

LA PRENSA TEXAS

SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

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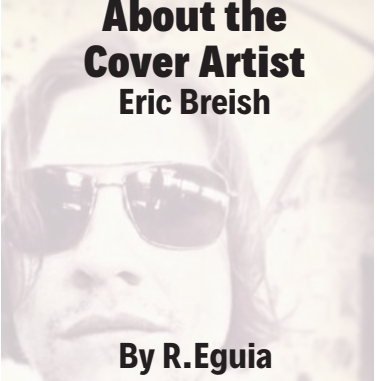
How the 60's Changed San Antonio

Viva El Westside
Political Revolution in
the 1960s

**Heliport at S.A.
Hospital Falls In**

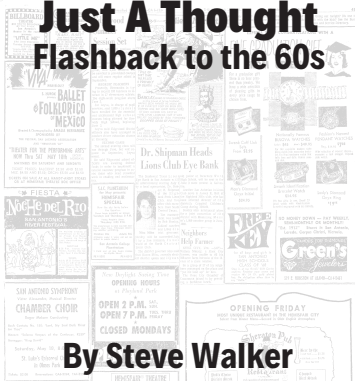
By Dr. Ricardo Romo

**About the
Cover Artist**
Eric Breish



By R.Eguia

Just A Thought
Flashback to the 60s



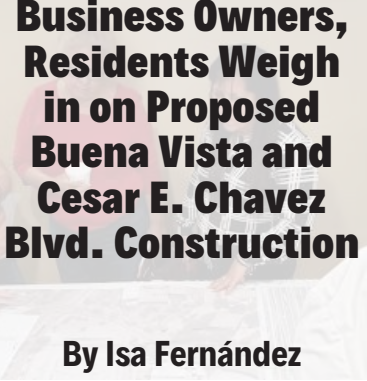
By Steve Walker

**Lobo Romero y
Malancas Ramírez**
Recibirán tributo por
cuatro décadas de
trayectoria en el fútbol



Por Sendero Deportivo

**Business Owners,
Residents Weigh
in on Proposed
Buena Vista and
Cesar E. Chavez
Blvd. Construction**



By Isa Fernández

LA PRENSA TEXAS

This grass roots publication is the life source for a community that is not easily afforded viable access to diverse and accessible media. San Antonio and the surrounding counties have become accustomed to relevant news brought to them in both English and Spanish since 1913.

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WESTSIDE DEVELOPMENT CORPORATION

The mission of the Westside Development Corporation (WDC) is to foster economic development, promote the development and redevelopment of real estate within its target area, create viable urban communities, and preserve the character, culture and history of the Westside.

The vision is a vibrant Westside community where people want to live, work, and visit.

Leonard Rodriguez
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Let's Talk About it...

Is Border Activism a Crime?

By Yvette Tello

Scott Warren, an activist with the Tucson-based No More Deaths, is charged with three felony counts of allegedly "harboring" undocumented immigrants. For years, No More Deaths and other humanitarian aid groups in southern Arizona have left water and food in the harsh Sonoran Desert, where the temperature often reaches three digits during summer, to help refugees and migrants survive the deadly journey across the U.S. border. Warren was arrested on January 17, 2018, just hours after No More Deaths released a report detailing how U.S. Border Patrol agents had intentionally destroyed more than 3,000 gallons of water left out for migrants crossing the border. Is it right to leave water and food in the deserts for illegal immigrants or should that be a crime too? Let's talk about it...

Juan González:

"A humanitarian aid volunteer is heading to trial for providing food, water and shelter to two undocumented migrants. Scott Warren of Ajo, Arizona, faces up to



20 years in prison. Warren is a geographer who volunteers with No More Deaths and Ajo Samaritans, two southern Arizona-based humanitarian aid organizations. For years, the groups have left water and food in the harsh Sonoran Desert to help refugees and migrants survive the deadly journey across the U.S. border. "

Gloria M Corbin:

"You did right Scott."

Mimi Phillips:

"We savor our desert, but this desert, right around our

town, where we recreate, held 57 bodies, 57 remains of human beings, last year. Fifty-seven. Do you find remains in your parks, in your golf courses, in your neighborhood playgrounds? What would that make you feel like?"

Mary Jones:

"May the spirits of our brothers and sisters walk in beauty for eternity. Thank you, creator."

Scott Rodriguez:

"I think one important thing to mention is that people

in Ajo and other local communities on the border have always been providing humanitarian aid and have always responded to people being in need. People have provided food and water to folks who are crossing the desert who are in desperate condition. They have responded to rescue people who are in the desert. They have found and recovered the bodies and the bones of people who have died in the desert. So, that's been going on for forever, basically, and has been a fact of life for people who live there."

LA PRENSA TEXAS
SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

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About the Cover Artist

Eric Breish

By R.Eguia

The cover art this week is called “MK ULTRA” by Texas born artist, Eric Breish. Project MKUltra, also called the CIA mind control program, is the code name given to a program of experiments on human subjects that were designed and undertaken by the United States Central Intelligence Agency—and which were, at times, illegal. Experiments on humans were intended to identify and develop drugs and procedures to be used in interrogations in order to weaken the individual and force confessions through mind control. The project was organized through the Office of Scientific Intelligence of the CIA and coordinated with the U.S. Army Biological Warfare Laboratories.

The operation was officially sanctioned in 1953, was reduced in scope in 1964, further curtailed in 1967, and recorded to be halted in 1973. MKUltra used numerous methods to manipulate people’s mental states and alter brain functions, including the surreptitious administration of drugs, especially LSD. Amid legal issues involving informed consent,



Eric Breish

there were also many volunteers, most notably Ken Kesey, author of One Flew Over the Cuckoo’s Nest who volunteered for MKUltra experiments involving LSD and other psychedelic drugs at the Veterans Administration Hospital in Menlo Park while he was a student at nearby Stanford University. Kesey’s experiences while under the influence of LSD inspired him to promote the drug outside the context of the MKUltra experiments, which influenced the early

development of hippie culture.

Born in Houston, TX in 1979, Eric Breish spent his childhood in various cities in Texas and Oklahoma. Upon graduating high school, Breish joined the Marine Corps at age 18 and moved to San Diego, CA. in 1998.

After being honorably discharged and a decorated Sergeant in 2001, he attended Full Sail University in Florida where he earned an A.S. Degree in Recording Arts, a B.S. Degree in

Entertainment Business and graduated Salutatorian in 2005. He returned back to San Diego in 2005 where he worked for a company that designed clothing for action sports companies such as Hurley and Billabong. It was these formative years that planted the creative seed and would ultimately grow into an interest in visual arts.

In 2007, Eric moved back to Houston, TX where everything would change. While visiting Houston’s arts district, Eric came across a gallery called New Gallery. It’s here that he first saw the work of internationally known artist Andreas Nottebohm. Immediately he was fixated with metal art. A meeting soon took place between Eric and Andreas and a strong friendship developed. In 2008, Eric started studying under Andreas and has been ever since. It was this mentorship that pushed Eric to find his own voice artistically while carrying on the tradition of this very unique style of metal art.

Although Eric doesn’t currently have a formal degree in art, he believes the lack of formal education has allowed him to create a style that is not only unique and



36”x79”
MIXED MEDIA ON
HARDBOARD
PRIVATE COLLECTION
Courtesy of AnArte Gallery

powerful, but one that can’t be learned inside of a classroom. It’s his mentorship and dedicated studio hours that have allowed him create an impact in the South Texas art scene. Eric has shown in group and solo exhibitions in South Texas and his work resides in private, public and corporate collections throughout the United States.

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Viva El Westside Political Revolution in the 1960s

When Henry B. Gonzalez ran for the U.S. Congress in 1961, he was seeking an office that no other Mexican American had ever held. In the previous decade Gonzalez had earned a reputation as a liberal political force in the state capital of Austin. Writing in *Texas Monthly* in 2001, Jan Jarboe commented: "He (Henry B. Gonzalez) had an ego that demanded life-or-death combat, the heart of a philosopher, and the bladder of an elephant." Jarboe was re-

During John F. Kennedy's 1960 run for the White House, Gonzales, then a popular Texas State senator, proved to have a valuable network and enough political clout to lift the Texas Viva Kennedy campaign to a successful outcome. There had never been a Latino get-out-vote drive of this magnitude. Gonzales campaigned with vice president designate Lyndon B. Johnson in San Antonio's Westside. Johnson and Gonzalez were instrumental to bringing

[illegible]

SAN ANTONIO

Cantinfla,

Mexico's most famous movie personality, to a Westside rally. Kennedy defeated Richard Nixon in one of the narrowest presidential victories of the American presidency. Newly elected President Kennedy, grateful for Texas support, rewarded San Antonio for its support by appointing Rep. Paul Kilday to a federal post, opening up Kilday's congressional district 20. Gonzalez, a seasoned 44 year old political warrior, ran for the seat and won a resounding victory for the democratic party.

In our panel session we asked Charlie Gonzalez a number of questions related to his dad's major legislative achievements as well as his insights into the many political challenges Gonzalez senior faced. Professor Rivas-Rodriguez was especially interested in questions of identity and the Congressman's very public fight with a number of Westside Chicano political activists.

The sixties was a "coming of age" for political activism across America and indeed militant rhetoric was common in Black and Latino communities. Charlie Gonzalez reminded the audience that his dad didn't like most of the ethnic labels, and everyone from that era knows that Henry B. Gonzalez never embraced the term Chicano.

Gonzalez's displeasure with heightened ethnic pride

and ethnic terms such as Chicanismo had much to do with his upbringing. Henry B. Gonzalez's parents fled Mexico in 1911 at the beginning of the Mexican Revolution. Gonzales, who was born in 1916, first lived off North Flores Street in a neighborhood popular with Mexican immigrants, including prominent Mexican exiles and refugees.

First generation Mexican immigrants believed that one day, when the Mexican Revolution was over, they would return to Mexico. Many Mexican immigrants of that generation did not seek or consider American citizenship.

Two future presidents of Mexico lived or frequented Gonzalez's neighborhood during the years after the Gonzalez family's arrival in San Antonio. Francisco Madero arrived in San Antonio in 1910 shortly after his arrest by Federalists under the orders of Mexican dictator, Porfirio Diaz.

Madero's wealthy family was able to get him released from jail. Madero jumped bail and fled to San Antonio. While in San Antonio, Madero met daily with other Mexican political exiles to plan for a revolution. According

to Paula Allen, when Madero fled to New Orleans in early 1911, another political exile and future Mexican president, Venustiano Carranza, moved into the same rooming house.

Madero and Carranza lived in San Antonio for short periods of time, but the fact that they returned to Mexico reinforced the idea that life in America for Mexican immigrants was temporary. This seemed especially true for those who had held political office like Leonides Gonzalez, Henry B's father who was former mayor of Mapimi, Durango.

Henry B. Gonzalez, who had been born in the United States, apparently did not share his parents' dream of one one day returning to Mexico. As a young teen, Gonzalez felt that he was more American than Mexican, thus his difficulty with accepting ethnic terms, including Mexican American.

During the sixties, America witnessed political disruptions, three high profile political assassinations (John F. Kennedy, Robert Kennedy, and Martin Luther King), cultural innovation, and conflict, both domestic and international, of an unprecedented nature. The United States was witnessing cultural change expressed in rock

and roll music and dance, as well as the advent of feminism, youthful defiance of the "establishment," and, of special significance, the gradual collapse of segregation.

Soon after arriving in the nation's capital, Gonzalez went to work on securing legislation that would expand the rights of minorities

to vote. For decades many states had imposed a poll tax as an effort to discourage low income adults from voting. The repeal of the poll tax was especially significant in Texas where Latinos and Blacks had a low voter participation due to the cost of voting.

There was much political work to do, particularly in voting rights, equal rights in employment, and housing. Four years after securing passage banning the poll tax, Gonzalez lined up prominently in support of President Lyndon B. Johnson's 1965 Voting Rights Act.

San Antonio was one of the first cities in the South to fully desegregate schools and open up department store lunch counters to African Americans. These early civil rights victories were important in that they made San Antonio a model city where racial strife had been avoided and progress in inclusion came at a steady pace. Gonzalez also saw that San Antonio needed jobs and as a young U.S. Congressman, Gonzalez, with a vast

network of political connections, secured federal funds to bring Hemisphere 68 to San Antonio.

Henry B. Gonzalez was a pioneer in the world of Texas politics. He entered politics at a time when many thought it was impossible for a Mexican American to win political office in Austin or Washington. Because of

Gonzalez's early successes in the Texas legislature, Mexican Americans from South Texas followed his lead. Irma Rangel is but one example. A Kingsville Democrat, Rangel won her seat to the Texas House of Representatives in 1976, becoming the first Mexican American woman elected to the Texas Legislature.

Our Westside political leaders continue in their quest for equality and justice, better jobs, and greater educational opportunities. Much remains to be done. Other leaders from the Westside who have followed in the path created by Henry B. Gonzalez include Henry Cisneros, Leticia Van de Putte, Hope Andrade, Julian and Joaquin Castro, and Charlie Gonzalez. They and others have provided extraordinary leadership and continue to contribute to making San Antonio a model city.

HemisFair

Wednesday To Date
Through the Gates 25,830 1,051,745
Up the Tower 8,318 244,889

Thursday, May 16

NEW BRAUNFELS DAY

5:00 p.m. Arlington, Texas High School Chorus — Amphitheater at Convention Center.
6:40 p.m. San Antonio Jazz Band — Ford Pavilion (until 10 p.m.)
6:30 p.m. Dave-Devil High Five Artist Henri t.u. Meib—Special Events Plaza east of Bell Pavilion also 9 p.m.
7:30 p.m. "Christ in Concrete City" — Project Y Theater
8:30 p.m. Ballet Folklórico de México — Theatre for the Performing Arts.
9:00 p.m. John F. Kennedy High School Band (San Antonio) — Amphitheater at Convention Center
10:00 p.m. Pavilions close. Restaurants, Entertainment and Night spots remain open.
Midnight Grounds close.

CONTINUING EVENTS

Alluv, Inc. presents Surfers from Science (program of television different films)—10, 10:35, 11:30 p.m.; 12:15, 1, 1:45, 2:30, 3:15, 4, 4:45, 5:30, 6:15, 7, 7:45, 8:30 and 9:15 p.m. (Inquire at Alluv Pavilion for schedule of film titles)
Bavarian Beer Garden Restaurant — Bavarian Entertainers (8 p.m. to closing)
Coca-Cola Pavilion—Kaleidoscope by Ed and Mary Kraft—

Scans of the Light in 1968 are courtesy of Manuel Garza

La Senador Cornyn Reconoce Al Alamo Colleges District Para El Premio Nacional Baldrige

Por Kay C. Hendricks

En una ceremonia especial recientemente, el Senador John Cornyn (R-Texas) reconoció al Distrito de Alamo Colleges por su logro distintivo de ser el único sistema de colegios comunitarios en la nación que ha sido honrado con el Premio Nacional a la Calidad Malcolm Baldrige, el más alto reconocimiento nacional de organizaciones. excelencia.

“Es un honor para mí otorgar esta placa de felicitaciones y la bandera de los EE. UU. Que ha volado sobre el Capitol Building en Washington, DC al Distrito de Alamo Colleges en reconocimiento a este gran logro”, dijo el Senador Cornyn. “Felicitó al distrito, a su junta directiva y al canciller, el Dr. Mike Flores, por hacer un excelente trabajo de servicio a los estudiantes y establecer un estándar alto para que otras instituciones de educación superior lo emulen”, agregó.

El Senador Cornyn entregó la placa y la bandera al Presidente de la Junta de Fideicomisarios del Distrito

de Alamo Colleges, Marcelo Casillas, y los Fideicomisarios, Dra. Yvonne Katz y Roberto Zarate, quienes expresaron su agradecimiento y reconocimiento al Senador Cornyn.

“Es muy significativo que el senador Cornyn se tome el tiempo de honrarnos de esta manera”, dijo Casillas. “Estamos muy orgullosos de nuestro logro Baldrige, y es muy gratificante que

nuestro senador estatal lo haya reconocido”, agregó.

En el distrito de Alamo Colleges, la educación de alta calidad y los costos asequibles brindan un valor

excepcional a los estudiantes y exalumnos que contribuyen de manera importante a la economía y la cultura de nuestra comunidad. Para más información, vaya a alamo.edu.



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NON-PROFIT HIGHLIGHT

Autism Treatment Center

Celebrates The Opening Of Its New Learning Center With A Grand Opening Ceremony

By R. Eguia

On Wednesday, May 29, The Autism Treatment Center (ATC) hosted a grand opening ribbon cutting ceremony to celebrate the completion of its 20,000 sq. ft. new Learning and Opportunity Center for children and adults with autism.

With this new facility, ATC is able to expand the capacity of its specialized education and vocational programs and add new services that address unmet needs for families of children and adults with autism in the San Antonio area. U.S. Representative Will Hurd (TX-23), ATC Board Member Ron Botello and Tracy Garcia, parent of an ATC student were there to make brief remarks.

Garcia's son Thomas, a student with autism spectrum disorder, was 13 years old when he enrolled in ATC's education program. Now 19, he will be one of the first students to transition into the expanded adult services at the new center. Thomas and other graduating students with autism will have access to vocational training in culinary arts and food service, horticulture and retail sales in real world settings that improve their opportunities for community employment.

According to the Education Service Center for Region 20



that serves public schools in Bexar and surrounding counties, the number of students diagnosed with autism in local public schools increased 49% from 3,777 students in

2013 to 5,607 in 2016.

The new learning center is located on the North East side of San Antonio and compliments the nearby treatment facility.



The mission of the Autism Treatment Center is to assist people with autism and related disorders throughout their lives as they learn, play, work and live in the community.

ATC is a private, nonprofit, 501(c)(3) corporation providing its services 24 hours a day, 365 days a year.

Services include residential, educational, therapeutic, adult programs and research.

Autism Treatment Center was established in Dallas in 1976 when autism was still a largely mysterious developmental disorder. A small group of six parents, all with children with autism, spent several years carpooling 70 miles every day to and from the North Texas Behavior Program. When their children "aged-out" of that program and were no longer eligible to receive their services, this group of parents came together to find a solution. Their children were older now, but were no less autistic. As with many innovations, the Center was born out of necessity. ATC has a long history of parents advocating for their children and helping to shape its growth. Each program developed addresses a specific need for the children and adults needing our services. When asked about the history of the Autism Treatment Center, Executive Director, Anna Hundley said, "Parents are the backbone and were the driving force behind ATC."

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Hours of operation:

Monday – Thursday 8:00 am – 6:30 pm (last therapy session at 5:30 pm)

Friday 8:00 am – 12:00pm for makeup sessions, evaluations, and limited openings for treatment

Lobo Romero y Malancas Ramírez

Recibirán tributo por cuatro décadas de trayectoria en el fútbol

Por Sendero Deportivo

Armando Carranza, entrenador técnico del equipo La Piedad FC, en colaboración con el entrenador Gregorio Aguilar, los jugadores y copatrocinadores Marcos Caballero y Rudy Rivera, en fecha próxima dentro del rol regular del mes de junio en el circuito Liga La Cantera, presentaran merecido tributo al futbolista José (Lobo) Romero y el entrenador técnico Alberto (Malancas) Ramírez.

El reconocimiento es basado en la trayectoria que Romero y Ramírez, han tenido por espacio de cuatro décadas. Malancas como directivo y Lobo, en calidad de jugador. Romero, nativo del poblado El Zorro, municipio de La Piedad de Cabadas, Michoacán, México, a la edad de trece años comenzó a jugar en el balompié regional, posteriormente en San Antonio (Texas), en el año de 1987, fue fichado por Ramírez, para que militara en su nuevo equipo Pique FC el cual fundó en 1986 durante el Mundial FIFA México '86 y cuya mascota del equipo mexicano (El Tricolor), llevó ese nombre.

Ramírez, nativo de la ciudad de San Luis Potosí, antes del Pique FC dirigió en 1984 al club San Luis, con Pique, recientemente pasó el bastón a Carranza, quien hizo buena labor en la División Especial, donde quedó tercer lugar, y fueron eliminados en la serie de semifinal.

Lobo Romero, con Pique FC llegó a tener de compañeros a sus hermanos Jorge, Alfredo y Sergio, lo cual fue un orgullo para su señor

padre Alfredo Romero Mendoza (QEPD), quien disfrutó verlos dentro de la cancha.

Malancas Ramírez, quien fue beisbolista en su natal San Luis Potosí, tuvo la satisfacción de haberse inclinado por el balompié, porque su hijo Rudy, fue parte del equipo preparatorio en Fox Tech, y luego con Adrián, en el circuito infantil y juvenil. Ambos llegaron a militar con Pique, durante varias temporadas.

Romero, es un jugador que cubre todas las posiciones dentro de la grama, indico que no fue un jugador goleador, porque su plan de juego siempre fue repartir el balón entre sus compañeros, dejando ver que fue un goleador promedio y ahora listo para despedirse jugando su último partido con La Piedad, del cual es patrocinador.

“Me considero listo para jugar cuando se me dé la oportunidad, pero será mejor alinear cuando tenga la fecha exacta para así poder celebrarlo con música de mariachi durante todo el partido”, dijo Romero.

“Es bueno que se acuerden de uno, por nuestra trayectoria en el fútbol soccer. Estoy satisfecho porque tuve a mis hijos jugando para el Pique, lo cual les agradezco. Doy gracias a mis hijos Rudy y Adrián, porque en ocasiones ellos estuvieron al frente del equipo, y mi esposa Graciela, por el apoyo que nos dio por tantos años. Sin descartar a jugadores que defendieron los colores del Pique y a Lobo Romero, por su juego y patrocinio”, exhortó Malancas.

“El tributo es en reciprocidad, porque se me dio oportu-



nidad de comenzar a jugar fútbol en San Antonio con Pique. Por ahora que Malancas, dejó el equipo en mis manos, estamos listos para seguir adelante y reconocerles su trayectoria. La Piedad, en la temporada que comenzó, tendrá buenos jugadores

y refuerzos ya que nuestro deseo es dedicarles el campeonato a Lobo y Malancas”, apuntó Carranza. Las placas de honor, van a ser donadas por los esposos Aurorita y Nicolás Torres, propietarios del restaurante Caballito del Mar, ubicado en el 951 New

Laredo Highway. “Estamos listos para colaborar en ese gran evento deportivo”, dijo el señor Torres. En las fotos aparecen Adrián con su papá Alberto Ramírez, Lobo Romero y Armando Carranza.

(Fotos por Franco)



RCP Usando Solo Las Manos

HOJA DE INFORMACIÓN



By Leonard Rodriguez
This column highlights inspiring stories of Latino leaders. For more than 500 years, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding hispanics.



Photography by Claudia D. Hernández
courtesy of <https://mag.uchicago.edu/arts-humanities/radical-curiosity#>

Ana Castillo
Celebrated novelist, poet and essayist, Ana Castillo has long been considered one of the Pioneers to materialize from the chicana experience. Her “Mixquiahua Letters” earned the Before Columbia Foundation’s America book award and her work “So far from God” won her the Mountains and Plains Bookseller Ward and the CarlSandahlburg Literary Award in fiction. The recipient of a fellowship from the National Endowment for the Arts for creative writing, she wrote “Otro Canto,” “Women are not Roses” and “My Father was a Toltec.” Hailed as “one of our finest she got a novelist,” by celebrated Chicano author Rudolfo Anaya, she’s been featured alongside renowned Chicano writers Sandra Cisneros, Julia Alvarez and Denise Chavez.

¿Por qué aprender la RCP usando solo las manos?

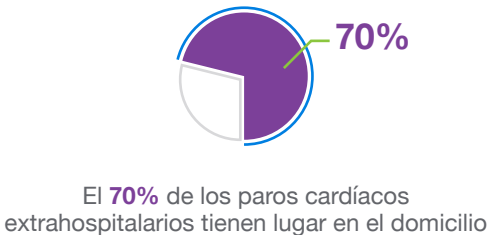
El paro cardíaco es una alteración eléctrica del corazón que produce un ritmo cardíaco irregular (arritmia) e interrumpe el flujo de sangre al cerebro, los pulmones u otros órganos. Es una de las principales causas de muerte. Cada año se producen más de 350.000 paros cardíacos extrahospitalarios evaluados por el SEM en Estados Unidos.

La supervivencia de las víctimas de paro cardíaco depende de que alguien cercano realice la RCP inmediatamente.

Según la American Heart Association, aproximadamente un 90% de las personas que sufre un paro cardíaco extrahospitalario muere. La RCP, especialmente si se realiza de inmediato, puede duplicar o triplicar las probabilidades de supervivencia de las víctimas de paro cardíaco.

Marque la diferencia con un ser querido

Si tiene que realizar la RCP ante una emergencia, es más que probable que la víctima a la que intenta salvar sea un ser querido: su hijo, su pareja, sus padres o un amigo.



Se ha demostrado que la RCP usando solo las manos es tan eficaz como la RCP convencional en caso de paro cardíaco en el domicilio, en el trabajo o en algún lugar público.

La RCP usando solo las manos consta de dos pasos muy sencillos en este orden:

- 1



llame al 9-1-1 si ve a un adolescente o a un adulto que sufre un colapso súbito
- 2



comprima fuerte y rápido en el centro del pecho al ritmo de una canción conocida que tenga un ritmo de entre 100 y 120 compresiones por minuto

La música puede salvar vidas

Algunos ejemplos de canciones son: “Stayin’ Alive” de los Bee Gees, “Crazy in Love” de Beyoncé con Jay-Z, “Hips Don’t Lie” de Shakira o “Walk the Line” de Johnny Cash. La gente siente más confianza realizando la RCP usando solo las manos y recuerda mejor la frecuencia si, durante el entrenamiento, se sigue el ritmo de una canción conocida.

Cuando realice la RCP, debe comprimir el centro del pecho con una frecuencia de entre 100 y 120 compresiones por minuto, que se corresponde con el ritmo de los ejemplos de canciones anteriores.

Dedique 90 segundos a aprender a salvar una vida

Vea el video de demostración de 90 segundos. Visite heart.org/handsonlycpr para ver el video instructivo sobre RCP usando solo las manos y compártalo con las personas importantes de su vida. La RCP usando solo las manos es una introducción natural a la RCP y la AHA anima a todo el mundo a aprender RCP convencional como siguiente paso. Puede encontrar un curso de RCP en su región en heart.org/findacourse.

NOTA: La AHA aún recomienda la RCP con compresiones y respiraciones para bebés y niños y víctimas de ahogamiento, sobredosis de drogas o personas que colapsan debido a problemas respiratorios.

WEST SIDE

Business Owners, Residents Weigh in on Proposed Buena Vista and Cesar E. Chavez Blvd. Construction

By: Isa Fernández

With many locals noticing the business class clamoring to do business on the West-side, attendance was high for a City of San Antonio Department of Transportation and Capital Improvements (TCI) public meeting where plans for updates to Buena Vista and Cesar E. Chavez Blvd. corridors were unveiled at a pre-construction public meeting held Tuesday, May 21, 2019 at the San Antonio Downtown Market Square Holiday Inn.

COSA Capital Projects Officer Joey Doctor led the meeting with engineering consultants (AECOM), contractor (Jerdon Enterprise) and staff on hand to provide context and answer attendee questions concerning planned improvements on Buena Vista and W. Cesar E. Chavez corridors. Business owners present during the meeting represented several Market Square and Farmer's Market businesses and area hotels. UTSA Downtown, VIA Metropolitan Transit, Pape-Dawson Engineers and concerned citizens from across the city were also in attendance. Representatives from impacted council districts five (Councilwom-

an Shirley Gonzales) and one (Councilman Roberto Trevino) also introduced themselves to attendees and provided commentary.

The Buena Vista corridor project, funded by the 2012-2017 Bond (in the amount of \$2.5 million), focuses on improved pedestrian connectivity on Buena Vista (between Frio & Santa Rosa) and includes:

- New curb, sidewalks and driveway approaches
- Widened sidewalks under IH35
- Pedestrian lighting on corridor under IH35
- HAWK signal at S. Leona St. (officially known as a Pedestrian Hybrid Beacon) to allow protected pedestrian crossings, stopping road traffic only as needed
- Pedestrian signal upgrade at Buena Vista & S. Pecos-La Trinidad
- New Americans with Disabilities Act (ADA) compliant wheel chair ramps
- Mid-block crossing at Dolerosa & S. Concho St.
- New pavement markings
- Brick pavers adjacent to Market Square and under IH35
- Landscape improve-

- ments east of IH35
- Irrigation system
- Tree preservation plan

Construction is scheduled to begin June 17, 2019 and projected to be complete February 2020.

Updates to W. Cesar E. Chavez Blvd., also funded by the 2012-2017 Bond (in the amount of \$2.4 million), seeks to improve pedestrian connectivity for Cesar E. Chavez, Blvd. between Urban Loop & IH35 and includes:

- New curb, sidewalks and driveway approaches
- Pedestrian crosswalk between UTSA & Double Tree Hotel
- New pavement markings
- New ADA wheelchair ramps
- Removal and replacement of brick pavers at Urban Loop median
- Pavement widening on Cesar E. Chavez Blvd. between Urban Loop & IH35 with brick paver median width reduced
- Painted median striping
- Tree preservation plan

Construction is scheduled to start September 2019 and projected to also be completed by February 2020.

Plans also call for aesthetic and lighting enhancements added to both corridors "as appropriate and within available funding." As both the east and west of Interstate 35 are in the boundaries of Zona Cultural (a recently designated by the State of Texas as a certified Cultural District) many of its concepts will be included in order to "harness the power of cultural resources to stimulate economic development and community revitalization."

As such, style, substance and preservation are goals that maximize culture and minimize environmental impact.

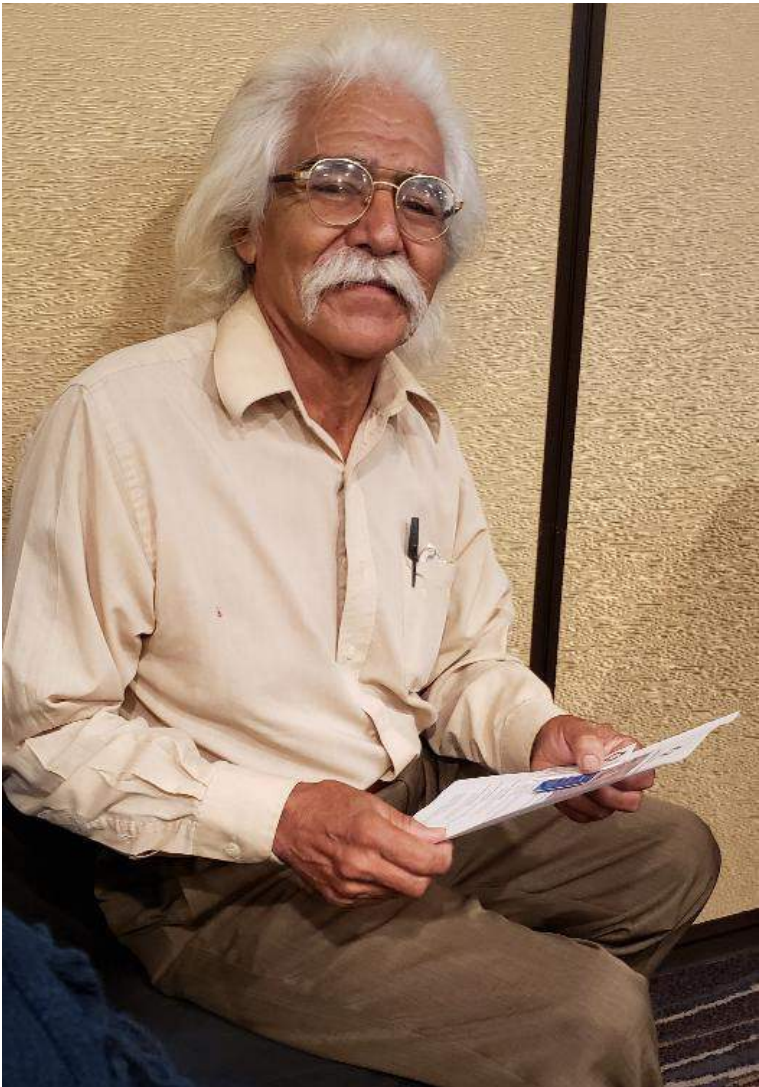
Attendee response included several concerned citizens commenting on the pedestrian crossing in the vicinity of Urban Loop and Cesar Chavez, prompting discussion. A Market Square and Farmer's Market small business owner asked if there would be a bike built into the plan to help promote access to businesses. Upon request for clarification, COSA Media Relations Specialist Darlene Dorsey explained that "the original scope of this project did not include accommodations for vehicle or bicycle improve-

ments. However, those types of improvements could be considered in the future."

Citing the recent closure of an ice house located in the area in order to create parking for development, a community member who attended the TCI meeting speaking on condition of anonymity, said that he felt the areas of Buena Vista and Cesar E. Chavez Blvd. to be a "business void" for with the exception of larger, established businesses. He added, "Due to gentrification that has taken place when urbanization came in, the Mom & Pop stores, the molinas where you get your tortillas and the small homes that were there are gone... they're taking away part of the barrio." His hope, along with many at the meeting, is that "all market square needs to be represented," he noted, especially those who speak only Spanish need to be outreached to.

For more information on the Buena Vista and Cesar E. Chavez Blvd. Pre-Construction process and to suggest improvements, please contact COSA at 210-207-8022 or joe.doctor@sanantonio.gov.

EXPANSION



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FINANCIAL FOCUS

Are Women Better Investors Than Men?

By Edward Jones

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Most of us would probably agree that men and women frequently behave differently, and these differences often show up in professional, family and social situations. Of course, this certainly doesn't mean either gender has an advantage in these areas. However, here's an interesting question: Do women possess attributes that may make them better investors?

Some evidence suggests this may indeed be the case. Consider the following:

- Long-term focus –

Women seem to focus more on long-term goals, according to some studies, whereas men may concentrate more on short-term track records of potential investments. Generally speaking, taking a long-term approach to investing is a good strategy because it can help you maintain discipline and avoid subjecting yourself to the dangers of overreacting to market swings. One such danger is selling an investment whose price may have dropped but may still have strong fundamentals and good prospects.

- Less frequent trading – A well-known study from the University of California found that men traded investments 45% more frequently than women. Other, more recent studies have produced somewhat different results, but the overall picture does

seem to show that women do significantly less buying and selling than men. This tendency is important because frequent trading can undercut a long-term, cohesive investment strategy. If you're constantly buying and selling, you won't give some investments a chance to achieve their full growth potential, and you might disrupt the diversification necessary for long-term success.

- More thoughtful decisions and more receptiveness to professional advice – Women take more time to make investment decisions than men, and more readily accept investment recommendations from financial professionals, according to a survey from InvestmentNews. And women are more likely to consult a professional financial advisor in the first place, according

to a study from the Spectrem Group, a financial research firm. Given the number of factors involved in successful investing – setting long-term goals, evaluating risk tolerance, navigating volatile financial markets, diversifying investment portfolios, and so on – it's important to get solid financial and investment advice from trained, experienced professionals.

- Greater risk aversion – When it comes to savings and investing, women are generally more risk averse than men, according to a large-scale survey by BlackRock, a global investment management firm, and supported by numerous other surveys and studies. Having a greater risk aversion can help women investors reduce the likelihood of incurring short-term losses from highly volatile or

speculative investments. Nonetheless, it's not really possible to avoid all investment risk – and it's probably not even desirable. In fact, there may well be a flip side to women's risk avoidance, in that an overly conservative portfolio won't produce the growth potential needed to achieve long-term goals. And this indeed is a danger to which women investors should be alert. Generally speaking, neither excessive risk nor excessive caution will serve investors well.

A long-term perspective, avoidance of excess trading, willingness to take advice from professionals, and careful risk management – these characteristics of women investors can be of value to everyone. Consider putting them to work for yourself.

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EVENTOS

Piratas de Sabinas SA imponen dinastía

Por Sendero Deportivo

Con tres campeonatos consecutivos ganados en los primeros años del “Torneo Sabinas” y cinco en el béisbol regional independiente de la región de El Álamo, el club Piratas de Sabinas SA, continua firme imponiendo su dinastía, como el mejor equipo con más trofeos en su vitrina categoría Abierta.

Piratas, con el apoyo del señor Guadalupe Guerrero Sr., sus hijos Milton, Guadalupe (Lupillo) Jr. David, y Daniel Guerrero, el manager Sergio De Luna, los coaches-jugadores, Iván Rubinsky y Mauricio Esparza, el capitán y jugador de cuadro Brayan Guerrero (hijo de Guadalupe Jr.).

Así como peloteros que han vestido la casaca a lo largo de esas conquistas, sus patrocinadores, familiares y base de seguidores, ha sido el factor para ganarse ser reconocidos como el plantel que por sus logros se ha ganado la etiqueta de ser una distinguida dinastía en el ámbito deportivo y comunitario de nuestra deportiva y próspera ciudad de San Antonio.

Piratas ha celebrado sus victorias en los estadios de Olmos Park, el legendario Colt 45 Baseball Field, y Liga Potranco, donde con éxito defendieron su corona recientemente derrotando en serie de tres partidos al trahuco de Mineros, qué tras clasificarse en primer lugar de la tabla, era marcado favorito para ganar la serie del playoff.

Piratas, con ocho partido ganados consecutivamente se clasifico en el tercer escaño, dejando atrás a Broncos de Reynosa SA y luego tras perder el primero ante Mineros, se recuperaron adjudicándose el segundo y tercer partido, celebrando en grande ante su noble afición, entre ellos seguidores que viajaron desde el estado de Coahuila y regiones de Texas.

“Piratas siempre se ha destacado por ser un equipo de cierre. Estamos contentos porque se lograron ganar tres campeonatos consecutivos en Torneo Sabinas, y cinco derrotando en dos ocasiones a Águilas de La Saucedá, uno ante Rieleros. El cuarto contra Marineros y el quinto ante Mineros”, dijo Daniel Guerrero, quien junto con su hermano Lupe, su sobrino Brayan, han colaborado en la directiva, tanto en la organización como en el fichaje de jugadores, donde han sido respaldados por el timonel De Luna y los coaches Esparza y Rubinsky. .



ESPECIALES

Memorial Day in San Antonio



WDC Gala at Basila Frocks Building



Louis Escareno Lourdes Galvan and Queta Rodriguez , Westside community leaders, at the Westside Development Corporation annual fundraiser at the soon to be developed Building at Zarzamora and W. Martin street



La Oficina del Recaudador de Impuestos del Condado de Bexar Obtiene el Premio Nacional de Logros por su “Programa de intercambio de conocimientos”

Por Lisa Anderson

El Asesor y Recaudador de Impuestos del Condado de Bexar, Albert Uresti y su Oficina, han sido reconocidos con un Premio al Logro de la Asociación Nacional de Condados (NACo, por sus siglas en inglés). Los premios honran los programas de gobierno del condado innovadores y efectivos que fortalecen los servicios para los residentes.

NACo reconoció el programa del Condado de Bexar titulado “Compartir conocimientos para ayudar a mantener a las familias en sus hogares” en la categoría de Educación cívica e información pública. Este programa de extensión, dis-

añado para ayudar a todos los ciudadanos, incluidos los adultos mayores, los ciudadanos discapacitados y los veteranos discapacitados, fue diseñado para informar a los ciudadanos sobre los planes de pago de impuestos a la propiedad y las exenciones que estaban disponibles para reducir sus obligaciones fiscales y los montos de pago para ayudarlos a permanecer en sus hogares. Este programa cubre todas las facetas de cómo funcionan el sistema tributario y los sistemas de tasación y los derechos y opciones que los ciudadanos tienen.

“Haber sido reconocido con un Premio al Logro “de la Asociación Nacional de



Condados por segundo año consecutivo es un verdadero honor. El programa del condado de Bexar titulado “Compartir conocimientos para ayudar a mantener a las familias en sus hogares” recibió el premio este año. El año pasado, NACo reconoció el “Condado de Bexar” Ayudar a mantener a las

familias en sus hogares, una solución milagrosa: ¡el plan de pago de 10 meses! ”En la categoría de Servicios Humanos.

A nivel nacional, los premios se otorgan en 18 categorías diferentes que reflejan la gran cantidad de servicios que brindan los condados. Las categorías in-

cluyen niños y jóvenes, justicia penal, administración del condado, tecnología de la información, salud, compromiso cívico y otros.

Comenzó en 1970, el programa anual de Premios de Logros de NACo está diseñado para reconocer las innovaciones del gobierno del condado.

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Finding a new place to live can be a time-consuming process. Scammers know this and cash in on eager renters

who rush into agreements without doing the necessary research. The proliferation of online real estate and vacation rental sites make it easy for scammers to steal photos and descriptions of real places, and free online bulletin boards like Craigslist attract bargain hunters.

How the Scam Works:

Rental scams lure you with online ads touting beautiful homes, low rents, and great amenities. For local rentals, the scammer may claim to be out of town and unable to show the property. In some cases, bold scammers have even gained illegal access to homes belonging to others and have “shown” the property as

if they own it! Scammers create a false sense of urgency, telling the prospective renter that others are interested so immediate action is required. The renter puts down a security deposit, only to find out that the property is not available... or does not exist.

In a recent ScamTracker report, a South Texas resident lost \$1,000 to an imitation Airbnb rental linked from Craigslist. The scammer claimed to be a Military member overseas and requested a security deposit through MoneyGram. Once the money was received, communication stopped, and the rental turned out to be fake.

Tips to Avoid This Scam:

Watch out for deals that are too good. Scammers lure you in by promising low rents, extra amenities, great locations, and other perks. If the price seems much better than offered elsewhere, it may be a scam. Search online for the listings, or the scammer’s email address or phone number. If you find the same ad listed in other cities, that’s a huge red flag.

See the property in person. If you can’t visit an apartment or house yourself, ask someone you trust to go and confirm that it is what was advertised. And don’t fall for the overseas landlord story.

Communicate and pay through the platform. Al-

ways pay through the rental platform. If a property is listed through Airbnb, you will never need to pay the landlord directly or through email.

Never wire money to someone you don’t know. Don’t send money to someone you’ve never met for an apartment you haven’t seen. Scammers often claim to be out of the country and instruct targets to send money overseas or to a fake “agent”. Wired money and gift cards are extremely difficult to trace.

If you become a victim, report the scam at bbb.org/scamtracker and ic3.gov. Also, contact the wire transfer company, the rental platform and file a police report.



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Everyone Can Benefit from Seeing a Therapist



By Tammy C. Perez

As we all know, life is not easy. Sometimes we experience issues that are difficult to resolve on our own. In these situations, overwhelming thoughts and emotions may cause us to react in unpleasant ways. Bad relationships can weaken our judgement and impair our ability to function effectively in life. When we are sick, we quickly seek the

professional help of a doctor to help us physically feel better. However, when we are mentally ill, our rapid response to seek assistance vanishes. Why? The most common response from clients was that they did not want to be viewed as being weak by others. They ask themselves, "What will people think of me?" A therapist can help with a variety of problems including

depression, anxiety, stress, trauma, communication, low self-esteem, negative thoughts, and relationship issues just to name a few.

Have you ever heard of "Talk-therapy"? This concept is developed around building a trusting and confidential relationship with a professional counselor who allows you to express your feelings and concerns

without judgement. He or she will help guide you into gaining insight and meaning to difficult situations you have experienced in life. This process is not quick or easy. Effective therapy requires clients to be honest with themselves. Clients must admit their problems, accept what they can't change, and commit to change and goal setting in order to become a bet-

ter version of themselves. Practical and long-term success involves patience and consistency. Clients must be willing to explore repressed memories, thoughts and feelings that may be causing emotional discomfort as well as understand how they play a vital role into who they are today. Deep rooted issues can take longer to resolve testing your patience, acceptance and willingness to move forward.

Are your thoughts or moods keeping you from living your best life? If so, TCP Marriage & Family Services is here to help. For more information on the services please call our office at (210) 516-2607 or visit our website at: www.tcpmfs.org.



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Just A Thought

Flashback to the "60's"



Steve Walker is a Vietnam Veteran, former Justice of the Peace and Journalist

Por Steve Walker

The 60's were special days and not so special days for me as I was growing up thinking "I am all that and a bag of potato chips!" Proud and probably arrogant as well, in 1968 I first heard the phrase, "I am Somebody"

It was spoken by Civil Rights activist, the Reverend Jesse Jackson who I came to appreciate his stance and his boldness on treating everyone the same over the years.

In 1969 I was sent a draft notice drafting me into the Marine's, but since I had already signed papers the day before assigning me to the Army, I did not have to go in as a Marine. When I finished basic training at Fort Ord, California as a clerk, I was assigned to Viet Nam as the Mail Man delivering "Dear John," letters. Who knew?

Back in 1963 President John Kennedy was shot and killed in Dallas by Lee Harvey Oswald, when I was getting prepared to graduate as a senior, in high school in New York State. Can you say Niskayuna High School? They

showed his assassination live on TV, in black and white, and that too was something I will always remember.

In 1964 I was accepted as a freshman at Texas Wesleyan College in Fort Worth. Memories of my time there are still vivid as well as I reminisce in my free time about those memories. That was the year also that Republican nominee Barry Goldwater ran for president and I actually got to shake his hand as he was leaving Fort Worth to attend another political function. I couldn't vote for him since I was not yet old enough to vote.

My five years in college, (took an extra year) were very productive. I was a college cheerleader my junior year, a member of a fraternity, (Sakkara) and drama club where I performed on stage in Shakespearean plays. I was named "Ugliest Man on Campus" raising money for the athletic scholarships and voted "Most likely to Succeed." (Mister T.W.C.)

In Viet Nam in 1968, numerous American soldiers were killed during the massive "Tet Offensive." Fortunately, I didn't arrive until 1970. However Dr. Roberto Jimenez who still practices medicine here in San Antonio was in Phu Bai, Viet Nam in 68 as a combat medic. I was in Phu Bai in 70-71.

On a lighter note, we have the music throughout the sixties or as I recall, Motown, like my favorite group the Temptations. Hits like "To Proud to Beg," "Papa was a rolling Stone," "My Girl,"

and the Stylistics, "You make me feel so brand new," and the Spinners, Working my way back to you."

Many older people like myself, also considered the sixties as a unclear uncertain time what with political chaos, assassinations, and disruptions. The decade was different to say the least as an unprecedented time. Remember that President John Kennedy became the President in 1960 and killed in 63.

Fast forward to HemisFair 1968, that was held in San Antonio from April-October with the theme, "The Confluence of Civilizations in the Americas" celebrating the many nations which settled the region. The fair was held in w1968 to coincide with the 250th anniversary of the founding of San Antonio in 1718. More than thirty nations and fifteen corporations hosted Pavilions at the fair.

HemisFair began April 6th, 1968, with the gates opening at 9 a.m. and official ceremonies at 10 p.m. at the new Convention Center Arena. It is noted that it opened two days after Dr. Martin Luther King Jr. was assassinated and security escorted First Lady, Lady Bird Johnson and Governor John Connally during their presence.

From my perspective as stated, there were special days and not so special days in 1968. Only the reader can make that call.

And as always, I write "Just a Thought."

Classified Want Ads—GA 6-124

THE SAN ANTONIO NEWS

Thursday, May 16, 1968

Edgewood Summer Session Set

School bells will ring in the Edgewood Independent School District this summer.

Dr. Hernandez, district superintendent for the Edgewood ISD, said 2,100 children will be enrolled in pre-school courses and will enter regular school in September.

REGENT'S TEACHERS Recently, Regent is planning to recruit 150 teachers in a 17 elementary schools. The eight-week program starts June 2.

One Texas, in charge of support services, said 1,000 students will be enrolled in the regular school sessions. Hernandez said that it was a course being planned for the newly High School, beginning June 3.

Hernandez said that the district officials also have arranged to conduct driver education classes in the district.

SILKLINE CLASS The second evening class will begin through June but will be in session in September, 1969.

The said physical education classes are available for students to take in the summer program in the district. The school officials said that the school will be open for the summer program in the district.

S.A.C. PLANETARIUM for May presents: **HEMISFAIR SPECIAL**

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HemisFair bountiful kids cry: "Believe It or Not!"

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