

LA PRENSA TEXAS

SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

VOL. 2 • NUM 14 www.LaPrensaTEXAS.com 7 de Abril de 2019



Earth Day

<p>Native Plant Society of Texas—San Antonio Grants Benefit Medina River Natural Area</p> <p>By Andrew Awalt</p>	<p>The Green Party Must Gather 90,000 Signatures</p> <p>By R.Eguia</p>	<p>San Antonio's Final Steps to Climate Change</p> <p>By Dr. Ricardo Romo</p>	<p>Bobcats Ganó su Cuarto Título Consecutivo</p> <p>Por Sendero Deportivo</p>	<p>Plan de Acción Climática</p> <p>Por Ashley Alvarez</p>
---	---	--	--	--

LA PRENSA TEXAS

This grass roots publication is the life source for a community that is not easily afforded viable access to diverse and accessible media. San Antonio and the surrounding counties have become accustomed to relevant news brought to them in both English and Spanish since 1913.

Steve A Duran Sr.
CEO/Publisher
s.duran@laprensatexas.com

Ramon Chapa Jr.
Co-Publisher
r.chapa@laprensatexas.com

Yvette Tello
Executive Vice President
y.tello@laprensatexas.com

Roxanne Eguia
Editor In Chief
r.egua@laprensatexas.com

Victoria Ward
Graphic Designer
v.ward@laprensatexas.com

Steve Walker
Ricardo Romo
Jessica Duran
Isa Fernández
Contributors
info@laprensatexas.com



The mission of the Westside Development Corporation (WDC) is to foster economic development, promote the development and redevelopment of real estate within its target area, create viable urban communities, and preserve the character, culture and history of the Westside.

The vision is a vibrant Westside community where people want to live, work, and visit.

Leonard Rodriguez
President /CEO
leonard@westsidedevcorp.com

La Prensa Texas San Antonio is published once a week by La Familia Duran Inc. San Antonio, Texas (210) 686-0600. Subscription price in the U.S.A. \$125 per year (52 issues). The opinions expressed in the editorials of this publication represent the positions and ideology of this newspaper; the opinions expressed by writers and guest columnists are not necessarily the opinions of the management staff or ownership of this newspaper; the contents of which they are solely and exclusively responsible for. Letters from our readers are welcome and will be published, subject to space availability so long as they are signed and have a proper return address. All letters will be reviewed and edited for offensive language, libel, slander, defamation, proper grammar, spelling, and accuracy, according to our style. La Prensa Texas San Antonio is not responsible for advertisements that may be deceitful or fraudulent, and does not guarantee in any way the products or services offered, of which only the advertiser is responsible. All Rights Reserved. Published and printed in the United States of America.

Let's Talk About it...

The True Language of your Nationality

By Yvette Tello

I am a U.S. born Hispanic, Mexican American Latina, Chicana, whatever you want to call me... Why is it seen as a bad thing for a third generation Hispanic American not able to speak Spanish, but nobody goes up to a third generation German American or Italian American and asks why they do not speak German or Italian? Why is it that Hispanics can't just say they are Americans? A German American or an Irish American can just describe themselves as "Americans" without having any ties with their roots and people won't really make a big deal of it. Hispanic American does the same exact thing and they simply says that they are an "American" without mentioning their roots. People say that person is ashamed of being a Hispanic and is ashamed of his or her heritage. Nobody ever say this to a white person who chooses to simply identify themselves as American. Why is it that Hispanics are required to keep their own traditions and language while other groups are not held to the same standards for not keeping their traditions? Let's talk about it...

Danny W. Miner:

"Hispanics are people of Spain and its culture, ruled by the

Holy Roman Catholic Empire, as Germany was and still is. Canada, The United States, Mexico, and all of South America are claimed and controlled through the Corporation of America. The commoner population is all programmed towards perceiving US citizens as American, and as a sophisticated New World Order ploy, already having Canada, US, and Mexico under one UNIDROIT jurisdiction."

Carmen Madariaga:

"I'm Hispanic, conservative, and Republican! Talk about receiving the sharp end of bias! Lol...it is a beautiful ideology to preserve heritage, language, and culture. Yet, in my opinion, none of that should be our defining factor. But, rather, integrity, honesty, hard work, discipline, and morality."

Frank Pancho San Miguel:

"People are just being judgemental because our ancestors didn't speak Spanish till Spain invaded Turtle Island, our continent."

Ramiro Perales:

"The hardest culture to be is Hispanic. Mexicans don't claim us and caucasian Americans assume we are from Mexico. Not ignorant, just a fact being stated so, either way, we have it bad. Other than that

I'm Glad to be an American"

Mike Miller:

"Yeah, we're all just Texan! A race all on its own. Only a non Texan would try to break us down to different categories."

Hope Robinson:

"Have always considered myself as an American. Was not raised as a "Mexican". Don't speak Spanish. Married an Irish/Scottish/English and who knows what else caucasian. Didn't even think of my marriage as biracial until recently. I don't like being put in a box. I'm an American. Period. My people have been on the American continent longer than most white Americans."

Jay Almaguer:

"It seems as Latinos/Hispanics we are held to a different standard. We can't be too ethnic or we offend Caucasians and if we do not speak Spanish fluently or live our lives fully immersed in a culture not entirely our own (as we were born here in the US) we are looked down upon by other Latinos (Mexicans, Hondurans, Salvadorean, etc.) It's a double standard that's difficult to endure."

Ralph Mendoza:

"So true Yvette, it gets old, so I call myself an American,

Texan, of Mexican descent. I owe no allegiance to Mexico, but to the USA."

Jazmin D Zuñiga:

"I love my heritage, my culture & I make sure my kids know about it and speak Spanish even though they were born here. My son just got a raise because he is the only person that speaks Spanish at his work. My little ones understand it but speak very little and I'm working on them to Speak it more, it's a Choice if You ask me.. it's what's important to You & No one Else. I choose to Teach My Heritage, My Culture to My Children, it will be up to My kids if they want to do the Same & it's up to their Dads to Talk to Them About Their Culture!"

Belinda Mayen-Aldana:

"Well I've been told by customers over the phone that I sound Tex Mex, lol. I didn't know that was an accent or option .. and we didn't learn Spanish because some of our parents were punished in school for speaking Spanish and they decided not to teach us."

Mary Svetlik Watkins:

"That was the thing for immigrants our parents' age. My dad didn't teach my sister and I Czech. He got in trouble for it."

LA PRENSA TEXAS
SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

We Make it Easy to be Connected to your Community

Join Us at laprensatexas.com



La Prensa Texas 210-686-0600

About the Cover Artist

Bianca Perez-Hernandez and Eloy Jacobo



As part of the “Quality Air, Quality Life” theme, the WDC partnered with UT Health’s Air Quality Academy and La Printeria to coordinate a semester of print training with high school students. From the prints produced by the Fall 2018 cohort, one design was chosen by the Earth Day Committee to represent Earth Day 2019. The winning design is titled “The Other Half” and was created by Bianca Perez-Hernandez and Eloy Jacobo, both are with the Good Samaritan Youth Advisory Committee.

The Air Quality Academy highlights the intersection between community, science, and art. Over the course of several weeks, high school students are trained in printmaking to produce art that conveyed the link between the environment and human health. The curriculum kicks-off with presentations from professionals that spoke to a wide array of topics related to

air quality: health, energy production, advocacy, transportation and pollution.

The program is an opportunity for students from historically marginalized communities to be exposed to various professionals from health science, advocacy, and art fields. The workshops encourage students to think critically on relevant issues of health and allow them to apply their learning through hands-on printmaking training. Students finish the program with a deeper understanding of how environmental health relates to their daily lives. Participants also develop printmaking techniques that have real labor-value and serve as a means of creative expression.

The Fall 2018 Air Quality Academy closed with a gallery that was installed at the UT Health Dolph Briscoe Jr. Library, 7703 Floyd Curl Dr, San Antonio, TX. The gallery was on display December 10, 2018 thru January 14, 2019. The official gallery opening took place on December 13, 2018 from 6:00 – 8:00 pm with light appetizers, refreshments, and an appearance from Councilwoman Ana Sandoval. The event served as an opportunity for students

and families to be recognized for their commitment and be exposed to a premier training and research facility.

About the Art Work:

The Other Half

The colors that are included in the piece were chosen to add a creative state of mind instead of repeating colors that would typically be used. One side is a tree simply representing the kind we usually see and the other side represents industrial factories. While there are many artistic representations demonstrating the effects that pollution can have on air quality, this piece is created to show both sides of what our world has come to be. In the end, we all take part in polluting our world. This piece was not created to blame the industries who take part in polluting the environment, but to make all aware of the other half; a side many choose to ignore.



Novena to St. Jude

Most holy Apostle, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally, as the patron of difficult cases, of things almost despaired of, Pray for me, I am so helpless and alone.

Intercede with God for me that He bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need that I may receive the consolation and help of heaven in all my necessities, tribulations, and sufferings, particularly - (make your request here)

- and that I may praise God with you and all the saints forever. I promise, O Blessed St. Jude, to be ever mindful of this great favor granted me by God and to always honor you as my special and powerful patron, and to gratefully encourage devotion to you.

Amen

CentroMed

Women's Health Services

- Prenatal Care & Education
- Regular Exams & Ultrasounds
- Screening for Breast & Cervical Cancer



Reena
Bhalala, MD



Aurora
Dominguez, MD



Herbert
Guzman, MD



Maria Florencia
Molina-Boero, MD



Diana Santiago-
Chamorro, MD



Christian J.
Santiago-Matos, MD



Free Pregnancy Testing • Welcoming New Patients • Call Today (210) 922-7000

Día de la Tierra

El Día de la Tierra está a la vuelta de la esquina y los residentes de San Antonio tienen un índice de contaminación de un tercio, lo que significa que nuestra comunidad puede hacer un mejor trabajo de reciclaje. ¡Comencemos la celebración de Fiesta de San Antonio reciclando correctamente.

4 consejos de reciclaje para tener en cuenta durante Fiesta:

1

Antes de reciclar latas de alimentos y bebidas, retire las etiquetas de papel o plástico, limpie los residuos y asegúrese de que estén secos antes de colocarlos en el contenedor de reciclaje.

2

Mantenga la tapa en su botella de agua cuando la recicle. La tapa es demasiado pequeña y se separará y terminará en un relleno sanitario.

3

Una vez que termine Fiesta, no recicle su equipo festivo: dónelo si aún está en buen estado o deséchelo.

4

Los envoltorios de alimentos para tamales, tacos, churros y toda comida están contaminados si están en contacto directo con los alimentos. Tíralo si está grasiento o mojado.




earth day

SAN ANTONIO

"Quality Air, Quality Life"



WE ARE ALL RESPONSIBLE FOR WHAT HAPPENS

WHAT DOES YOUR FUTURE LOOK LIKE?

Artwork created by students from the Good Samaritan After-School Program who participated in the Fall 2018 Air Quality Academy

April 13, 2019

Woodlawn Lake Park

501 S. Josephine Tobin
San Antonio, TX 78201

10 am - 3 pm

RAFFLE GIVEAWAYS

FITNESS

KIDS ACTIVITIES

NATURE SCAVENGER HUNT

MUSIC

KAYAKS

MUCH MORE!

Event Coordinator: Sponsors:










By Leonard Rodriguez

This column highlights inspiring stories of Latino leaders. For more than 500 years, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding hispanics.



Carlos Santana

The world has grown to love the musical magic of Carlos Santana. Since he first began creating his sound in 1960, he has produced nine platinum and 14 gold albums. The first to earn CBS Records Crystal Globe Award for selling over 10 million albums, Santana was born in Mexico in 1947 and was playing the guitar at 13. By 1966, the music of Santana exploded on the streets of San Francisco. Performing before an estimated 13 million people and selling over 30 million albums, he is one of the greatest guitarists ever. Santana was recently inducted into Hollywood's Rock Walk of Fame.

Novena Los Tres Angels Protectores

Novena Los tres angels Protectores: San Gabriel, San Miguel, y San Rafael. Prenda 3 velas blancas en su plato con agua y azucar y haga su peticion. A los tres dias publique esta oracion. Aunque no crea mire que pasa el cuarto dia.

San Miguel Arcangel, San Miguel Arcangel, defiendenos en la lucha. Se nuestro amparo contra la perversidad acechanzas del demonio. Que Dios manifieste sobre el su poder, humildemente te lo pedimos. Y tu, oh Principe de la Milicia Celestial, con el poder que Dios te ha conferido, arroja al infierno a Satanás, y a los demas espíritus malignos que vagan por el mundo para la perdicion de as almas. Amen.

EARTH DAY

Educating the Public on Local & National Environmental Initiatives Westside Development Corporation Kicks-off Fiesta with San Antonio Earth Day 2019



Earth Day is an Official Fiesta San Antonio event, commemorating our

community's shared commitment to protecting the earth. Under the guidance of the Earth Day Committee, The Westside Development Corporation (WDC) has been responsible for organizing and hosting this event since 2016.

This year's event will take place at Woodlawn Park this Saturday April 13, from 10 am to 3pm.

In July 2018 San Antonio was designated by the Environmental Protection Agency (EPA) to be

in "non-attainment" due to high ozone levels., the Earth Day Committee has chosen "Quality Air, Quality Life" as the theme for 2019 Earth Day.

The staff at the WDC want to emphasize that improving air quality is more than a

desire to preserve the environment, it is a responsibility to the health and well-being of all San Antonio residents. The City of San Antonio's Earth Day Celebration is an opportunity to educate the public about local and national environmental initiatives. The event features environmental and science

exhibits, interactive displays, demos, crafts, games, food, and entertainment in an effort to grow comprehensive environmental policy and programming in our communities.

The day kicks off at 10:00 am with an Earth blessing from the Americans in Texas at the Spanish Colonial Missions (AITSCM) and then follows with an opening from Mayor Ron Nirenberg. Exhibitors cover a wide range of topics such as solar energy, water conservation, home energy efficiency, reducing our carbon footprint, vegan liv-

ing, composting, mulching, improving air quality, gardening with Texas friendly plants, urban farming, and much more!

On the tennis courts, there will be demonstrations of Yoga, Zumba, Core Rhythms with Fitness in the Parks instructors in addition to an obstacle course hosted by Camp Gladiator. Kayaking will be available on the lake as well as casting lessons from students at East Central H.S.

For the animal lovers, there will be yoga sessions on the lawn with Farm Yoga that includes baby goats, a goose, and possibly some potbelly piglets. Learn Nature and Zoomagination will also be participating with animal presentations that feature snakes, tarantulas, and other friendly-critters. The stage encompasses a wide array of performances that showcase San Antonio's

rich culture and creative flair.

The Westside Development Corporation (WDC) was founded in 2006 by the City of San Antonio Council and Mayor to address long-term economic development concerns in the inner Westside of San Antonio. The organization is committed to implementing planning and economic development initiatives that protect and preserve the culture and history but also create a viable, sustainable and thriving urban community. WDC operates as a 501(c)(3) and city delegate agency, receiving funds from the City of San Antonio, financial institutions, private foundations and individual donors to carry out its mission.

For more information please visit the Earth Day Event Page at <https://westsidedevcorp.com/earth-day-2019/>



Plan de Acción Climática

Por Ashley Alvarez

El Plan de Acción Climática y Adaptación ampliará su línea de tiempo para permitir revisiones adicionales y comentarios públicos. Se espera que el Ayuntamiento considere el plan este otoño.

“La acción y la adaptación a un clima cambiante son demasiado importantes para no hacerlo bien, y estamos tomando el tiempo necesario para elaborar un documento de consenso que alcance nuestras metas climáticas, representa todas las perspectivas y traza un curso para el futuro”, dijo el alcalde Ron. Dijo Nirenberg.

La CAAP incluye estrategias para reducir las emisiones de gases de efecto invernadero (GEI) de San Antonio que conducen a un clima más cálido, y sirve como un camino para cumplir los objetivos del Acuerdo

Climático de París, que el Concejo Municipal respaldó con una resolución el 22 de junio de 2017.

“Es fantástico que el borrador del plan esté generando un diálogo sólido y muy necesario con respecto a las vulnerabilidades y oportunidades de San Antonio ante un clima cambiante”, dijo la concejal del Distrito 7, Ana Sandoval. “Espero comunicarme con la comunidad empresarial y la comunidad en general para escuchar sus inquietudes y trabajar con ellos para asegurarnos de que terminemos con un plan que mejore la calidad de vida y posicione a San Antonio como un centro de trabajo líder en el Nueva economía de tecnología limpia”.

Los comentarios públicos adicionales y el alcance de las partes interesadas se llevarán a cabo hasta el 25 de abril. El

plan de lanzamiento está programado para su lanzamiento al público el 30 de mayo. La versión borrador del plan generó una gran cantidad de comentarios públicos, que se revisarán y considerarán durante el proceso de revisión.

Se alienta la retroalimentación en línea en sacclimateready.org o enviando un correo electrónico a Sustainable@sanantonio.gov. El sitio web de SA Climate Ready incluye un resumen del plan “Instantánea” y Preguntas frecuentes.

“La participación de la comunidad es fundamental para crear un camino para que San Antonio se adapte a un clima cambiante y siga siendo un lugar vibrante y saludable para las generaciones venideras”, dijo el Director de Sostenibilidad Doug Melnick. “Esperamos continuar con nuestro compromiso

con las partes interesadas mientras hacemos revisiones y clarificamos el plan”.

Si bien se reflejará una cantidad significativa de comentarios de la comunidad en el plan, los objetivos y el marco de políticas permanecerán intactos. Durante las próximas semanas, se publicará material en sacclimateready.org que documenta los comentarios recibidos hasta la fecha y un resumen de alto nivel de las revisiones y adiciones que se realizarán. Las actualizaciones incluirán:

- Lenguaje de condensación para aumentar la legibilidad
- Aclarar la intención del marco de equidad.
- Ajuste y clarificación de estrategias basadas en feedback.
- Incluyendo el caso de negocio de la acción.
- Identificando barreras o desafíos asociados con

estrategias.

- Identificar estrategias que son parte de los planes actuales de la Ciudad.
- Explicación detallada de la implementación del plan y la gobernanza.
- Resumen del compromiso público

El plan revisado se someterá a un período de revisión este verano, seguido de un proceso de aprobación que llevará a la consideración del Concejo Municipal. La adopción del plan por parte del ayuntamiento no generaría regulaciones. Cada estrategia será evaluada y revisada a través de sus propios procesos.

**Para más información
contacta 210-207-2098 o
ashley.alvarez@sanantonio.gov**

ALIVE and WELL

Adult Health Management program

Health and fitness planning for people over 35

***Lose Weight**

***Strength Training**

***Balance and flexibility**

Free Consultation: (210) 908-1490



RIVER CLICKS

PHOTO CONTEST





Prize packages worth up to \$1000

Contest runs March 8 — May 12, 2019

Learn more and upload photos at RiverClicks.org





NON-PROFIT HIGHLIGHT

Free Community Movie

Screening of “Icebox” at Eco Centro

Eco Centro hosts community movie screenings every month in partnership with the non profit volunteer organization called Humanity Strong Challenge. This Wednesday the organizations will present the HBO film, “Icebox” at 6 p.m at Eco Centro.

The free movie event will feature the story of a young migrant teenager, living in fear and violence and forced to leave his family, friends and country for a chance to escape violence and join a relative and new life in the US. His journey ends alone, in a cold detention center and no hope for asylum.

Eco Centro Director, Meredith Miller said, “We can’t talk about creating a sustainable environment until we create sustainable communities.” The motivation for the movie series is to create more friendships and fewer strangers by gathering community members in one room.

There will be popcorn, beverages, snacks and an informative discussion, regarding the movie theme. A guest speaker will host a discussion on the current state of immigration. All donations for the food items are welcome. All proceeds collected, go to help HSC and Eco Centro continue to bring more movie events like this.

Please visit Eco Centro for more information and get familiar with all of the spring and summer programming that is fast approaching.



WILLIAM R. SINKIN
ECO CENTRO

ALAMO COLLEGES DISTRICT
San Antonio College

William R. Sinkin Eco Centro is a community outreach center for environmental sustainability operated by San Antonio College and seed funded by a U.S. Department of Housing and Urban Development Hispanic Serving Institutions Assisting Communities grant.

THE MISSION: To cultivate the understanding, progress and practice of sustainability

THE GOAL: Eco Centro strives to positively address environmental challenges by providing the information needed to adopt more environmentally sustainable practices. Through education, outreach, service and research, Eco Centro advocates for the adoption of practical sustainable practices.

THE WORK: The William R. Sinkin Eco Centro serves as a demonstration center for organic gardening, composting, sustainable building, low impact development, water conservation, native landscaping, healthy living, developing community partnerships and more. The center provides meeting space for several local organizations and hosts community based and environmentally related events. By partnering with our local community, other environmental organizations, private industry, governmental agencies, and sustainability experts, the William R. Sinkin Eco Centro furthers its goals of education and advocacy on a local level and beyond.

THE REASON Rapid population growth, economic expansion, and excessive consumption of our natural resources necessitates a collective solution to the depletion of those resources most basic for survival and well-being. Sustainability has emerged as that solution and is of the utmost importance in making sure we have enough water, materials, and resources to lead productive, healthy, and comfortable lives. Each of us must do our part to conserve the natural environment on which we all depend.

William R. Sinkin Eco Centro 1802 N. Main Avenue San Antonio, TX 78212
(210) 486-0417 sac-ecocentro@alamo.edu <http://facebook.com/EcoCentro1>

Upcoming Events

APRIL 17

Monthly Meeting Food Policy Council of San Antonio
12:00 PM – 1:00 PM

A talk, guided meditation and discussion based on the book “How to Transform Your Life” by Geshe Kelsang Gyatso. Learn how to integrate Buddhist teachings and meditation into daily life so that you can apply a peaceful mind, wisdom and a good heart in every situation.

\$10, or \$5 for students and seniors.

7:00 PM – 8:30 PM

APRIL 22

Nature Buds: Tops and Bottoms
explore the various plant parts used for food.
for children 18 months to 4 years old and their caretakers.
\$5.00 per child or \$8.00 per family. Pay cash at the door.
10:00 AM – 11:30 AM

MAY 19

Learn how you can become a citizen scientist! The Texas Stream Team will be conducting a Core Water Quality Monitoring Training at William R. Sinkin Eco Centro.
9:30 AM – 2:30 PM

Bobcats Ganó su Cuarto Título Consecutivo

Red Sox con Victoria Ante Rieleros es Líder en Veteranos

Por Sendero Deportivo

Con victoria de 9 a 4 carreras el club de béisbol independiente Bobcats se adjudicó el segundo partido contra Indios de Nava. Bobcats dirigidos por el manager John Guzmán, su coach y jugador Richard Gonzales, y los asistentes Darryl Dullig y Richard Granado, finalizaron la temporada en el subliderato por debajo de Indios que fue el súper líder, mismo que en la campaña perdió lo invicto contra Highsox del Marine, Eddy Rodríguez.

Bobcats con pitcheo de su astro Jordan Hackett, que enfrentó a su duro rival Jason Guerra, en toda la ruta

permitió 4 carreras, 10 imparable y 2 errores. Guerra, aceptó 9 anotaciones, 9 hits y 2 errores.

Indios con su manager Juan Martínez (Pachín), y sus coaches Rudy Barrientez y Leandro Ordoñez, en la temporada se desplazaron jugando espectacular ofensiva y defensiva, lo cual en la serie final del playoff, les falló y tuvieron que ceder al consistente ataque ofensivo y defensivo de Bobcats, que se alzó con su cuarto trofeo de campeón ganado consecutivamente en Colt 45 Baseball League que administra Jaime Guerrero y su esposa Mary Guerrero, quienes al final del partido

presentaron los trofeos de campeón y subcampeón, así como donativos económicos por las cantidades de \$1,000.00 y \$300 respectivamente.

“Gracias a los equipos participantes y los finalistas, sus familias, y aficionados. Bobcats un gran campeón, y los Indios excelente organización de gran calibre beisbolero”, dijo Jaime Guerrero.

“Bobcats es un equipo familiar, beisbolistas que vienen jugando unidos desde la high school (South San H.S.). Nuestra disciplina deportiva es la base en cada partido de Bobcats, y hoy se pudo ver ese gran resul-

tado”, apuntó Guzmán.

“Bobcats nos derrotó en toda la línea. Indios no tuvo el brillo defensivo y ofensivo”, dijo Martínez.

Por Bobcats destacó con el bate el ex jugador profesional Johnatan Cisneros que pegó imparable en el octavo episodio produciendo par de anotaciones y así asegurar el triunfo, ya que Indios tuvo tardía reacción en el noveno capítulo y su compañero Ernest Belis, pego jonrón con dos corredores en bases.

En liga Veteranos de Potranco Baseball League, los resultados fueron. Broncos de Reynosa SA 8-6 ante Cardenales, con la segunda

victoria consecutiva para el fronterizo Óscar (Giro) Rodríguez en relevo al abridor Hugo Méndez. Cachorros 20 Westsiders 6. Red Sox de Pedro Espinoza y el coach René Juárez, ganaron el clásico a Rieleros con pizarra de 5-1, la victoria se la llevo Chris Lee con derrota para Luis Alfonso Velázquez y relevo de Héctor “Chupón” Morales. “Poco a poco vamos avanzando en el liderato de la temporada”, dijo Espinoza. “Falló el plan de juego en la defensiva y ofensiva de Rieleros. Hasta el quinto capítulo íbamos arriba 1-0”, explicó Juan Sánchez de Rieleros.

(Fotos por Franco)



Estilos Salon

Tuesday-Friday 10-6

Saturday 10-4

210.223.0990

"Looking good is the best revenge"



**BLUE PLATE
AWARD
WINNER!**

La Monita
tortilleria

Barbacoa, Tamales, Chicharrones
Masa y Tortillas

(210) 432-0332

3202 Guadalupe St, San Antonio, TX 78207

San Antonio's Final Steps to Climate Change

By Dr. Ricardo Romo

It never occurred to our grandparents, and in some case, our parents, that we could impact the weather. Climate was something no one could change. In Texas we often said that if you didn't like the weather, wait five minutes, it will change. All that thinking has gone out the window.

Last year Mayor Ron Nirenberg and the City Council ordered a study to determine what climate changes meant for San Antonio. The mayor received the report and added an introduction to the Climate Action and Adaptation Plan acknowledging that as a result of our changing climate, we face a "future that is projected to have hotter temperatures, longer droughts, and more intense rain events."

The path to finding solutions to our changing climate and its impact actually began with the Paris Agreement signed by Mayor Nirenberg in 2017. The Agreement "brings all nations into a common cause to undertake ambitious efforts to combat climate change and adapt to its effects."

By 2018 the environmental organization C40Cities, reported that "more than 70 mayors in America had committed "to develop and begin implementing ambitious climate action plans by 2020 and become emissions neutral by no later than 2050." In addition, 815 cities signed the One Planet Charter "to reinforce their commitment and take continued actions" to include, for example, zero emission

buildings thereby eliminating the use of fossil fuel energy to heat, cool, and light our homes and buildings. In addition, we must find ways to reduce the amount of trash we send to landfills or incinerators which contribute to the release of greenhouse gases to the atmosphere.

The climate change discussion has intensified over the last two months following the release of the draft report. Texas Public Radio reported that major decreases would need to occur in five categories: greenhouse gas emissions, dependence on carbon-based fuels, energy and buildings, transportation and land use, waste and consumption, water and natural resources, in addition to promoting climate equity which included people who are already socially vulnerable (for example, the elderly, the sick, and the poor)." As we have learned from the vast hurricane-related devastation in Puerto Rico, poor families cannot leave their community or homes, while wealthy families can move to luxury resorts or buy new homes when climate change impacts their Commonwealth.

San Antonio's City Council members decided this week that the topic of climate change was of such importance that they would vote in the fall of this year on how and when the city will implement stricter regulations on carbon emissions which are currently the leading culprits in climate change.

The increase of storms and drought around the world

have, in just the last decade, resulted in a rise of climate-related catastrophes. The authors of the San Antonio report took these warnings to heart. In the near future, the report noted, we could see a "significant increase in days with maximum temperatures above 100°F, a decrease in cool nights (those that reach temperatures below 80°F), less annual rainfall, and more intense storms."

The City Council discussed some of the pro and cons of the recommendations and took note of the warning that climate change also meant "more severe storms, and increased flooding," weather-related events that are increasingly occurring across America. In many poor neighborhoods of San Antonio flooding occurs annually because of poor flood controls and severe storms add to existing drainage problems. The same climate challenges, the report predicted, "will be magnified by our warming planet."

San Antonio does not appear to be on track with reducing carbon emissions. Sierra Club local organizer Greg Harman wrote that "US industrial greenhouse gas emissions responsible for the rapid warming of the earth may have dipped slightly last year, but in San Antonio, they took a sharp jab skyward, according to numbers released last week by the US Environmental Protection Agency (EPA)."

The San Antonio Current commented that the Climate Action and Adaptation Plan



"which outlines a path for San Antonio to become climate neutral by 2050, has faced criticism from business interests, which argue the details are too vague and could decimate the city's growth. Meanwhile, some environmentalists worry the proposal doesn't go far enough".

Brendan Gibbons of the Rivard Report wrote about the climate plan noting that "To fulfill its city council's promise to act on climate change, San Antonio must reduce its greenhouse gas emissions to net zero by 2050."

In essence, Gibbons noted, "within 30 years, CPS Energy would have to completely quit coal and natural gas... (and) San Antonio must have only electric or other carbon-free vehicles on its roads by 2050." What happens if we don't act or delay for decades a reduction of gases and pollutants? Likely we would see a rise in our home energy bills and days when heat and air quality would prevent us from outdoor activities and work.

Storms such as Hurricane Harvey in Texas and Hurricane Maria in Puerto Rico would continue to wreak havoc on our homes and busi-

nesses.

Much has to be done to improve auto and truck emissions as well as increase energy efficiency that heats and cools our homes. Government regulations are only part of the solution to reducing the release of greenhouse gases. In the end, such goals require that we all find ways

to reduce our energy consumption. Among the things we can do now are: turn off the lights when we leave the room set our thermostats at reasonable temperatures, and buy energy efficient appliances, automobiles and trucks. To reduce waste and save energy, Austin just announced an offer to their residents for "free home composting and chicken keeping classes, and qualifying Austinites can even apply for a \$75 rebate for the purchase of a home composting system or chicken coop."

The City of Austin Utilities newsletter claims that "the average chicken can eat close to seven pounds of food scraps a week and can provide you with eggs, fertilize your grass and eat bugs in your yard." The race to save the planet is on!

The Green Party Must Gather 90,000 Signatures in 75 Days to Appear on the 2020 Ballot

By R.Eguia

Although there are dozens of political parties in the United States, only certain parties qualify to have the names of their candidates for office printed on election ballots. In order to qualify for ballot placement in Texas, a party must have 5 percent of the vote in their county.

Herb Gonzales, a volunteer with the Bexar County Green Party group, said that 5 percent of registered voters in San Antonio is 90,000 people.

That is a lot of people. Gonzales said that all of those signatures must be collected in person with physical signatures within 75 days.

The Green Party of Texas is the state party organization for Texas of the Green Party of the United States. The party was



founded as the electoral arm of the political movements grassroots dedicated to democracy, social justice, ecological wisdom, and peace/nonviolence. The aim of the movement is to bring change to the Government that it is brought in line with the Global Greens Charter.

After November 2016, the Texas Green Party does not have ballot access, though they had it continuously since 2010, and the two cycles following its founding, 2000–2002. Greens have won local offices

in Texas in the past.

The Bexar county Greens have been active in San Antonio since 1999 and they are currently

seeking volunteers to aid in the collection of signatures next spring in preparation for the 2020 presidential election. The San Antonio group meets on the first Sundays of every month at Mission Branch Library on the southside.

For more information on how to support the party, contact Herb Gonzales at hgonza10@hotmail.com.

11Th Annual Guadalupe Avenida Childrens Fair
Hosted By the Guardians of the Children Von Ormy

Music by: SA Fire Back Draft

Free Bike Raffle for Kids



Date: Saturday April 13, 2019
Place: Plaza Guadalupe
 1313 Guadalupe Street
 San Antonio Texas 78207
Time: 11:00 am to 3:00 pm

Come join us, free Hot Dogs,
 Free Popcorn, Free Cotton Candy, Free
 Drinks. Register to win a free Bike.
 Face Painter and Balloon maker





























- THE JEWEL OF ART DANCE STUDIO PRESENTS -



**SATURDAY
APRIL 20, 2019
12PM-7PM**

**LIVE MUSIC,
DJ's, ARTISTS,
DANCERS,
FOOD,
& MORE...**

**1909 FREDERICKSBURG RD
SAN ANTONIO · TX · 78201**

**FIND US ONLINE! @TWFB
JEWELOFARTDANCE.COM**

FREE ADMISSION

LÚCELO AHORA, PÁGALO DESPUÉS

LLANTAS, RINES Y REPARACIONES



TEXAS TIRES

LIFT KIT Por solo

\$0 A \$40

DE ENGANCHE

No necesita credito
Aceptamos ITIN

**3304 Frederickburg Rd.
San Antonio, Texas 78201
www.texastires27.com**



FUENTES/SANCHEZ **LANIER SCHOLARSHIP FUND DANCE**

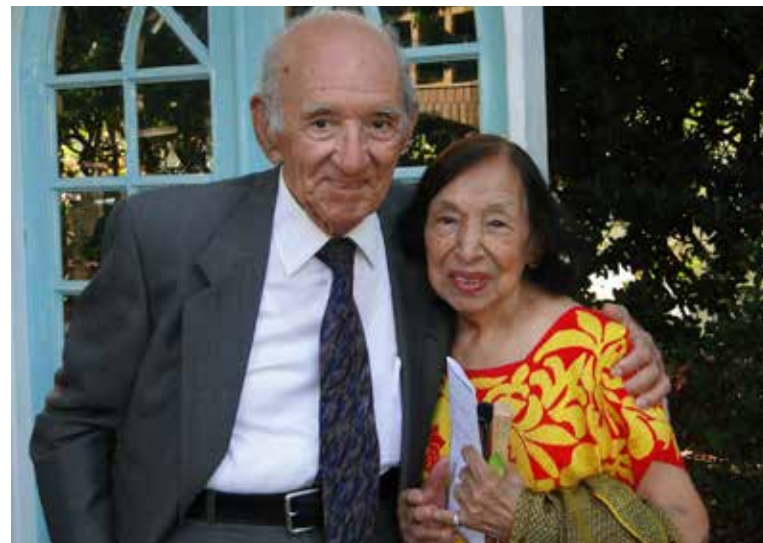
Saturday, April 13, 2019 | 8pm - 12am
Esperanza, 922 San Pedro Ave.

\$7 entrance, but any more donations are appreciated.

100% of the proceeds fund scholarships for
 graduating seniors of Lanier High School.

Applications for this scholarship are available
 through the Senior Counselors at Lanier.

For more info, call 210.228.0201!



Fuentes/Sanchez Scholarship Fund committee What: The Fuentes/Sanchez – Sidney Lanier High School Scholarship Dance When: Saturday, April 13 from 8pm – 12am Where: The Esperanza Peace and Justice Center, 922 San Pedro, San Antonio, TX Cost: \$7.00 or more

The Fuentes/Sanchez - Sidney Lanier High School Scholarship Dance is set for Saturday, April 13, 2019 at the Esperanza from 8pm to 12am. Proceeds will be used to provide scholarships for graduating Lanier High School students who will be attending college during Fall 2019. Applications for this scholarship are available through the senior counselors.

This annual scholarship dance will include

music by DJ “El General.” The attire is dressy casual to semi formal. Food, antojitos, and refreshments will be sold. Monetary donations for the scholarship awards are appreciated. Raffle prizes, etc. will gladly be accepted. Tickets are \$7.00 each, although donations of any amount beyond \$7.00 are appreciated. 100% of the funds raised will go to scholarships for Lanier High School students who qualify for the Fuentes/Sanchez Scholarship Fund.

The scholarship is named after Isabel Sanchez, Enrique Sanchez, and Amelia Fuentes who have for the last several years raised scholarship funds to help and encourage students in the near Westside of San Antonio attend college. All three of these in-

dividuals attended and graduated from Lanier High School and have committed their lives to being education advocates for inner city students. Their commitment to the education of the students in San Antonio’s near Westside may be witnessed as they visit local schools and help in afterschool programs.

The Sanchez’s presence may be seen at a variety of events, from dancing to salsa music anywhere they can find salsa music playing, to attending and participating in marches, to speaking out on behalf of their community at City Council meetings.

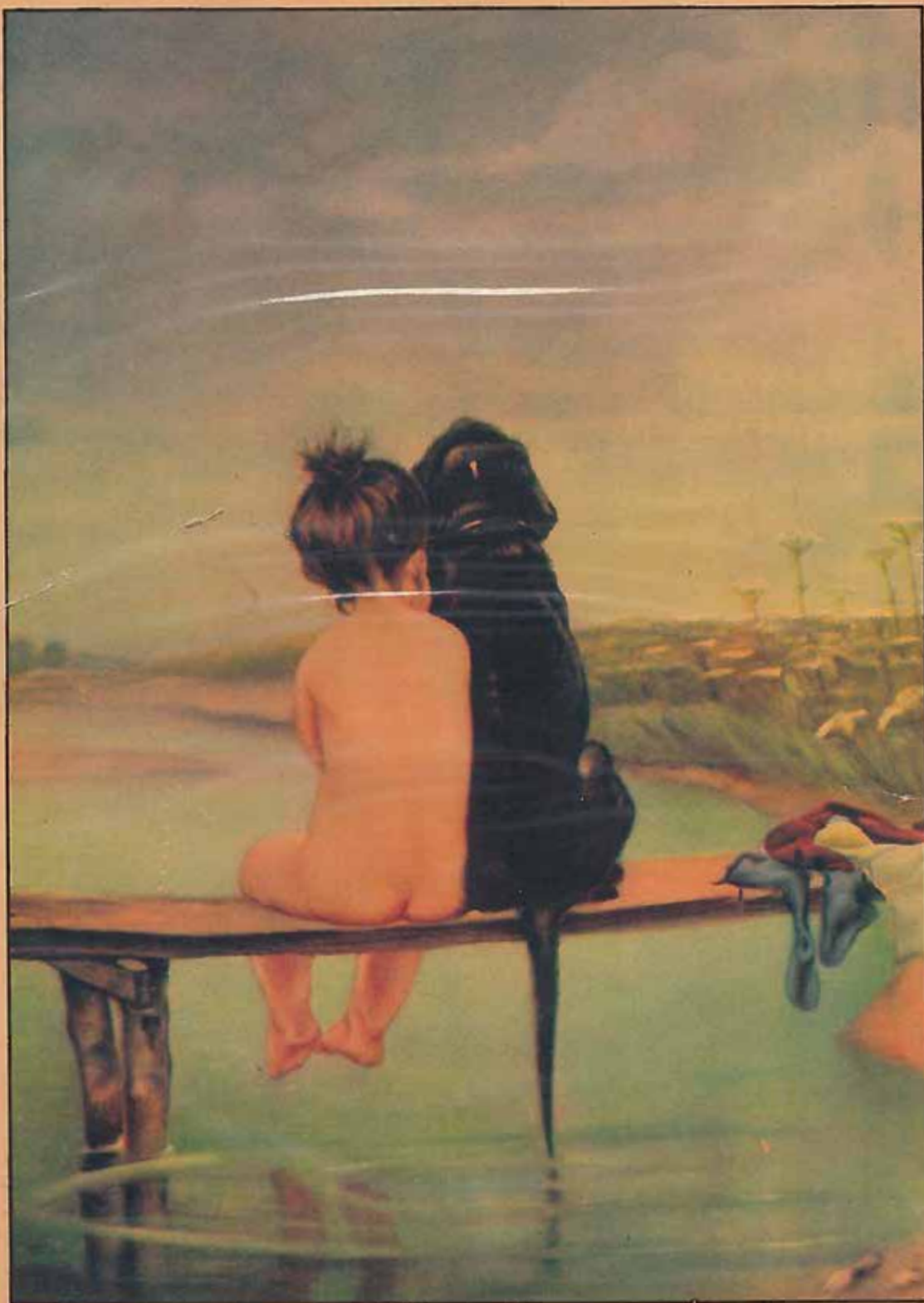
For more information, please contact Isabel or Graciela Sanchez at 210.621.8148 or Eliza Perez at 210.228.0201.

THIS DAY IN LA PRENSA HISTORY

DIRECTOR: Ignacio E. Lozano

LA PRENSA
DIARIO POPULAR INDEPENDIENTE

SAN ANTONIO, TEXAS
Domingo, 11 de Abril de 1934



CAMARADAS, por Carlos Penhein

STEEVEN SANDOVAL



**EMPIRE
THEATER**

ticketmaster®

PRESENTED BY



**SATURDAY
MAY 4, 2019**

7:30 PM

LOG ON TO MARIACHIMUSIC.COM FOR MORE INFORMATION OR CALL MUÑOZ PUBLIC RELATIONS AT (210) 225-3353.

LEGAL NOTICE

Application has been made with the Texas Alcoholic Beverage Commission for a Package Store Permit, Beer Retail Dealer's Off Premise License and a Local Cartage Permit by Shri Guru Charanam Inc./Jagir Patel

dba La Fiesta Liquor to be located at
3401 Nogalitos San Antonio, Bexar
County, Texas.

Officers of said Corporation are Jagir
Patel, Director & Sonalben Patel,
President

EVENTOS ESPECIALES

Manu Dice “Gracias San Antonio”

Por Sendero Deportivo

Manu Ginóbili, ex guardia del baloncesto profesional y olímpico, nativo de Bahía Blanca, Argentina, de 41 años de edad próximo a cumplir 42, y con nacionalidad italiana, en la grata compañía, de su esposa Marianela Oroño, sus hijos gemelos Nicola y Dante de ocho años de edad y el menor Luca próximo a cumplir cinco años, asistió al estadio AT&T Center, donde la empresa Spurs Sports & Entertainment (SS&E), le rindió emotivo homenaje durante el retiro de su jersey la No.20, la cual fue elevada al cielo del mencionado estadio.

La playera 20, ha sido la novena que los Spurs retiran en un lapso de 43 temporadas. Ginóbili, quien jugó su última temporada en 2017-18, sumó 16 campañas jugadas en la NBA con el mismo equipo (Spurs de San Antonio), con el que hizo terna al lado del delantero estelar Tim Duncan y el guardia francés titular Tony Parker, con quienes logró triunfar en 575 partidos, y con ello establecer marca en la NBA como el trio con más partidos ganados.

La base de fanáticos de Spurs, estuvo presente en el AT&T Center, tomándose fotografías con los cuatro trofeos Larry O'Brien, en los que Manu participó ganándose en las temporadas 2003, 2005, 2007 y 2014. También participaron en las subastas de artículos que Manu donó a la fundación de Spurs, Silver and Black Give Back (SBGB), aceptando regalos alusivos que la cadena de supermercados H-E-B donó a cada espectador con boleto pagado.

Al final del partido Spurs vs. Cavaliers de Cleveland, que fue ganado por San Antonio con pizarra de 116-110, se llevó a efecto la develación de la jersey 20. En la ceremonia conducida por el ex jugador Sean Elliott, se presentaron Gregg Popovich, entrenador en jefe, Duncan, Parker, Fabricio Oberto, ex compañero de Manu en el seleccionado nacional de Argentina, y el jefe administrativo RC Buford. “En 1999 me encontraba a la mitad del río Amazonas, cuando recibí la noticia sobre mi selección en el Draft NBA 1999. No lograba aceptarlo el haber sido escogido por una gran franquicia (Spurs). Mi viaje de 16 años en la NBA, me ha dejado excelentes experiencias, y el respeto de la afición. Gracias San Antonio”, dijo Ginóbili.

Entre la trayectoria de Manu, para haber sido homenajeado, fueron sus grandes atributos dentro y fuera de la cancha de juego. Ginóbili, tiene en su vitrina de trofeos, anillos de la EuroLeague, Juegos Olímpicos Atenas 2004 (medalla de oro), y las cuatro argollas de la NBA ganadas con Spurs. Su marca personal con San Antonio, es de 2,014 puntos, 635 rebotes, 576 asistencias, 226 encestes triples. 630 encestes, y 528 encestes en tiros libres. *(Fotos por Franco)*



EVENTOS ESPECIALES

Cesar Chavez March

Photos by Steve Walker



Bexar County Sheriff Javier Salazar, La Prensa Texas Publisher Steve Duran, Henry Rodriguez & daughter, Queta Rodriguez, Firefighter Rudy Morales, Councilman D.I Roberto Trevino, Jose Carrasquillo "El Padrino" Donovan Rodriguez, Gene Marck, friend with recently elected St. Rep. Ray Lopez & wife, former Councilwoman Lourdes Galvan, Mayoral candidate Dr. John Velesquez & sign, former HISD Board Member Jay Alaniz, Tomas Larralde, participants, cars, busses, Guadalupe Center

SPORTS

Gracias Manu

By Jessica Duran

Growing up in San Antonio from the age of 5, all I've known is the greatest era in Spurs franchise history and one of, if not the greatest trios of all time in NBA history – Tim, Tony, Manu, led by Coach Pop. Those three and Pop could be known as the Four Horseman.

While all three players have made an impact on the city of San Antonio on and off the court, only one

has truly made a lasting impact and that's Manu Ginobili. Manu has brought the Latino community together in San Antonio like no others have. He's a Euro League Champion, Olympic Gold Medalist, 4 time NBA Champion, and Sixth Man of the Year Award winner. And he modernized the modern euro step move that so many superstars perform in games today like Russell Westbrook, James Harden,

and Stephen Curry.

With his rightful place in the rafters at the AT&T Center next to his friend and former teammate, Tim Duncan, he is immortalized in Spurs history.

I could list every single accomplishment, stat, important charitable participation Manu has ever done in San Antonio and in Argentina, but we'd be here all day.

He's more than just the awards and statistics. He's

Manu Ginobili. He's the guy who played practical jokes on the sidelines on teammates and on Spurs TV broadcasters Bill Land and Sean Elliot. He's the guy who spoke Spanish at the championship parade in 2003 for Spanish speaking fans. He's the guy who made kid's days at the children's wing at Christa Santa Rosa hospital. To me, he's the guy who made my grandmother smile and laugh through

every tough period of time, until her last day, and for that I am forever grateful.

Manu was and still is a symbol of hope and accomplishment in the Latino community of San Antonio. And while Tim Duncan is forever Mr. Spur, Manu will always be the heart and soul of Spurs Nation and the city of San Antonio and for that, we will be forever grateful. Gracias Manu!

FINANCIAL FOCUS

What Can You Do With Your Tax Refund?

By Edward Jones

We're getting close to the tax-filing deadline. For many of us, this means it's that time of year when we get our biggest financial windfall – a tax refund. If you have recently received a refund, or are expecting to get one in the next few weeks, what should you do with it?

Of course, you could just spend the money on something you want, but if you'd like to maximize the financial benefits from your refund, you might want to consider other options, including the following:

- Invest the money. In 2018, the average tax refund was about \$2,700. For this year, it might be somewhat

lower, due to changes in the tax laws and the failure of taxpayers to adjust their withholdings in response. However, if you were to receive in the neighborhood of \$2,700, you'd be almost halfway to the annual IRA contribution limit, which, in 2019, is \$6,000. (If you're 50 or older, you can put in up to \$7,000). If you have already "maxed out" on your IRA, you could use your refund to fill in gaps you may have in other parts of your investment portfolio.

- Pay insurance premiums. Let's face it – nobody really likes paying insurance premiums. Yet, if you have anyone depending on you, you will certainly need life

insurance, and possibly disability insurance as well. And if you want to help protect your financial resources later in life from threats such as an extended – and hugely expensive – stay in a nursing home, you also may want to consider long-term care insurance. Your tax refund could help pay for some of these premiums, boosting your cash flow during the months you would normally be making these payments.

- Contribute to a college fund. It's never too soon to begin saving for college, which has grown increasingly expensive over the last several years. So, if you have young children,

you may want to think about investing some or all of your refund into a college-savings account, such as a tax-advantaged 529 plan.

- Pay off debts. You might be able to use your refund to pay down some debts – or perhaps even pay off some of your smaller ones. The lower your monthly debt load, the more money you will have available to invest for the future. Keep in mind, though, that you might not want to look at all debts in the same way. For example, putting extra money toward your mortgage might help you pay it off faster, but you'll also be funding an asset – namely, your house – that might not provide you with the same

liquidity as you can get from investments such as stocks and bonds.

- Help build an emergency fund. By building an emergency fund containing six to 12 months' worth of living expenses, you can help yourself avoid dipping into your long-term investments to pay for large, unplanned-for bills, such as a major car repair or an expensive dental procedure. Your tax refund could help build such a fund, with the money ideally being placed in low-risk, liquid vehicles.

Clearly, you can help yourself make progress toward a number of your financial goals with your tax refund – so put it to good use.

Noni's Sweet Treats

5526 Ghost Hawk St.
San Antonio, TX 78242

210-232-3786

NoniSweetTreat@yahoo.com



Leaving Your Employer? Understand Your 401(k) Options.

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call or visit your financial advisor today.



Ernest J. Martinez
Financial Advisor

1344 S Flores St
Suite 205
San Antonio, TX 78205
210-354-4915



www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Native Plant Society of Texas–San Antonio

Grants Benefit Medina River Natural Area

By Andrew Awalt
At Large Board Member
Native Plant Society of Texas
San Antonio

The Medina River Area provides opportunities for hiking, biking, fishing, picnicking, exploring, and rest for residents in south San Antonio. With the help of a grant from the Native Plant Society of Texas–San Antonio (NPSOT-SA), monarch butterflies and other pollinators will have another area to rest and refresh as well. For the second year, NPSOT-SA provided partial funding for projects in the Medina River Natural Area. The Chaparral Demonstration Garden, funded in 2017, was built and planted last year. The new Monarch Butterfly Meadow is designed to beautify the park, to educate and provide recreation for the public, and provide habitat for wildlife. George Ozuna is a member of NPSOT-SA and co-leader of the Salsa Squad. The Salsa squad is a group whose “mission is to remove toxic and dangerous plants and



grasses from nature and work to restore and beautify our environment.” George Ozuna sought the grants in part because “The Medina River Natural Area is the only City of San Antonio natural area located south of the International Airport. The other six natural areas were chosen to serve the city north of the airport. It’s important to highlight the only underserved, under-represented, underfunded, understaffed, and ignored natural area that serves the rest of the city south of the airport.” The grants help to foster community projects to show the importance of using native plants to

improve the environment. Several grant recipients have used the funding to demonstrate support for their project, which helps to get more funding.

In the latest round of grant awards, NPSOT-SA will provide funds to help install a three-acre Monarch Butterfly Meadow in the Medina River Natural Area. The meadow will provide food and breeding areas for the monarch butterflies that travel through South Texas as they migrate to and from their wintering grounds in Mexico. It will also provide a place to show the public and school groups the importance of habitat for the monarch. According to Craig Wilson, a research associate with Texas A&M University, monarch numbers have increased 144% this year. This is due in part to the increase in milkweed in Texas, which is essential to the larval monarchs. The effort depends on the public planting and preserving milkweed stands. The meadow will add host and nectar plants for the mon-

archs. It will demonstrate plantings that benefit these spectacular insects. The life cycle of the monarch depends on preservation of habitat where they overwinter in Mexico and having food and host plants on the way as they migrate. Texas plays a vital link in this cycle. The site is located on the main east/west trail near the entrance. According to George Ozuna, “The 3.5 acres was mostly invasive weeds and grasses. Thousands of native plants and grasses that are butterfly/pollinator friendly will be established. We hope that the plant seeds spread out into the rest of the natural

been extensively removing invasive plants and grasses preparing for the seeding in late September.” Anyone wanting to help can join the Salsa Squad by email at gardenarch@yahoo.com. Training is available.

The Chaparral Demonstration Garden at the Medina River Natural Area was funded in part by a NPSOT-SA grant and installed last year. The garden includes brick paths, seating, and a picnic area. It is landscaped with low water-use native plants. It serves as an entrance to the trails and shows how native plants can be used in a home landscape. The landscape



area.” Site preparation work has begun on the meadow. George Ozuna adds, “We will be building in a trail through the meadow so people can see the beauty of these native species and how it is good for butterflies and other pollinators.” He adds that “The Salsa Squad has prepared the area for months since the beginning of last fall. We have

was installed by community volunteers from the Native Plant Society, Master Naturalists, Salsa Squad, and the City of San Antonio Parks Department. The plants were watered by City Parks Department crews to get them established, but one year later they live mostly on rainfall. A great thing about native plants is that they are adapted to our



area. During drought, they can go dormant and revive and burst into bloom when it rains again. Non-natives will often just die, and need to be replaced. The Demonstration Garden includes orange zexmenia (*wedelia acapulcensis* var. *hispida*) https://www.wildflower.org/plants/result.php?id_plant=WEACH, a small blooming shrub. It can survive in the driest conditions in a pasture, but when rains come will bloom from May to November. In a home landscape, where it can be watered occasionally, the orange zexmenia will thrive in the hottest and sunniest part of a landscape. It is a perennial, so it will not have to be replanted each year. As the landscape matures and develops, it will provide beauty and habitat and food for wildlife. Native landscaping uses much less water and becomes a natural part of the environment. The garden replaced invasive Bermuda grass with a beautiful and dynamic landscape.

The NPSOT-SA Monarch Butterfly Meadow and Chaparral demonstration garden are two of several projects that were given grants by the Native Plant Society of Texas- San Antonio. The grants provided seed money, which helped in obtaining more funding. George Ozuna says that "The Alamo Area Master Naturalists were also a major monetary contributor the United States Navy (Salsa Squad Division) and Douglas King Seed were of major assistance." The City of San Antonio Parks Department

provided assistance with installation and maintenance. The Grant Program "seeks to increase San Antonio NPSOT chapter member participation in commu-



nity projects that promote the use of native plants and the conservation and restoration of native plant habitats through education, outreach, and example. Additionally, the program strives to educate members and the local community about the value and use of native plants and plant habitats. Finally, the program encourages research related

to the conservation and restoration of native plants and native plant habitats. Applications are reviewed each year." See <https://npsot.org/wp/sanantonio/>

grant-program/ for more information on how to apply for a grant.

The NPSOT-SA program is funded by the Bexar Roots plant sale in the fall and spring. The sale provides an opportunity to purchase native plants that are not always available at nurseries, and to advise what will grow best in your yard, no matter how dry,

wet, sunny, or shady. The next sale is on Saturday, April 27th, 2019 from 9am to Noon at Phil Hardberger Park East. (13203 Blanco Road) See <http://tinyurl>.

com/BexarRoots for more information.

The Medina River Natural Area has 511 acres with seven miles of trails. The trails wind through the Medina river bottom and are well shaded by large old trees. Visitors can expect to see different plants and animals regardless of the season. George Ozuna says that "The Medina River

Natural Area has some of the greatest biodiversity of any of the city natural areas." The Monarch Butterfly Meadow and the Chaparral Demonstration Gardens will enhance the experience of every visitor, providing a place to appreciate and learn about the natural world. George Ozuna says that "the public can see possibilities this kind of beauty in their own homes, local parks, and open spaces." The natural areas preserve and highlight how the landscape looked before agriculture and development altered the landscape. As San Antonio grows, preserving these spaces will be more important for us to maintain connection with the natural world. The Medina River Natural Area is located at 15890 Highway 16 South and is open from sunrise to sunset. Please see http://fosana.org/portfolio_page/medina-river-natural-area/ for more information on visiting this unique area.

To get involved with the Native Plant Society, please see: <https://npsot.org/wp/sanantonio/> for meetings and programs throughout the year.



Becoming a Better Listener



By Tammy C. Perez

Do you want to improve your relationship with your family or friends? Did you know that communication and listening skills are the most determining factors of any successful relationship? Most communication between



individuals involves listening, unfortunately, not everyone effectively listens to the message being communicated leading to misunderstandings, arguments, or severed relationships. When we practice mindfulness, we can concentrate and become active, empathetic and compassionate listeners.

Like any behavior, effective listening can be learned with practice. Before starting a conversation with a

person, make it a priority to give them your full attention. Consider what knowledge or insight you can gain from this conversation. Actively listen by being attentive, engaged, and open-minded to their concerns. Being empathetic to their experiences helps you better understand their point of view. Ask yourself, "How would you react in their situation?" Perspective is everything! Make sure your interpretation of the message

is accurate before judging or making a comment. During a disagreement, make sure not to react based on your emotions being triggered. Many relationships are negatively affected by words being communicated out of anger or jealousy. During a heated argument, be the bigger person and remove yourself from the situation to refocus and calm down.

When communicating with a child, learn to be patient and not interrupt. Be respectful of your child's feelings by allowing them to fully express how they feel and what problems they are facing. Most children have trouble regulating their

emotions and tend to breakdown when they can't solve a problem. It's extremely important that parents make themselves available, listen carefully, give advice when needed and try to understand their child's perspective of the situation. Remember, "put yourself in their shoes". Doing these things can greatly improve the communication between you and your child leading to a stronger relationship.

For more information on the services provided by TCP Marriage & Family Service, call our office at (210) 516-2607 or visit our website at www.tcpmfs.org.



Aisha Chapa
aisha@Core35Realty.com



c: 210.429.2669
o: 830.542.9353

2163 Stephens Place Suite 102
New Braunfels, TX 78130



SNL STAFFING

¡Se Solicita!

- Operadores de Forklift
- Trabajadores para labores general
- Trabajadores para empacar
- Producción



Para mas información llama a
Jennifer al (210) 822-2120 ¡Llama Hoy!

8301 Broadway Street, suite 407,
San Antonio, Texas 78209

The Lighthouse Seafood



Everyday Lunch Special
Monday - Saturday
Hours: 11 a.m. - 9 p.m.



Best Seafood in San Antonio!

(210) 785-9333

1212 Fredericksburg Rd
San Antonio TX, 78201

Just a Thought

Earth Day in SA



Steve Walker is a Vietnam Veteran, former Justice of the Peace and Journalist

By Steve Walker

Earth Day is an exciting time to be outside, creating, exploring, and celebrating the Environment. For those who live in San Antonio, these special events inform us how to protect the resources which are essential to the well-being of San Antonio and surrounding cities. I live in Helotes. There will be a diversity of booths, educational activities, delicious vegetarian and vegan food, envi-

ronmental speakers, live music, outdoor games, giveaways, a raffle and fun for the entire family. The Official City of San Antonio Earth Day 2019 event as well as an official Fiesta Event, will take place next Saturday, April 13th 10 a.m.-3 p.m. at Woodlawn Lake Park, 501 S. Josephine Tobin. Having attended for a number of years at Woodlawn Lake Park it is exciting and the crowds increase as the day progresses. Parking can be a problem as well. Carpooling makes it easier for many staying all day. Kids can be viewed as scampering everywhere. I have seen a number of people attending that I see year after year. Who knew? As I just noted, Earth Day San Antonio is an Official Fiesta San Antonio event and is put on by the Westside Develop-

ment Corporation and The Earth Day Committee. The event every year seeks to educate San Antonio residents and visitors on the value of protecting the environment and on practices that can preserve or improve our communities. We know that protecting our environment is a good thing for healthy living by securing clean water, nutritious food, and clean air for our city. Conserving our natural ecosystems provides opportunities for inspiration and outdoor recreation. We should all be invested in protecting these rights and opportunities for future generations.

Hopefully, the temperature will be pleasant and no rain or excessive wind this Saturday. Celebrate Earth Day since it only happens one day in the year!!

COMPROMETIDOS CON UNA PRODUCCIÓN DE ENERGÍA ACCESIBLE, CONFIABLE Y AMBIENTALMENTE SOSTENIBLE

Texas se encuentra a la vanguardia del renacimiento energético de Estados Unidos. La producción de energía de Estados Unidos está llegando a niveles históricos y con eso también nuestro compromiso con el medio ambiente y con las comunidades donde operamos y empleamos a nuestros vecinos, familiares y amigos.

Es por eso que creemos en la importancia de contar con infraestructura avanzada en tubería, que nos ayude a transportar su energía de manera segura desde el punto A al punto B. Al mismo tiempo reduciendo las emisiones para un aire más limpio y ayudando a mejorar el tráfico, al quitar pipas de transporte de combustible de la carretera.

Invertimos en tu seguridad, trabajo y un entorno más saludable en las áreas donde trabajamos, vivimos y jugamos. Estamos aquí en cada paso del camino hacia un futuro mejor para todos los tejanos.

MÁS PRODUCCIÓN DE ENERGÍA DE LOS ESTADOS UNIDOS, MENOS IMPACTO AMBIENTAL

LA PRODUCCIÓN DE GAS NATURAL ES SUPERIOR AL (1990-2017) **57%** ↑

LAS EMISIONES DE METANO DE GAS NATURAL DISMINUYERON UN (1990-2017) **14%** ↓

DISMINUCIÓN DEL **14%** EN LAS EMISIONES DE DIÓXIDO DE CARBON (2007-2017)

© Copyright 2018. Pagado por el Instituto Norteamericano de Petróleos. Todos los derechos reservados.

POWER
PAST
IMPOSSIBLE.ORG
- AMERICAN PETROLEUM INSTITUTE -

TXOGA
Texas Oil & Gas Association | Since 1919

LA PRENSA TEXAS

SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

Follow us on:



@LaPrensaTexas

Nancy's
CAFE

OPEN
6 Days a Week
Mon - Sat
6 a.m. - 3 p.m.
Closed Sunday

609 West Ave, San Antonio, TX 78201

Lunch Special
Lunes - Viernes

\$5.99
con Tea

- Lunes - Pollo en mole
- Martes - Enchiladas mexicanas
- Miercoles- Pollo c/ calabaza y elote
- Jueves - Enchiladas festival
- Viernes - Asada de puerco

Breakfast Specials Every Day **\$3.99**

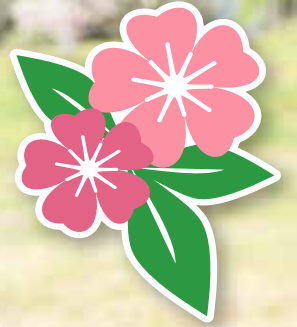
Breakfast Tacos

- Chorizo & egg
- Bean & egg
- Bean & cheese
- Bean & chorizo
- Potato & egg
- Papa Ranchera

\$2.99

No mix.
3 x \$2.99

Orders to go:
(210) 455-9292



Spring is Here!

... but so is Allergy Season.
We can help!

CentroMed

Palo Alto Clinic

9011 Poteet Jourdanton Fwy.

Noemí Galván Eling Clinic

5542 Walzem Rd.

Santa Rosa Pavilion Ctr.

315 N. San Saba, Ste. 103

Women's & Pediatric Clinic

3127 S.E. Military Dr.

South Park Medical

6315 S. Zarzamora

Pediatric Clinic

1034 W. County Line Rd.
New Braunfels

Southside Medical

3750 Commercial Ave.

Family First Clinic

9135 Schaefer Rd., Ste. 4, Converse

Family Medicine Clinic

226 North Union Ave.
New Braunfels

Berto Guerra Jr. Clinic

5439 Ray Ellison Blvd.

Maria Castro Flores Clinic

7315 S. Loop 1604 West

Evening & Weekend Appointments Available

Accepting Medicaid, CHIP, Medicare and most Private Insurances.

Free Pregnancy Testing • Hablamos Español

Accepting New Patients! Call Today (210) 922-7000