will attract more then 200, 000 fans from around the world. The Ferrari team has his last chance to restore its chances of winning this year championship. This is very important event with huge pressure for Ferrari. Follow the USGP on LA PRENSA TEXAS. Avoid

El Gran Premio de la Fórmula Uno esta por llegar una vez más a la capital tejana, esperando más de 200, 000 aficionados a deleitarse de este gran espectáculo más importante del mundo. Fanáticos de todas partes del mundo visitarán Austin este 19 al 22 de octubre en el Circuit of Americas. El equipo Ferrari esta es su última oportunidad de acercarse a Mercedes si desea ganar el campeonato. Siga la F1 por LA PRENSA TEXAS. No corra en las calles!



Haas F1 Team from the USA, is doing a great job in 2018! They want to look good at home soil!

FINANCIAL FOCUS

Take Steps to Boost Your Retirement Security



By Edward Jones

I raise awareness about the importance of saving for retirement, Congress has dedicated Oct. 21-27 as National Retirement Security Week. And the evidence shows that increasing this awareness is indeed important. Consider this: Some 50 percent of households are considered at risk of not having enough money to maintain their living standards in retirement, ac-

cording to the National Retirement Risk Index, produced by the Center for Retirement Research at Boston College.

What can you do to help yourself stay out of the “at risk” category? Here are a few suggestions:

- Define what retirement security means to you. Everyone has different ideas about what a secure retirement looks like. You might feel that true security means being able to remain in your current home and live independently throughout your life. Or you might only feel secure if you know you can afford to travel or help your grown children or grandchildren financially. Once you’ve identified your own vision of retirement security, you should be able to determine the financial resources

you’ll need to reach your desired outcome.

- Create an appropriate financial strategy. To achieve your idea of a secure retirement, you can’t just hope for the best – you need to create a comprehensive financial strategy, accounting for your various sources of retirement income: Social Security, pensions, employer-sponsored retirement plans, your investment portfolio and so on. You need to know how much you can expect from these sources, and how you can strengthen them.

- Be diligent in your retirement savings. You could spend two or three decades as a retiree, so you’ll want to accumulate as many resources as you possibly can – and that means you’ll need to save and invest diligently during your work-

ing years. Put in as much as you can afford to your 401(k) or other employer-sponsored retirement plan – and every time your salary goes up, try to increase your annual contributions. But you can also go beyond your employer-backed plan and contribute to an IRA. In all your retirement accounts, you’ll want to include a reasonable percentage of growth-oriented investments, within the limits of your personal risk tolerance.

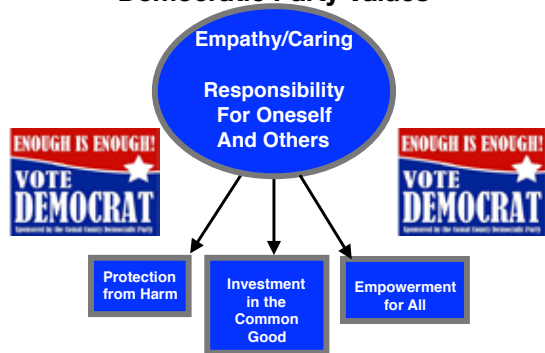
- Establish an appropriate withdrawal strategy. Your retirement security isn’t just based on how much you’ve built up before you retire – it also depends on how you manage your assets and investment income during retirement. As you begin to take out money from your 401(k), IRA and other

investment accounts, you need to establish a withdrawal rate appropriate for your age, retirement lifestyle and asset level. If you take out too much each year, you risk outliving your resources, but if you withdraw too little, you might be shortchanging yourself on your quality of life. You may want to work with a financial professional, who can review your entire situation – income, expenses and so on – and recommend an appropriate annual withdrawal figure.

These aren’t the only keys to attaining retirement security – but they can still help you move toward that goal. Keep them in mind as the years go by.

Please contact Ernest Martinez at 210-354-4915 if you have any questions.

The Blue Wave Democratic Party Values



BELIEF IN THESE VALUES IS WHY DEMOCRATS SUPPORT:

Public Education	Consumer Protections	Universal Healthcare
Living Wages	National Security	Job Training
Voting Rights	Public Safety	Civil Rights
Women's Rights	Social Security	Immigration Rights

2018 GENERAL ELECTION IMPORTANT DATES:

Last day to register to vote	Tuesday, October 9
First day of early voting	Monday, October 22
Last day to apply for Ballot By Mail	Friday, October 26
Last day of early voting	Friday, November 2
Election Office receives Ballot by Mail	Tuesday, November 6
General Election Day	Tuesday, November 6

For more information about the voting process, candidates, or to join the team:
Comal County Democratic Party
1592 W. San Antonio St. New Braunfels, TX 78130
web: comalcountypdp.org 830-620-5739
Party Chair, Bob Rogers

Your Comal County Ballot—We Appreciate Your Vote

Beto O'Rourke, United State Senator	✓
Joseph Kopser, U.S. Representative, District 21	✓
Lloyd Dogget, U.S. Representative, District 35 – Voters in Comal County Precincts 201, 202, 301, 302, 202, 304, and 306 ONLY	✓
Lupe Valdez, Texas Governor	✓
Mike Collier, Texas Lieutenant Governor	✓
Justin Nelson, Texas Attorney General	✓
Joi Chevalier, Texas Comptroller of Public Accounts	✓
Miguel Suazo, Texas Commissioner of General Land Office	✓
Kim Olson, Texas Commissioner of Agriculture	✓
Roman McAllen, Texas Railroad Commissioner	✓
Steven Kirkland, Justice, Texas Supreme Court, Place 2	✓
R.K. Sandill, Justice, Texas Supreme Court, Place 4	✓
Kathy Cheng, Justice, Texas Supreme Court, Place 6	✓
Maria T. Jackson, Presiding Judge, Court of Criminal Appeals	✓
Ramona Franklin, Judge, Court of Criminal Appeals, Place 7	✓
Steven Kling, Texas Senate, District 25	✓
Stephanie Phillips, Texas State Representative, District 73	✓
Edward Smith, Justice, Texas 3rd Court of Appeals, Place 2	✓
Chari Kelly, Justice, Texas 3rd Court of Appeals, Place 3	✓
Thomas J. Baker, Justice, Texas 3rd Court of Appeals, Place 5	✓
Gisela D. Triana, Justice, Texas 3rd Court of Appeals, Place 6	✓
Gloria Meehan, Comal County Clerk	✓
Dorothy Carroll, County Commissioner, Pct. 4-'4xx Precincts Only'	✓

November 6, 2018 is the Vote of your LIFETIME!



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Financial Advisor

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CARLOS “FAMOSO” HERNANDEZ

Two-Time Boxing World Champion

California Boxing Hall of Fame Inductee



By Veronica Hernandez

Born and raised in Los Angeles California, of Salvadorian descent, Carlos “Famoso” Hernandez began to practice sports at a young age in an effort to stay out of Los Angeles’ most troubled streets. He tried various disciplines, such as swimming, baseball, soccer, tae kwon do, and karate, becoming US National Champion for the latter. In his heart, he wanted to become somebody who would make his parents’ war-stricken country very proud.

Famoso discovered his passion for boxing at age 14, when his father Carlos, Sr. took him to a boxing gym to get a good workout and lose some extra weight. Nobody imagined what Famoso had in him. He made his professional debut at age 21 and went undefeated for 21 fights, rising to the world’s Top 10 in his category for most of his career.

His years as a professional boxer were not the easiest, but the ups and downs shaped his character and work ethic. Determined to achieve glory for himself and the country of his roots, he did not choose the easy

road. He faced numerous talented opponents throughout his career. Among his most memorable was one of the best champions of all time, Floyd Mayweather, Jr.

Famoso had the fortune and privilege to be trained by several great trainers who left an indelible mark in his life. The legendary Argentinian Amílcar Brusa—trainer of 15 World Champions, including the legend Carlos Monzón—took Famoso to the top of his class.

His grandfather named him “Famoso,” which means “Famous” in Spanish, after hearing non-stop complaints about him from neighborhood kids. Famoso earned the respect of the boxing world by showing relentless perseverance and determination, especially when all odds were against him, qualities that ultimately took him to Las Vegas to win the World Title on February 1, 2003, at the Mandalay Bay Casino & Resort with the President of El Salvador and his cabinet at ringside. That night, he became the first World Champion in any sport to represent his country of El Salvador in Central America, where he enjoys being one of the country’s most popular and beloved athletes and role models.

Famoso is a true example of many proud Latinos’ discipline, hard work, and family values. In 2003, HBO Latino featured a documen-

tary on Famoso’s preparation for a title bout against Mayweather, Jr. called “More than Famous.” It was a story of love, dreams, and perseverance. The film won the Grand Festival Award at the 2003 Berkeley Video & Film Festival.

Famoso’s wife, Veronica, who is Latina, as well, is a psychologist and was Famoso’s manager in boxing, a rarity to have a female manager in a sport dominated by men.

Together, as a team, they are motivational speakers spreading Carlos’ story of perseverance across the US and Latin America. In January of 2017, Carlos and his wife were keynote speakers at the G.R.E.A.T (Gang Resistance Education and Training) Latin American Conference in Panama City, Panama. G.R.E.A.T. is a program that has been preventing gangs and building trust between law enforcement and communities for 30 years.

Since 2007, the Hernandez family has resided in San Antonio, Texas, where Famoso trains promising talent, like Javier “Pitbull” Rodriguez, Fedelatin Champion ranked 12th in the world, Eddie “Hollywood” Ortiz, two-time US National Champion, and Adam “Mantequilla” Lopez. These young talents are some of San Antonio’s up-and-coming fighters who are often featured in Famo-

so’s “Night of Champions” Boxing Event. The next event promoted by Famoso Productions and SkyBOX Sports will be held at the San Antonio Shrine Auditorium on 1604 on October 27th, 2018, and is dedicated to showcasing local professional fighters. The event will consist of ten matches, and will include three Title Bouts sanctioned by the American Boxing Federation. Please call 210.422.8787 or 210.573.8248 for ticket information.

Famoso is also a dedicated father of two children, both elite athletes. Christian, age 14, plays D1 Soccer and has participated in the US Soccer Olympic Development Program. Camila, age 12, is one of the youngest members of the US National Team for Acrobatic Gymnastics, and was ranked sixth in the world at the World Acrobatic Gymnastics Competition held in Belgium in April 2018.

Talking about his program for the boxers he trains, Famoso says his technique is similar to the Tabata Protocol. He says, “I know the body needs that shock-and-awe-type of approach to achieve maximum output in sports like boxing, where the athlete gives out a solid 4-6 punch combination. Train like you’re actually fighting while training.”


In response to the question of what he hopes to

accomplish with this type of technique, Famoso replies, “I train my fighters to emulate an actual fight. I want their bodies to be used to that explosion during short periods of time. Once they have mastered that, they will be ready for a fight, and it should not be a surprise to their bodies.”

In October of 2016, Famoso Hernandez was inducted into the California Boxing Hall of Fame, another accolade that he cherishes after 30-plus years of his illustrious career. With his talent and exceptional knowledge of what it takes to train a winner, he hopes to train many more boxers in the future, the second half of his career. There is a new, top-of-the-line training facility in the planning stages to be built here in San Antonio, where Famoso will be able to train many more boxers, male and female, who would like to follow the professional circuit.


Asked if there were any more fighting bouts in the future for him personally, Famoso smiled and said, “There just might be something in the works...” So, stay tuned. 2019 will prove to be an exciting time for San Antonio boxing. We will be hearing more about Carlos “Famoso” Hernandez in the very near future!

“Perseverance pays off.”
~ Carlos “Famoso” Hernandez



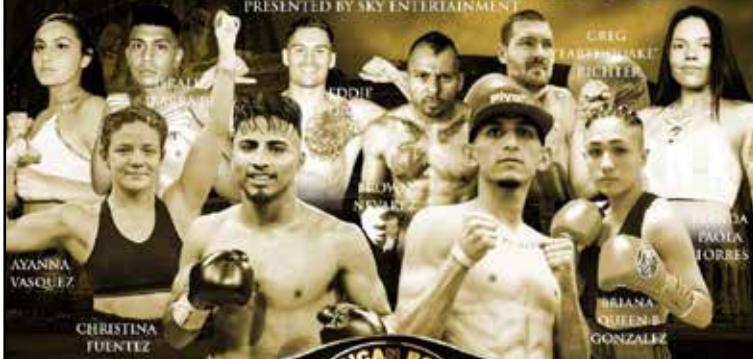
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Just a Thought: Memories of a “Nino tonto”



Steve Walker is a Vietnam Veteran, former Justice of the Peace and Journalist

By Steve Walker

Growing up labeled as a “Dumb Kid” (Nino Tonto) was disconcerting to say the least. Think about it. How would you feel hearing that during your formative years? Imagine the relentless repetition and reinforcement that no matter what you did or what you said, you were branded by your father/mother/siblings and then those around you chiming in the refrain, “Dumb Kid?” or even worse.

Do you think it would affect your self-esteem assuming that you actually had any? Sadly, thousands of children of all ages hear comments like, “you will never amount to a hill of beans,” or “you will end up being a garbage collector.” And of course the big one, “you are a loser just like...” (Fill in the blank)

Many people from every generation have heard similar comments that have one thread that binds them together. It is all negative. In a world of putdowns, verbal jabs, accusations, labels, etc. even at the presidential level,

it happens to most of us at one time or other.

Those who have never felt the sting of the putdowns or name calling are the blessed few. I personally don’t know too many of “those” people. Some of us are barraged with it for years extending well throughout our lives until we are up in age.

No age, race, economic category, or religious or non-religious affiliation is immune to the onslaught. Take for instance, politics. We won’t even go there for now, considering the put downs going on in the upcoming 2018 mid-terms race back and forth.

As a “Nino Tonto” survivor, I can attest from my own life growing up with that tag as well as “Smart Aleck,” & “Stupid Kid,” it can get on your last nerve. My father interchanged “Dumb Kid” & “Stupid Kid” at will depending on his mood. He saved the “Smart Aleck” moniker for when I said something I believed to be cute or funny and he thought differently.

That label was hurled at me many times as well. Looking back and reflecting, I actually reveled in that moniker to be honest. It meant I got to him for some reason, and that was my payback for his verbal assaults on me.

Unfortunately, my compulsion to interject clever or funny comments in numerous conversations and situations have sometimes had the opposite affect and caused an adverse reaction to my well- intentioned hu-

mor. As a former Judge on the bench, it has gone both ways. It appears humor is in the eyes of the beholder and not the same for all. How well I know from experience then and now. Sometimes it is a hard lesson to learn a recovering “Nino Tonto.”

Sharing my own history of suffering, rejection and verbal putdowns is a healing process in itself to be shared with others. As a retired school teacher who taught fulltime in the classroom for 26 years, to include La Techla in SAISD, La Memorial in Edgewood ISD, plus other classes along the way in Harlandale ISD & NEISD, I encountered many students and teachers and faculty of all ethnic races who were coping with the same affliction of low self-esteem and rejection.

In 1982 as a reporter for KENS 5, I interviewed Cesar Chavez. What an honor!! He dropped out of school in the 8th grade. He served in the Navy and we know the rest of his story. He worked the fields and articulated the plight of the farm workers. He was NOT stupid or a “Dumb Mexican,” as some labeled him over the years.

Like many others who learned to rise above it all, overcoming the taunts and put downs, we continue to live to tell about it. Sharing our common stories, we will hopefully make it better for those who come after us and not to be subjected to the “Nino Tonto” label. It is something to ponder for sure.

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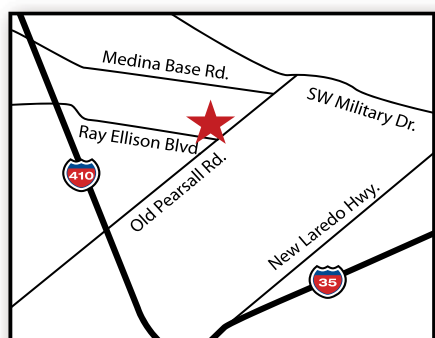
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