

LA PRENSA TEXAS

SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

VOL. 1 • NUM 22

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11 de Noviembre de 2018



Freedom is Not Free

**Let's Talk About it:
War of Today**



Election Results



Juan Mejia



**Just a Thought:
Veterans Parade**



**About the Cover
Artist:
San Coronado**



LA PRENSA TEXAS

This grass roots publication is the life source for a community that is not easily afforded viable access to diverse and accessible media. San Antonio and the surrounding counties have become accustomed to relevant news brought to them in both English and Spanish since 1913.

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Let's talk about it...

War of Today

By Yvette Tello

Do you think war today is different than the wars of yesterday? It's not bombs, bullets and bunkers: It's information, artificial intelligence, and drones that seem to be today's new warfare. In light of Veteran's day, let's talk about it...

Mike Miller: "It's all of the above today. The bombs are just falling overseas right now...Where I hope they stay."

Shawn Armstrong: "So here's how I see it: the wars that we have been fighting recently have all been changed due to technology. There's no more sending hundreds of thou-

sands of millions of troops to foreign soil to fight like in World War I & II, Vietnam etc. In the past, there were hundreds of thousands of men and women that died in wars. I would say since Desert Storm, it's more in the hundreds to single digit thousands that die. This is due to technology being able to pinpoint locations and not having to send in so many troops. Either way, war sucks."

Hope Robinson Shawn Armstrong: "There is still conventional warfare being fought in the world. Here, it's tech wars. If the country doesn't wake up, it could turn into more U.S citizens killing U.S citizens."



Rosa Mendez: "All wars eventually cause damage, pain, loss and death. Some cause physical damage, others mess with people's lives and others are mental damage..The men and women who protect us in war here at home or away need our support, our admiration, our prayers, and our respect."

Charles Cervantes: "War brings one thing: DEATH, no more said."

Vicky Ward: "War is definitely not the same due to technology. War is more thought out before attacking. Before it was action before

words."

Alexander Baez: "It seems it is more of a political war more than anything. There are no Veteran's in that. At least not ones that we want to remember."

Penelope Perez: "Modern wars seem to be fought behind the scenes where old wars seem to be live streamed and broadcasted on the news every morning. Most people in America couldn't tell you if we are in a war right now. It's buried under piles of distracting fake news doing exactly what it is designed to do."

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About the Cover Artist: Sam Coronado

By Dr. Ricardo Romo

Cover artist Sam Z. Coronado left high school in 1964 to enlist in the United States Army. After his military service, he went to college on the G.I. Bill and finished an art degree at the University of Texas at Austin, where he co-founded the Chicano Art Students Association. For twenty years, until his passing in 2013 (on Veteran's Day), Coronado ran the Serie Project, a non-profit

art organization which offered printing facilities and workshops to artists. Over that period, he created his own art and printed the art work of nearly 300 artists, most of them Latinos. The cover art, "Henry Romo" is an image of a Coronado oil painting completed in 2013 from a photo of Dr. Ricardo Romo's father when Mr. Romo served in WWII in the Philippines.



Election Results

U. S. Senator

99% OF PRECINCTS REPORTING

Ted Cruz (R / Inc.)	4,240,942	51%
Beto O'Rourke (D)	4,017,851	48%
Neal M. Dikeman (L)	65,161	1%

U. S. Representative District 23

100% OF PRECINCTS REPORTING

Will Hurd (R / Inc.)	102,903	49%
Gina Ortiz Jones (D)	102,214	49%
Ruben Corvalan (L)	4,402	2%

U. S. Representative District 21

100% OF PRECINCTS REPORTING

Chip Roy (R)	176,913	50%
Joseph Kopser (D)	167,020	48%
Lee Santos (L)	7,497	2%

U. S. Representative District 20

100% OF PRECINCTS REPORTING

Joaquin Castro (D / Inc.)	138,249	81%
Jeffrey Blunt (I)	32,727	19%

U. S. Representative District 28

100% OF PRECINCTS REPORTING

Henry Cuellar (D / Inc.)	117,178	84%
Arthur Thomas IV (L)	21,647	16%

U. S. Representative District 35

100% OF PRECINCTS REPORTING

Lloyd Doggett (D / Inc.)	137,325	71%
David Smalling (R)	50,276	26%
Clark Patterson (L)	5,215	3%

Governor

99% OF PRECINCTS REPORTING

Greg Abbott (R / Inc.)	4,634,885	56%
Lupe Valdez (D)	3,523,210	42%
Mark Jay Tippetts (L)	139,983	2%



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Election Results cont.

Lieutenant Governor

99% OF PRECINCTS REPORTING

Dan Patrick (R / Inc.)	4,241,453	51%
Mike Collier (D)	3,836,063	46%
Kerry Douglas McKennon (L)	183,467	2%

State Senator, District 25

100% OF PRECINCTS REPORTING

Donna Campbell (R / Inc.)	235,842	58%
Steven Kling (D)	172,628	42%

State Representative District 116

100% OF PRECINCTS REPORTING

Trey Martinez Fischer (D)	32,375	70%
Fernando Padron (R)	13,612	30%

State Representative District 117

100% OF PRECINCTS REPORTING

Philip Cortez (D / Inc.)	32,779	57%
Michael Berlanga (R)	24,352	43%

State Representative District 118

100% OF PRECINCTS REPORTING

Leo Pacheco (D)	23,929	58%
John Lujan (R)	17,298	42%

State Representative District 120

100% OF PRECINCTS REPORTING

Barbara Gervin-Hawkins (D / Inc.)	28,679	68%
Ronald Payne (R)	13,269	32%

State Representative District 121

100% OF PRECINCTS REPORTING

Steve Allison (R)	38,619	53%
Celina Montoya (D)	32,420	45%
Mallory Olfers (L)	1,513	2%

State Representative District 122

100% OF PRECINCTS REPORTING

Lyle Larson (R / Inc.)	58,062	62%
Claire Barnett (D)	35,577	38%

State Representative District 124

100% OF PRECINCTS REPORTING

Ina Minjarez (D / Inc.)	31,674	68%
Johnny Arredondo (R)	15,151	32%

State Representative District 125

100% OF PRECINCTS REPORTING

Justin Rodriguez (D / Inc.)	32,791	81%
Eric Pina (L)	7,500	19%

San Antonio Charter Proposition A Appropriation of Funds

100% OF PRECINCTS REPORTING

Against	194,035	54%
For	163,799	46%

San Antonio Charter Proposition B City Manager Term Limits

100% OF PRECINCTS REPORTING

For	215,845	59%
Against	148,790	41%

San Antonio Charter Proposition C Firefighters Union Contract

100% OF PRECINCTS REPORTING

For	183,732	51%
Against	178,109	49%

Bexar County District Attorney

100% OF PRECINCTS REPORTING

Joe Gonzales (D)	312,184	58%
Tylden Shaeffer (R)	221,685	42%

Bexar County Judge

100% OF PRECINCTS REPORTING

Nelson W. Wolff (D / Inc.)	312,289	58%
Tom Rickhoff (R)	205,017	38%
Lauro Bustamante (L)	21,833	4%

Bexar County Commissioner, Pct. No. 2

100% OF PRECINCTS REPORTING

Paul Elizondo (D)	75,243	67%
Theresa Connolly (R)	37,400	33%

Bexar County Clerk

100% OF PRECINCTS REPORTING

Lucy Adame-Clark (D)	297,571	56%
Gerry Rickhoff (R)	235,898	44%

Election Results cont.

Bexar County District Clerk
100% OF PRECINCTS REPORTING

Mary Angie Garcia (D)	301,792	57%
Donna Kay McKinney (R)	229,823	43%

Sandy Oaks Mayor
100% OF PRECINCTS REPORTING

Micki Ball	349	60%
Karen Mendiola Tanguma	236	40%

Attorney General
99% OF PRECINCTS REPORTING

Ken Paxton (R / Inc.)	4,172,599	51%
Justin Nelson (D)	3,873,186	47%
Michael Ray Harris (L)	200,407	2%

Comptroller of Public Accounts
99% OF PRECINCTS REPORTING

Glenn Hegar (R / Inc.)	4,356,562	53%
Joi Chevalier (D)	3,548,034	43%
Ben Sanders (L)	279,676	3%

Land Commissioner
99% OF PRECINCTS REPORTING

George P. Bush (R / Inc.)	4,414,779	54%
Miguel Suazo (D)	3,542,587	43%
Matt Pina (L)	257,532	3%

Agriculture Commissioner
100% OF PRECINCTS REPORTING

Kim Olson (D)	308,319	57%
Sid Miller (R / Inc.)	213,799	40%
Richard Carpenter (L)	14,942	3%

Railroad Commissioner
99% OF PRECINCTS REPORTING

Christi Craddick (R / Inc.)	4,356,658	53%
Roman McAllen (D)	3,588,625	44%
Mike Wright (L)	236,720	3%





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Exitoso Béisbol se Disputan Equipos en Liga Potranco

Por José I. Franco

Con el éxito deseado directivos de la Liga de Béisbol Potranco con sede en los campos 1 y 2 de Potranco Baseball Field encabezados por Eloy Rocha y Simón Sánchez, han venido coordinando partidos en la categoría sabatina Veteranos y dominical Abierta.

Veteranos se encuentra en

la segunda vuelta y Abierta, recientemente inauguró con ocho clubes temporada invernal. El equipo Piratas de Sabinas dirigido por Sergio De Luna, Iván Rubinsky y Mauricio Esparza, junto a los hermanos Guerrero, en el verano con su retorno a Potranco ganó el campeonato a los Marineros en serie a ganar 2 de 3 partidos. De

Luna llegó a cuatro títulos dirigiendo a Piratas.

“La serie se fue a extra innings en el tercer partido a favor de Piratas”, dijo Johnny López, directivo y jugador de Marineros. “Piratas de Sabinas, tuvo buena temporada. Siempre con la mentalidad de estar presentes en la postemporada. Se logró un campeonato más ante un

digno rival (Marineros), gracias a todos nuestros compañeros, seguidores y familias que nos respaldaron en todo momento”, indicó el receptor Lupe Guerrero.

Jesús Ramírez Jr., de Mineros con promedio de .413 ganó trofeo de bateo. Devon Torres ganó el título de lanzador con 4-0. En jonrones empataron con 3 Rey

Hernández de Piratas y Freddy Rodríguez de Halcones.

Resultados en Veteranos. Broncos de Reynosa SA de los esposos Linda y Roberto Garza han tenido buen debut, con su victoria de 8 a 4 carreras ante Mineros retomaron el liderato, el lanzador ganador fue el derecho Gilbert Salazar.

Yaquis de La Saucedá con Luis Alfonso “Chorejás” Velázquez blanquearon 1-0 a Cardenales. Cachorros 23-1 a Westsiders. Abierta, Mineros de Chuy Ramírez con pitcheo de Jason Moasueta, le abollaron la corona a Piratas con pizarra de 2-0. Calaveras 7-1 a Cubs. Bravos 7-2 a Cardenales. Broncos 12-2 ante Mineros.

“Deseamos éxito a todos los equipos y que de nueva cuenta impere la disciplina deportiva”, dijo Simón Sánchez. En el clásico dominical Piratas y Calaveras en diez entradas empataron 3-3, partido que fue suspendido por límite de tiempo. Broncos 11-1 a Bravos. Rieleros 5 Cubs 3. Mineros 4-1 ante Cardenales.



Photo 7903 Piratas de Sabinas campeón de Verano 2018.



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GROWING UP LATINO

MANGUERA MEMORY: Fried Shrimp and Doris Day



*Rosa Maria Gonzalez, B.A., J.D., C.W.L.S.
Board Certified- Child Welfare Law Specialist, National Association of Counsel For Children, as authorized by the American Bar Association and the Texas Board of Legal Specialization.
Born and bred in Brownsville, Texas, Gonzalez has lived in San Antonio for over 30 years. She attended St. Mary's University where she earned her Bachelor of Arts in Political Science and later her law degree.
Gonzalez has a family law practice and is a graduate of the Women's Campaign School at Yale University. She has a long established history of coordinating campaigns and consulting for women candidates.*

By Rosie Speedlin-Gonzalez
Anticipation and “ansiedad” would start to build about this time, the day before my birthday. Mom and I would start to talk about how many cupcakes I would need to take to school the next day. She always found a way and made sure I would have enough cupcakes to share with classmates at the end of the school day if my birthday

fell during the week. She would send me to school with a note for the teacher asking if it was okay that I bring cupcakes to school the next day and if so, how many should I take. The teacher would then respond back on the same note, and I would hand it over to my Mom that evening when she got home from night school. I never had a teacher at J.T. Canales Elementary that denied me the pleasure of sharing german chocolate cupcakes with the class. Every year for my birthday, Mom made sure I had a new outfit to wear, something from Sears, like Toughskins, size Husky because pues tu sabes, baby girl was thick (still am), Earl Campbell thighs, and a Winnie the Pooh turtle-neck, or maybe something stylish from JC Penny or something cute from Aziz Brothers on



Elizabeth Street. She also made sure that she treated me to my favorite lunch every birthday: jumbo fried shrimp from the Oyster Bar. It was the one day out of the year that I could have a full order of fried shrimp. I can taste them now, sweet and salty, corn-meal crunchy, perfectly delectable and mouth-watering delicious.
On my birthday, I would take another note to school letting the teacher know that my Mom would be signing me out and picking me up for lunch. As lunchtime neared, I would eagerly wait for the school secretary's voice to come over the big square speaker box that hung over the chalkboard. She never, and my Mom never failed me. I would be called to the office where my Mom was waiting for me and off we drove to the Oyster Bar for a quick lunch because Mom could only take an hour off for lunch. That 1972 Mustard Tan 4 door Chevy Impala could fly on those days. She would order a half order of fried shrimp and order a full order for me. She always asked for a salad and I had French fries with a Coke. This, to me, was always the best lunch



of the year. A far cry from the Chicken fried steak, mashed potatoes, corn and lukewarm milk cartons that often comprised our school lunches. Somehow, somehow she also found the Wonder Woman kind of time to pick up about 25 cupcakes that sat in the back seat of the car, until she brought me back to school after lunch. Los cupcakes venian bien pasados, pero sabrositos. En route back to school, Mom would also sing “Que Sera Sera” to me and by the end of the song, we would both be singing it together. It was her song she sang special just for me on my birthday. To this day, I love that song

and I love Doris Day.
Once back at school, she would help me carry the cupcakes back to my classroom where they sat for a couple of more hours until just before we got dismissed for the day, then I got to share them with all my classmates as they sang Happy Birthday to me. Those were the best-cupcakes, most delicious pieces of fried shrimp I ever ate, and some of the best birthday memories of my life. To this day, nothing I eat tastes as good . . . and no other song rings as sweet. I have had a very blessed 53 years and I hope to be around a few more, always keeping in mind “Que Sera Sera.”



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EVENTOS ESPECIALES

Vietnam Veterans of America



Photos by Steve Walker

Vet Center: Keeping the Promise



Photos by Steve Walker

Respecting Our Veterans

Juan Mejía A Veteran's Day Tribute

By Don Mathis

In 1925, Calvin Coolidge took office as president, F. Scott Fitzgerald published *The Great Gatsby*, the Scopes trial was in the daily news, and Chrysler started producing cars. The Jazz Age continued throughout the Roaring Twenties as New York pulled ahead of London to become the largest city in the world.

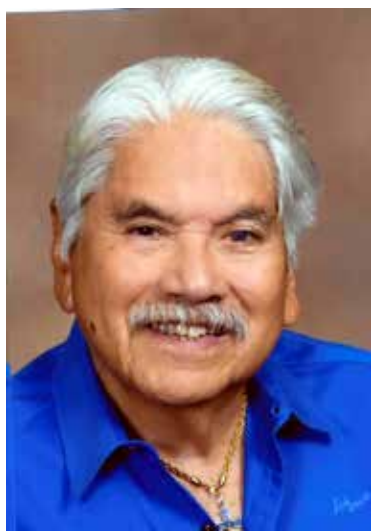
Mexico was in the midst of the Cristero War in 1925. La Cristiada, the last major peasant uprising following the end of the Mexican Revolution, was a widespread struggle against the anti-Catholic policies of the Mexican government. The diaspora throughout Mexico caused wave after wave of insurgent activists to swarm through the country, pushing people south or north.

In Texas, oil replaced agriculture and lumber as the major industry in 1925. Immigration from Mexico – and the opening of new irrigation projects – spurred the development of large fruit and truck farming areas. “Ma” Ferguson, Texas’ first woman governor, opposed the Ku Klux Klan, fought against new liquor legislation, and pushed for extensive cuts in state appropriations.

The Gilded Age continued to boom in San Antonio with

the construction of Classical Revival, Tudor, Spanish Eclectic, Queen Anne, and Craftsman style houses throughout the city. The Southwest Insane Asylum changed its name to the San Antonio State Hospital in 1925. And the San Antonio Junior College was formed, precursor of today’s Alamo Colleges.

Also in 1925, Juan Mejía was born on September 13 in San Antonio. His parents,



Cecilia Rosales Cepeda (a homemaker from Zacatecas) and Pedro Mejía (a waiter and baker from Guanajuato) had come to the United States during the Mexican Revolution. The family eventually had ten children, five of whom served in the U.S. military.

Juan grew up in the Great Depression, a period of poverty for millions across the

United States. But because of the blatant discrimination against Mexican immigrants, it was even worse for the Mejía family.

Juan attended elementary school in Thorndale, a Texas town about 40 miles northeast of Austin, and helped his parents before and after classes. In the early 1930s, Juan would serve as a translator for his family’s business transactions. Farm labor sometimes meant the family had to travel to West Texas and the Midwest to find work.

But then, at a time when people were lucky to earn ten cents an hour, his dad got a good job with the Works Progress Administration. It paid \$2.50 a day.

“After my father started working for the WPA, we ate better; we lived better, and our lives changed more than anything after World War II,” Juan recalled in a 2011 interview, “because then we all had work.”

Even though the Mejía family lived on a hardscrabble Texas ranch in the 1930s, intervening years have tempered the memories of those days.

“My childhood was beautiful,” Juan later recalled. “We just worked and played with things around the ranch. There were always lots of ac-

tivities... My mother took great care of us and encouraged us to go to school.”

His appreciation for thriftiness and his strong work ethic were forged during these hard times. But for Juan, times were about to get a little rougher.

In 1943, shortly after his 18th birthday – before he graduated from high school – Juan enlisted to serve in World War Two.

He later recalled his experiences in an interview with Laura Barberena.

“I wanted to go into the Army,” he said, “to be able to get to know other people and get to know everything. I was very happy. We all wanted to serve our country, all of us.”

He was sent to Camp Shelby in Mississippi for training and then to Massachusetts for transport to Europe. The RMS Aquitania, a 30-year-old British ship, moved American troops to Scotland. It was no longer a cruise ship in the Cunard Line. Sleeping quarters were cramped and the food was awful.

“The coffee was real bad, real bad,” Juan said. “For breakfast they gave us wieners.”



Their reception in England raised the moral of the troops. They would need it. The Battle of the Bulge, the last major German offensive campaign on the Western Front, was just on the horizon. And the American forces took the worst of it, incurring the highest casualties of any operation during the war.

“The Germans came with all their artillery and with everything they had, airplanes and everything,” Juan recalled. “I saw my friends on the ground, dead. They killed my lieutenant. The last time I saw my commander, he had a shot here in his throat, and there was a chaplain, kneeling, giving him his last rites.”

Frank Trejo wrote in an oral history project that Juan and his unit had dug their

foxholes when the captain told the men to rest before heading out again. When Juan woke up, he was alone.

“I just got up and went that-away – and went and went and went – until I heard a voice speaking English; and they were also lost.”

Juan said his whereabouts were unknown for about ten hours. His mother received a telegram that he was missing in action. A month later she got another telegram that Juan was hospitalized somewhere in Europe.

Juan was sent to Belgium to recuperate from exposure to the cold and damp. And that’s when a bomb went off. But Juan said it never occurred to him that he might die.

“The closest I got was when a piece of shrapnel fell on me here on my coat,” he recalled 66 years later. “I just did this, brushed it off.”

For his service, Juan received the European Theater of Operations Medal (for

military duty during WWII), the Combat Infantryman Badge (in recognition of his risk and sacrifice), and the Good Conduct Medal (for his years of honorable and faithful service). More than five decades after the war, Juan was presented the Bronze Star. This award is presented for heroic service and meritorious achievement in the face of combat.

But one of Juan’s proudest achievements was when he earned his high school equivalency diploma in 1972 – almost 30 years after his education was interrupted.

After the war, Juan traded his military service for a job with the civil service.

“World War II opened doors for me,” Juan said, “to be able to work for the government because I didn’t have enough schooling, even though I didn’t have experience.”

He worked at Kelly Air Force Base for the next 34 years. Along the way, Juan

married Enedina R. Mejía and raised eight children. His oldest daughter, Berta, went to law school and became a first assistant city attorney in Houston, before being appointed as a judge.

Other children include Rose, Virginia, Grace, Cecilia, Johnny, Arturo, and Gina. Arturo, a police detective in Houston, accompanied Juan on a trip to Europe in 2016.

“We visited the battlefields where he fought and paid homage at the cemetery where his comrades rest,” Arturo said. “It was very cathartic for him and an education for me. I never knew those parts of my dad’s life.”

After retirement from Kelly Field, Juan utilized his hardscrabble education from the Great Depression. Mejía Lawn Service indulged Juan’s green thumb and served as a first job to his many grandchildren. This allowed him to instill in his family of destiny a strong

work ethic and sense of pride – attributes he inherited as a legacy from his parents.

A few weeks before his death, Juan was honored at Minute Maid Park in Houston for being a proud member of the Greatest Generation. The Houston Astros and thousands of baseball fans gave him a standing ovation. This Labor Day celebration was a fitting tribute to pay homage to a veteran on the weekend of his 93rd birthday.

Ever active and independent, Juan was killed as he rolled his wheelchair across a street on September 29, 2018. His death was preceded by his wife in 2006.

But he felt he led a blessed life. In looking back, he urged Latinos never to forget their culture.

“Always hold your head up high, and be proud of being Latino,” he said in 2011. “And serve your country when you are called.”



By Leonard Rodriguez
This column will highlight inspiring stories of Latino leaders. For more than 500 years, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding hispanics.



Phil Valdez

After growing up in the Rio Grande towns of Dixon and Espanola, N. M., Phil Valdez enlisted in the U.S. Navy at age 19, training as a hospital corpsman during the Vietnam War. On Jan. 29, 1967, Valdez was killed during a helicopter airlift when he repeatedly exposed himself to enemy fire in order to rescue two wounded Marines. Credited with saving their lives, Valdez was awarded the Navy Cross. On July 27, 1974, the U.S. Navy honored him by naming an antisubmarine destroyer escort the U.S.S. Valdez.



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FINANCIAL FOCUS

The Key to Consistent Investing? Paying Yourself First



By Edward Jones

Consistency is a key ingredient of success in many activities – including investing. And one technique that can help you become a more consistent investor is paying yourself first.

Many people have the best of intentions when it comes to investing. They know how important is it to put money away for long-term goals, especially the goal of a comfortable retirement.

Yet they may only invest sporadically. Why? Because they wait until they've taken care of all the bills – mortgage, utilities, car payments and so on – before they feel comfortable enough to write a check for their investments. And by the time they reach that point, they might even decide there's something more fun to do with what's left of their money.

How can you avoid falling into this habit of intermittent investing? By paying yourself first. Each month, have your bank move money from your checking or savings account into the investments of your choice. By taking this hassle-free approach, rather than counting on your ability to send a check, you can help ensure you actually do contribute to your investments, month after month.

By moving the money automatically, you probably won't miss it, and, like most people who follow this technique, you will find ways to economize, as needed, to make up for whatever you're

investing.

You already may be doing something quite similar if you have a 401(k) or other retirement plan at work. You choose a percentage of your earnings to go into your plan, and the money is taken out of your paycheck. (And if you're fortunate, your employer will match some of your contributions, too.)

But even if you do have a 401(k), you're probably also eligible to contribute to an IRA – which is a great vehicle for your pay-yourself-first strategy. You can put in up to \$5,500 per year to a traditional or Roth IRA (or \$6,500 if you're 50 or older), so, if you are able to "max out" for the year, you could simply divide \$5,500 or \$6,500 by 12 and have either \$458 or \$541 moved from your savings or checking account each month into your IRA. Of course, you don't have to put in the full \$5,500 or \$6,500 each year, although some IRAs do require minimum amounts to at least

open the account.

You might think such modest amounts won't add up to a lot, but after a few years, you could be surprised at how much you've accumulated. Plus, you may not always be limited to contributing relatively small sums, because as your career advances, your earnings may increase significantly, allowing you to boost your IRA contributions continually.

In any case, here's the key point: When you invest, it's all right to start small – as long as you keep at it. And the best way to ensure you continue investing regularly is to pay yourself first. If you do it long enough, it will become routine – and it will be one habit you won't want to break.

Please contact Ernest Martinez at 210-354-4915 if you have any questions.

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Edward Jones
MAKING SENSE OF INVESTING

Freedom is Not Free

By Delia A. Guajardo

In 1999, we had a Market Square Commision social gathering at Las Margaritas Restaurant. I met a veteran in his army uniform. His name was Carlos Valencia Cavazos. He was 75 years old. He asked me if we could meet; he had something to ask of me.

We met at Mi Tierra after the social. The dinner meeting lasted three hours. Apparently, our veterans had been searching for someone who knew about parades and was heavily involved in our community who would organize the Veterans Parade in San Antonio. He asked me if I was interested in doing this.

He told me the veterans

had no money. They were looking for someone to help them, someone who also had a passion and respected our veterans. My husband, Roy, is an Army veteran; my whole family served our country. I thought to myself, "What an honor." I spoke with my husband and he thought it was a great idea and to be sure I learned protocol. I was pleased to tell Mr. Cavazos that I accepted his proposal.

The first thing veteran Tomas Jimenez and myself did was go down to the courthouse and register the name of the U.S. Military Veterans Parade Association. That year was a wonderful year for me because I met my



friends, my buddies and my comrades. I had the honor of meeting eight Former POW's and their wives. Former POW's: Jose A. Hinojosa, Oscar N. Cortez, Jimmy L. Chavez, Joseph D. Layzer, Alex Tovar, Jose Rodriguez, Willy Garcia, and Shorty Estabrook who now lives in San Antonio.

Many veterans and community leaders stood by me and walked with me down Houston street, delivering parade flyers. Among them were past Commander of VFW District 20, Mr. Joe Diaz, Congressional Medal Of Honor recipient Louis Richard Rocco, retired Army Nurse Sylvia Sanchez, Former POW Howard Rey and veterans like Ramiro Mendez and Antonio Bustamante.

All veterans had a story to share with me, especially our Former POW's. They taught me to be strong, fair and to fight for what was right. Most importantly, they taught me VETERANS NEEDED TO BE RESPECTED! They fought for our country; for you and for me. FREEDOM IS NOT FREE.

Former POW, Jose D.

Hinojosa, would always tell me, "Delia, we are a dying breed." He was right. Former POW's I mentioned: Jose D. Hinojosa, Alex Tovar, Willy Garcia and Joseph D. Layzer are now deceased. I miss each one of them. Still with us today are POW Oscar N. Cortez, Jimmy Chavez and Jose Rodriguez.

It took many community members to join me in orchestrating the first Veterans Parade on Saturday, November 18th, 2000. The temperature was 95 degrees on the night before the parade.

By Saturday morning, we woke up with temperature of 32 degrees, sleeting, raining and very windy. The media was calling me asking if the parade was cancelled. My answer was a definite, "No." The 32 degree weather was nothing compared to when they were at war. Houston street was the only street we walked, with 20 spectators at the most. The parade was over within 20 minutes.

In 2001 our parade route changed to begin in front of the Alamo on Commerce street and end at Milam Park. It is now the 3rd largest Veterans Parade in the United States.

Former POW Jose D Hinojosa, until his last breath, thanked me for my support for our veterans. He was so proud. Don't forget to stop and make time to thank a veteran for their service to our country. It matters. Thank you San Antonio, Military City USA.

Note: Dedicated to Mr. Tino Duran, Army Veteran. You will not be forgotten.



The 2018 Midterm Elections

Pain and Promise



Dr. Ricardo Romo

Election night produced much excitement and many surprises. Late into the evening it was clear that a Blue Wave had indeed swept across the United States giving Democrats control of the U.S. House of Representatives for the first time in eight years with a 230-205 margin.

The midterm elections showed a significant increase in engagement among women, young voters and the LGBTQ community. The participation of these newly energized voters gave women and LGBTQ candidates victories in 110 congressional races, a record number. More could be added as a few congressional races in Southern California were still too close to call on Wednesday.

Locally, the biggest surprise was Beto O'Rourke's remarkable race against Senate incumbent Ted Cruz.

O'Rourke lost by only 200,000 votes out of more than eight million votes cast. Cruz' victory was credited to his rural base in counties of north and west Texas. O'Rourke outperformed Cruz in every large metro area, with Beto's win in Houston, Cruz's hometown, was the biggest boost for Beto supporters.

The Blue Wave did not materialize in the U.S. Senate races, and Democrats actually lost a few Senate seats. While not all the votes have been counted, the U.S. Senate, now has 45 Democrats and 51 Republicans. However, there is hope that gains made in local races will help Democrats in 2020. Exit polls across America showed an approval rate for Democrats at 41% versus 37% for Republicans.

In Texas, early voters went to the polls in record numbers with nearly five million votes cast. The huge turnout of early voters made the midterm elections different from any other. The early vote ballot count in every large metro area more than doubled from the previous midterm election of 2016. The total early votes in Bexar County, 414,192, amounted

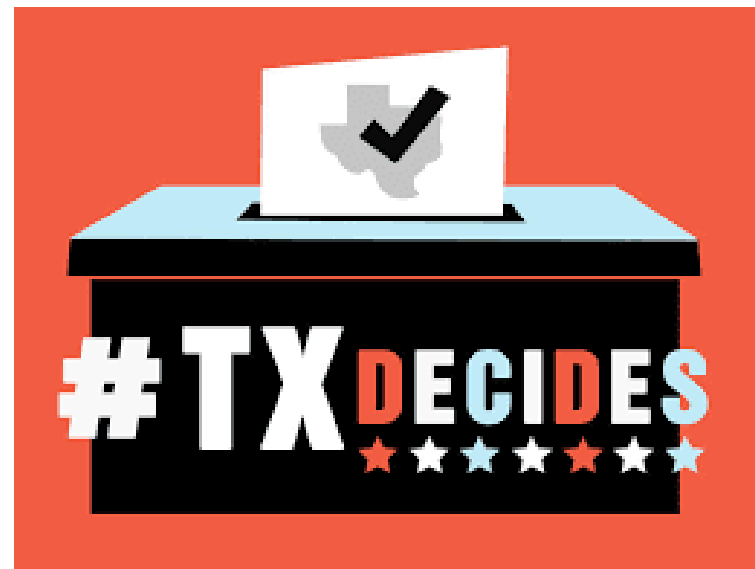
to a nearly 60% increase over the 2016 midterm elections.

According to the Center for Responsive Politics, the 2018 midterm elections may be, with over \$5 billion of spending, the most expensive midterm contest in history. Not only was it expensive, it was tumultuous. President Trump, The New York Times noted, "delivered slashing attacks on immigration, railing against birthright citizenship, linking immigration without evidence to violent crime, and amplifying debunked conspiracy theories about a migrant caravan in Latin America."



For many voters, the choices seemed clearer than in previous midterm elections. The New York Times commented two days before Tuesday's vote that "The run-up to the election, widely seen as a referendum on Mr. Trump's divisive persona and hard-line policy agenda, has revealed deep strains in the president's political coalition and left him confined to campaign in a narrow band of conservative communities."

On the eve of Tuesday's



elections, The Washington Post concluded that President Trump's remarks the previous day summed up his overall midterm political

political moderates and independents. The millions of Obama voters who shifted to Mr. Trump in 2016 saw in the midterms an opportunity to shift back to the Democrat fold. This was especially true of white educated suburban women who previously leaned toward the GOP candidates.

More than 113 million voters turned out for the midterm elections, significantly higher than the 83 million that voted in midterm elections in 2014. This year's election revealed that the political divisions between Democrats and Republicans are sharper than ever. That may spell problems for setting a legislative agenda that can address America's most pressing problems.

In exits polls, American voters cited health policies as their number one concern. While some Presidents have governed efficiency with divided legislative bodies, it appears that passing important legislation will be more difficult if the present President continues his toxic rhetoric against opponents.



SPORTS

Spurs Starting to Come Together as One

By Jessica Duran

Heading into the NBA season, many were doubtful the Spurs could be the team they once were with Tim Duncan, or even the team they were last season. With incredible play from new Spurs guard DeMar Derozan, the Spurs may be the team to look out for come closer to playoff time.

DeRozan is averaging 27 ppg and 6 assists through the first month of play with the Spurs and looking more and more impressive. Having never averaged more than 5 assists a game in his career,

the Spurs system of team play seem to work well with DeRozan's style of play. He's also been averaging about a steal and almost a block away, so defensively he's becoming a better player on defense than he was with the Toronto Raptors.

When DeRozan isn't producing, which has not been the case this season so far, Spurs forward LaMarcus Aldridge steps in, averaging 20 ppg and about 9 rebounds a game. A lot of the offensive pressure has fallen off of Aldridge with the addition of DeRozan, allowing Aldridge

to focus on his own offensive play and improving on the defensive side of the ball.

Another standout this season is third year player, guard Bryn Forbes. Forbes has been a great fill in for the missing Dejounte Murray, Lonnie Walker IV, and Derrick White. Forbes has been relentless from the 3pt line. Shooting over 40% from the 3pt line, Bryn has been able to stretch the floor, make better decisions, and be a more confident shooter.

The next key game and true test for this young squad will be Saturday against

the Houston Rockets. Led by James Harden and Chris Paul, this will be a challenge for Forbes to keep up, and a will be an exciting face-off between Harden and DeRozan.

With how this Spurs team is molding into, a young and hungry one, there are definitely becoming the team to not underestimate in the West.



NFL Coaches in Hot Seat Entering Week 10

By Jessica Duran

As the NFL enters week 10, teams are starting to pull ahead or completely crumble. Coaches tend to be the fall guy for a team's lack of success. This year, there are some coaches that definitely stand out and are now on the hot seat.

In what was supposed to be the matchup of the year, the outcome exposed a lack of support around Green Bay Packers quarterback Aaron Rodgers. The Packers lost to Tom Brady and the New England Patriots 31-17. Aaron Rodgers threw

for 259 yards with 2 touchdown passes, but Rodgers was inaccurate with a lot of throws and out of sync with the rest of the offense. And this is throwing at just about 60% which has been Rodgers most accurate season ever.

But, due to late game penalties and fumbles, this season's losses are completely on Rodgers. Packers fans question Coach Mike McCarthy's leadership and coaching style and think his time is up. Questionable play calls, one being an up the gut run play on the 2 yard mark leading to an oppos-

ing team's safety against the Rams may be further proof that McCarthy is out of touch now with creativity. McCarthy has been the Packers head coach since 2006 with a record of 124-74-2 and playoff record of 10-8. With the Packers having not reached the Super Bowl since 2010, time in the hour glass may be up for McCarthy in Green Bay, certainly not Aaron Rodgers.

The Cowboys are facing a similar situation, with their head coach Jason Garrett following their 28-14 loss to the Tennessee Titans on Monday

Night Football. It's the Cowboys first loss on MNF since 2014 and first home loss of the season. Garrett has been the Cowboys Head Coach since 2011 and in that time his record as a head coach is 69-57 and just 1-2 in the playoffs.

Scott Linehan, the Cowboys Offensive Coordinator is also in the hot seat. Although Cowboys Quarterback Dak Prescott had a dismissal game, the lack of leadership from Garrett and lack of creativity from Linehan, has been a recipe for disaster for the Cowboys

the past 3 seasons. Cowboys fans, known for being vocal, are fed up and they aren't the only ones. Cowboys great Troy Aikman called after the game for a total coaching staff rebuild. Maybe he's eyeing at owner Jerry Jones to give up his General Manager duties and hire an all new coaching staff. Only time will tell once the season ends. Being a head coach in any sport, at any level, is a tough job. With it being halfway through the season, it's time for coaches and players to prove their worth. Time to put up or shut up.

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Just a Thought:

Veterans Parade



Steve Walker is a Vietnam Veteran, former Justice of the Peace and Journalist

By Steve Walker

Veterans Day 2018 is today, Sunday, November 11th, and designated as a Federal Holiday tomorrow, Monday, November 12th. As a federal holiday Veterans Day is typically observed on November 11th every year. However, if it occurs on a Sunday like this year then the following Monday is designated as the Federal holiday, and if it occurs on a Saturday then either Saturday or Friday may be designated.

When the Federal holiday and November 11th dates are different often times Veterans Day activities will take place on both days and still many activities are often scheduled the weekend leading up to Veterans Day even if both dates match.

2018 marks the Centennial Commemoration of the end of World War I on November 11, 1918. The theme for the 2018 Veterans Day Poster is: "The War to End All Wars" and featured a poppy and barbed wire. This year, the President extended Veterans

Day celebrations through all of November. He issued a new proclamation designating November 2018 as National Veterans and Military Families Month.

This year's Annual Veterans Parade was expected to draw over two hundred and fifty entries of high school and junior high school ROTC students. Also participating in the event, active military members and veterans of all ages and individuals in-

and wagons, others march. Various school bands played patriotic music as the crowd remembers the sacrifices of those who served their country with honor and distinction.

All the local VFWs and American Legion posts participate in the honoring of those who died in battle, since passed on, and those that are still with us.

The 2018 grand marshals of the United States Military



involved in various worldwide conflicts. All branches of service are represented.

The annual parade to honor America's local heroes and those who defended our nation in time of war and peacetime was expected to draw over 15 thousand supporters on the downtown streets of San Antonio.

Flag waving, cheering and an occasional salute from the crowd is a way to show their appreciation as the parade progresses down the city streets.

While some participants ride on horses, others in cars

Veterans Parade included World War II and Korean War veteran Command Sgt. Maj. Andrew Reyna, U.S. Army Korean War veteran Arthur Galindo, U.S. Marine



Corps veteran Hector A. Lopez and Air Force Brig. Gen. Laura Lenderman, the commander of the 502nd Air Base Wing and Joint Base San Antonio.

The parade, sponsored by the U.S. Military Veterans Parade, dedicates the annual parade to various veterans. This year was the 19th.

The 2018 Veterans Parade is dedicated to Mr. Darrel G. Harris. Harris passed away in May 2018 at age 96. He was a WWII Veteran who served 3.5 years in combat operations in Europe. He was assigned to the 504 Parachute Regiment of the 82nd Airborne and made a total of 52 jumps, including six combat jumps.



He fought in many of the major battles of WWII, including Operation Market Garden, Battle of the Bulge and the Anzio landing. In 1945, Harris became a charter member of the 82nd Airborne Association. He was also a charter member of the U.S. Military Veterans Parade Association and served faithfully for 19 years until his death.

Veterans Day at the Alamo today included the Bexar County Buffalo Soldiers Commemorative Ceremony and at the San Antonio National Cemetery, 517 Paso Hondo Street.

"It was a whole day of celebrating our veterans and We had a wreath laying ceremony for all of our deceased veterans," said U.S. Military Veterans Parade Association member Mike Mendez.

As a veteran who served in Vietnam, Desert Storm and other tours, I am proud once again to be a part of the U.S. Military Veterans Parade of San Antonio created and originally organized by my good friend, Delia Guajardo.

To all my fellow veterans I say, "Thank you for your service."

Sisters of Divine Providence of Texas join with Catholic Sisters across the U.S. in calling for "healing of divisions"



The Sisters of Divine Providence of San Antonio, Texas join with Catholic Sisters across the United State in support for all who have experienced the horrific effects of racism, anti-Semitism, hatred and all other roots of the violence that has produced a moral earthquake in this country and polarized its people. We join with our Sisters in prayer for healing and in support of the following statement from the Leadership Conference of Women Religious.

LCWR Extends Sympathy to the Tree of Life Congregation and Calls for the Healing of Divisions
November 1, 2018



Our hearts are heavy, and our souls pained. The slaughter of our brothers and sisters in faith gathered in prayer at Tree of Life Congregation is a profound tragedy. The intrusion of anti-Semitism and violence into God's sacred space is an abomination which must be condemned.

The Leadership Conference of Women Religious extends its sympathy on behalf of Catholic sisters across the nation to the families of those who lost their lives, the Tree of Life Congregation, the community of Squirrel Hill, and the people of Pittsburgh. We will mourn with you. We will pray with you. We will walk with you in the spirit of God's love.

Shootings at synagogues and schools, churches and mosques, in our homes and on our streets have become all too common. The current political climate and growing polarization of our communities feed hate and spawn violence. The racist rhetoric and the senseless rancor must stop. White supremacists and their white nationalist ideology must be exposed and denounced. Anti-Semitism, racism, and hate of all kinds must be clearly condemned by our religious and political leaders, and each of us as well.

We acknowledge that all of us have played a role in the polarization of our communities and the denigration of the other. Each of us must participate in the healing and binding of wounds for which our communities long. We offer our prayers for the members of the Tree of Life Congregation and for all who have been victims of hate and violence and we say loudly and clearly, enough. *[Forwarded with permission and encouragement from LCWR.]*

We Sisters of Divine Providence believe in the power of Providence to bring all things to good and commit ourselves to act with courage and collaborate with others to heal what is broken and celebrate what is good in our world.

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Verstappen wins the Mexican Grand Prix

By Jorge Mendoza Sr

Mexico- October 28- Mixed emotions abound during the Mexican Grand Prix.

Fans from all over the world gathered to enjoy F1, the premiere event in motor racing. The Mexican Grand Prix takes place at the Autodromo Hermanos Rodriguez in Mexico City every year.

Ferrari race car drivers, Sebastian Vettel and Kimi Räikkönen were expected to win the race in order to extend the battle for the world championship and landed in second and third place.

Red Bull Racing Tag Heuer driver, Max Verstappen, hungry for a win, was ready to ruin the party of Mercedes and Ferrari drivers and took first place with a final time of 1:38:28.851.

Mexican fans were loud, beating the chances for rain and cheering for their Mexican hero, Sergio Perez. Perez reached 7th place mid way of the 71 laps at the Autodromo when a brake failure prevented him from finishing



the race and getting valuable points for his team.

Mercedes race car drivers, Lewis Hamilton and Valtteri Bottas did not have a good qualifying day because of issues with tire wear during the race. Hamilton and Bottas had to reduce their laps times in order to finish the race. Hamilton needed to play it safe to secure his 5th title and despite all their problems he was able to finish 4th on the race and 1st on the driver's championship.

Mexico has become a second home for Lewis Hamilton. He clinched his 4th title at the Mexican Grand Prix

in 2017.

Vettel and Räikkönen were strong most of the race but they did not have enough power to catch Max Verstappen on his Red Bull Racing car. Verstappen also won at Mexico in 2017 as well. The constructors championship is still in the air and most teams want to end the season in a high note, especially the drivers.

Follow F1 at LA PRENSA TEXAS Follow Jorge Mendoza on twitter @MENDOZA RACING or Jorge Mendoza Sports. Special contributors: Jorge Mendoza Jr, Adrian Narvaez.



You're Invited: Dance Classes

Please join us for fitness and fun as we learn a variety of easy dances from the U.S. and around the world. We'll enjoy line dances, circle dances and other traditional formations. Some of the music will be familiar, and some will be unusual with fascinating rhythms.

Partners are not necessary! Just wear comfortable, supportive shoes that stay on your feet (no flip-flops, sandals or stiletto heels). Athletic shoes with a smooth sole are also fine. Invite your friends—the more, the merrier!

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Time: 9 – 10 a.m. (all dates)

Dates:	October 26, 2018	May 24, 2019
	November 30, 2018	June 28, 2019
	December 21, 2018	July 26, 2019
	January 25, 2019	August 23, 2019
	February 22, 2019	September 27, 2019
	March 22, 2019	October 25, 2019
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Soy un veterano

Puede ser que no me conozcas; la primera vez que nos veamos.
Solo soy otro que ves en la calle
Pero yo soy la razón por la que caminas y respiras libre.
Soy la razón de tu libertad.
Soy un veterano
Trabajo en la fábrica local todo el día.
Soy dueño del restaurante justo en el camino
Te vendo seguro, empiezo tu IV
Tengo los nietos más guapos que jamás verás
Soy tu tendero, tu banquero.
La maestra de su hijo
Soy tu fontanero, tu barbero.
El predicador de tu familia
Pero hay una parte de mí que no sabes muy bien.
Solo escucha un momento, tengo una historia que contar
Soy un veterano
Me uní al servicio cuando aún era adolescente
Cambié mi vestido de fiesta por camuflaje verdes.
Soy el primero de mi familia en hacer algo como esto
Seguí a mi padre, como él siguió a su
Desafiando mis miedos y ocultando mi duda.
Me casé con mi novia antes de enviarme
Me perdí la Navidad, luego la Pascua
El nacimiento de mi hijo
Pero sabía que estaba haciendo lo que tenía que hacer.
Serví en el frente de batalla, serví en la base
Até a los heridos
Y rogué por la gracia de Dios.
Di órdenes de disparar, seguí órdenes.
Marché al conflicto en tierras lejanas
En la selva, el desierto, en las montañas y costas.
En bunkers, en carpas, en pisos de tierra húmedos.
Mientras luchaba en el suelo, en el aire, en el mar.
Mi familia y amigos estaban en casa orando por mí.
Por la tierra de los libres y la casa de los valientes.
Me enfrenté a mis demonios en trincheras y cuevas.
Entonces un día temido, sin baterista ni fife.
Perdí un brazo, mi amigo perdió su vida.
Vine a casa y seguí adelante
Pero para siempre fue cambiado
Los peligros de la guerra en mi memoria permanecieron
Realmente no digo mucho, siento que no puedo
Pero dejé un niño en casa, y volví a casa un hombre.
Hay miles como yo
Miles más que se han ido.
Pero su legado vive a medida que avanza el tiempo.
Cruces blancas en filas
Y los nombres grabados en la cola.
Recuérdanos lo que estas almas valientes tuvieron que hacer
Soy parte de una beca, una banda poderosa y fuerte
De cada hombre y de cada mujer.
¿Quién ha servido esta gran tierra?
Y cuando Old Glory ondea.
Me siento orgulloso, soy alto.
La ayudé a mantenerla volando sobre ti, sobre todo.
Soy un veterano

NON- PROFIT HIGHLIGHT

Get Healthier Without Having to Structure your Diet or Exercise



By Vonna Smith, Alamo Aging Ombudsman, Alamo Area Council of Governments

There’s no magic pill to create a healthier you, but there is an alternative way to strengthen your mind, body and soul - through volunteering. It’s no mystery that volunteering for charitable causes benefits the recipient, but many people don’t consider the positive side effects volunteering creates for one’s self.

According to a 2017 research study by United-health Group, 93 percent

of people who volunteer reported an improved mood, 79 percent reported lower stress levels and 75 percent reported feeling physically healthier. Other reported benefits include: reduced blood pressure, lower cholesterol levels, increased energy and self-esteem, improved immune system, weight control, and reductions of anxiety and depression.

Joyce Reid, a Long-term Care Certified Volunteer Ombudsman with the Alamo Area Agency on Aging (AAA), says “volunteering is a natural part of my regular regiment – just like working out at the gym, eating healthy foods and getting a good night’s sleep. It’s time that I give freely, and the benefits I get back are incalculable. There’s something truly magical about connecting with people, building rela-

tionships and serving real needs.”

Joyce regularly visits nursing and assisted living homes, where she advocates for residents’ rights. “I help empower residents and their families to ask questions and demand good care for themselves and their loved ones” says Reid.

With commitments ranging from once a month to a few hours a week, volunteering can fit almost any schedule. The Alamo Area Council of Governments (AACOG) supports local governments and citizens of 13 counties surrounding the Alamo Area – and regularly seeks assistance from the community. Programs include aging services, benefits counseling,

ombudsman, public safety, weatherization assistance and veteran services. To learn more about volunteering in your area, visit AACOG.com or call (866)231-4922.

Volunteers do not receive monetary compensation, but some organizations and programs may offer mileage reimbursement.



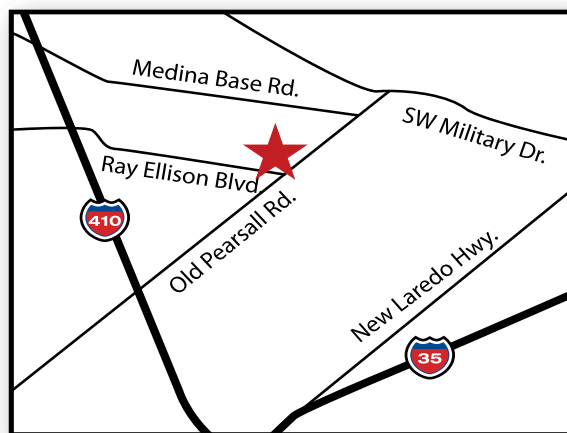
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