# LAPRENSA TEXAS



### ART IS LIFE

San Anto Cultural Arts After School Arts Program is Now Enrolling

By R.Eguia

Los Spurs Desean a San Antonio un próspero 2020 Latinos Can Find Benefits From Art and Music conciencia de la trata de personas Mes

Excerpts of the State of Houston's Latinx Art 2019

Por José I. Franco

By Dr. Ricardo Romo

Por Stephanie Guerra

CURRENTLY AN ESTIMATED VICT

By Tony Diaz

### <u>A PRENSATEX A</u>

This grass roots publication is the life source for a community that is not easily afforded viable access to diverse and accessible media. San Antonio and the surrounding counties have become accustomed to relevant news brought to them in both English and Spanish since 1913.

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### CORPORATION

The mission of the Westside Development Corporation (WDC) is to foster economic development, promote the development and redevelopment of real estate within its target area, create viable urban communities, and preserve the character, culture and history of the Westside.

The vision is a vibrant Westside community where people want to live, work, and visit.

### Leonard Rodriguez President /CEO leonard@westsidedevcorp.com

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### Let's Talk About It **Parenting**

#### By Yvette Tello

We all want a better tomorrow for our children. We want them to do better than we did and have more than we have ever had. Some parents think college is the only way they can do accomplish this. What do you want for your children and how do you expect them to accomplish this? Trade school? Hard work? Apprenticeship? College? Let's talk about it...

Kelli Arguello: "I think whatever makes them happy and they can support themselves then they should do it. I support whatever decision they make. College is not for everyone. There is no right or wrong answer to this question. It's hard because we want them to have it all. I pray that my husband and I have raised them right."

**Argentina Caudillo Faberlle:** 

and I'm pushing for college because I do feel that's the only way. I sometimes dont know what to feel because I want him to be happy but I want so much for him. He is my first baby so I want to lead him in the right direction...I always hear what a good young man he is and I take it as assurance that I did something right so far. I pray that he always makes right decisions. Noel Tello: " College does open more doors and gives one better choices. However, work ethic is taught at home. Growing up, my family never taught me to plan for a career, just to work. I always tell my boys, "anyone can get a job," "do something you love a make it a career. I've always told my wife, if my boys wanna work off a garbage truck and it makes them happy,

make sure they're educated garbage men. No one can take their education away." **Sherry Hilton Vargas: "My** son (23 now) tried the college route but it wasn't for him so he went to a trade school and loved it because it was very hands on. My daughter (15 now) has her sights set on going to A&M to study large animal biology (so she can work with large animal rescues and African sanctuaries) and is working hard to accomplish this goal. My youngest (8yrs) wants to be in the military then study to be a science teacher (and maybe an astronaut). I think each person is different and college is not always the best fit for everyone. Kids now days are pushed to go to college so a lot of the trades are suffering from a lack of trained workers. Also, a lot

able to get work in their job field because it is so saturated with graduates with the same degrees. Unless it is a very specific degree jobs will be hard to find for graduates. I will support my children in whatever route they choose. I want them to be happy without undue stress of doing something that is not making them happy." Joanna Rodriguez: "I want my children to be educated but I do not want them to start their life out with debt. I struggle to pay my student loans and take care of them. I don't want them to know this stress." **Denise Gonzalez:** "My son is an artist. College can't teach him what the school of life will teach him. He needs to be able to express himself. College does not allow for that. When he told me school wasn't for him, I supported his decision."



# **About the Artist**Juan de Dios Mora

#### By Ricardo Romo

Juan de Dios Mora is a native of Yahualica, Jalisco, Mexico who emigrated with his family to the United States at age 14. His parents settled in Laredo, Texas where they found employment in the service industries, mainly working in hotels and restaurants. No one in the family spoke English when they arrived in Texas and young Mora started school in ESL classes.

Mora learned English quickly and developed a passion for painting and sports. He participated in track and soccer and his initial goal in life was to become a coach. However, he also excelled in painting and by the time he had completed his degree at Martin High School in Laredo in 2003, he had decided to study art. He enrolled in art classes at Laredo Community College and Texas A&M International University. He transferred to The University of Texas at San Antonio [UTSA] in 2007 and enrolled in painting and drawing classes.

Upon completing his UTSA Bachelor of Fine Arts degree in 2009 with an emphasis in painting, he enrolled in the Master of Fine Arts program specializing in Printmaking. With two degrees from UTSA, he received an offer to teach printmaking in the art department at UTSA as a Senior Lecturer.

Mora concentrates in the relief printmaking technique to create narratives of Mexican-American experiences. Mora credits his experiences living along the border (US and Mexico) with providing an awareness of social and political concepts that heavily influence his artistic, aesthetic and conceptual ideas. Themes reflected in his work include immigration, community life, culture, mythology, and family.

Mora has been included in exhibitions across the United States, Mexico, and Japan. Venues featuring his work include McNay Contemporary Arts Museum; National Museum of Mexican Art, Chicago, IL; El Paso Museum of Art, El Paso, TX; Museo de Arte de Ciudad Juárez, Mexico; and Kyoto Municipal Museum, Japan.

Mora's art prints have been acquired by The University of Texas Austin Benson Latin American Collection, Jordan Schnitzer Museum of Art, Oregon; The McNay Contemporary Art Museum, San Antonio, Texas; University of Houston Downtown Campus; University of Hawaii at Hilo, Hilo, Hawaii; National Museum of Mexican Art, Chicago, Illinois; Saint Phillips' College, San Antonio, Texas, and The Smithsonian American Art Museum, Washington, DC.







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### Enero es la conciencia de la trata de personas Mes 11 de enero de, 2020 está reconocida como la conciencia de la trata de personas día

#### Por Stephanie Guerra Traducido por LPT

El Centro Nacional de Recursos para la Trata de Personas (NHTRC) define la trata de personas como "una forma de esclavitud moderna en la que los traficantes usan la fuerza, el fraude o la coerción para controlar a las víctimas con el fin de participar en actos sexuales comerciales o servicios laborales contra su persona". lo hará". Hoy, la trata de personas es uno de los temas de derechos humanos más importantes de nuestro tiempo, con víctimas que abarcan todas las etnias, géneros, edades y niveles de ingresos en los Estados Unidos.

San Antonio se ha convertido en un área clave para los traficantes y las víctimas, ya que alberga dos de las carreteras más transitadas, los corredores I-35 e I-10, que son las principales vías de transporte ilegal y tráfico de hombres, mujeres y niños. La I-35 se extiende desde Laredo y termina en Minnesota, con conexiones a Canadá. La I-10 se extiende desde California hasta Florida, que es el corredor interestatal más grande de la nación y el corredor de tráfico sexual más activo de todo el país.

Un estudio del Departamento de Salud y Servicios Humanos de EE. UU. Concluyó que el 25 por ciento de las víctimas de la trata de personas del país se encuentran en Texas. Esto no es solo a nivel internacional, sino también un problema local.

"No cometer errores; El tráfico de personas y sexo

está ocurriendo aquí en el condado de Bexar, a los residentes del condado de Bexar, por los residentes del condado de Bexar, para los residentes del condado de Bexar. Necesitamos involucrarnos y aumentar la conciencia pública para avanzar hacia el fin de este ciclo malicioso ", dijo la concejal Viagran." Esta es una forma moderna de esclavitud, y les pido a los residentes de nuestra Ciudad que conozcan las señales del tráfico de personas, y informar cualquier actividad sospechosa ".

Cada año, miles de mujeres, niños y hombres son víctimas de la trata de personas. Todos pueden desempeñar un papel en la identificación de víctimas de la trata de personas visitando el sitio web de la Línea directa nacional de trata de personas, donde pueden conocer las señales de la trata, obtener información sobre los tipos de trata y familiarizarse con la línea directa.

Para solicitar ayuda o denunciar la sospecha de trata de personas, llame al Centro Nacional de

Recursos para la Trata de Personas (NHTRC), que funciona las 24 horas, los 7 días de la semana.un llame al 1-888-373-788 o envíemensaje de texto con la palabra "ayuda" a Be-Free (233733). También se puede llegar por correo electrónico a cabo a nivel local: PDSexCrimes.Unit@sanantonio.gov o llame a la unidad de delitos sexuales en el 210-207-2313, de lunes - viernes entre las 7:45 am y las 17:45. Fuera del horario laboral número 210-207-7389.





# Westside Development Corporation Announces Application Period for the 2020 Loan and Grant Program for Businesses and Social Enterprises A total of \$100,000 available between two programs: \$20,000 available for grants and \$80,000 available in loan funds

#### By Alix Duchouquette

The Westside Development Corporation (WDC) announced its 2020 application period for its loan and grant program benefiting Westside businesses and social enterprises. Up to \$100,000 will be deployed between the two programs.

The application period is open as of now through Sunday, March 1, 2020. There is \$20,000 available in matching grant funds of up to \$5,000 and \$80,000 in loan funds available with a minimum loan of \$5,000. All applying entries must qualify as a business or social enterprise by meeting eligibility criteria. Applicants may apply for both a grant and/or a loan.

"In 2019, WDC was able to provide matching grants to four businesses; Coco Leche, The Koffee Kup, National Association of Latino Arts and Cultures (NALAC) and San Antonio City Real Estate (SACRE). As well as a loan to Bluestar to expand their programming into the Westside. The deployment of loan and grant funds through WDC ensures that we are working towards sustaining and supporting our Westside economy," said Leonard

Rodriguez, WDC President.

Funds received from the City of San Antonio (COSA) for loans and grants have helped grow Westside businesses. Since the WDC's formation, the City has provided targeted financial resources to the Westside of San Antonio and deserves many congratulations for its creativity and collaboration through the WDC to support these important funding programs to assist the private sector. More than \$685,000 in COSA funds have been deployed through the WDC to area businesses and organizations since 2006.

The Westside Development Corporation is dedicated to fostering economic development and business growth in the near Westside of San Antonio. The organizations Loan & Grant program is designed to assist small businesses and entrepreneurs with start-up and business expansion capital. "By offering these funds, we have been able to help bridge the gap between great ideas and thriving businesses. Through loan and grant funding, the Westside Development Corporation is helping business owners access the capital and tools they need to grow." says Board chairman Joseph Carreon.

The Westside Development Corporation is a City of San Antonio delegate agency, non-profit organization and Local Government Corporation responsible for attracting new business and assisting existing business in the Westside of San Antonio. The organization has been responsible for fostering economic development, promoting the development and redevelopment of real estate, creating viable urban communities, and preserving the character, culture and history of San Antonio's Westside. For more information, about the WDC please visit WestsideDevCorp.com. For more information about San Antonio's Westside, "Like" them on Facebook at https:// www.facebook.com/pages/ Westside-Development-Corporation/ or follow them on Twitter @westsidedev-

Lenders, businesses, and social enterprises interested in learning more about the WDC loan and grant program may contact Melinda Gonzalez at 210-501-0192 or via email at melinda@westsidedevcorp.com.





# EDITOR'S PICKS FREE EVENTS THIS WEEK



sunday 1/12

monday 1/13

tuesday 1/14

wedensday 1/15

thursday 1/16

6P-8:30P

LAVACA

MIXER

An

STUDIOS

LAVACA

STUDIOS

interactive

night of

LAVACA

1103B S

PRESA

creativity

STUDIOS //

friday 1/17

saturday 1/18

NOON-IPM
DESTINED BY DESIGN:
CELEBRATION OF AFRICAN
AMERICAN FASHION &
DESIGN BLACK FASHION
WEEK SAN ANTONIO
A panel with exhibit
curator, Black Fashion
Week, San Antonio creator
and feature designers
UTSA INSTITUTE OF TEXAN
CULTURES //801 E CESAR E
CHAVEZ BLVD

1P-4:30PM
PICTURE YOUR WORLD
YOUTH PHOTOGRAPHY
WORKSHOP
GREEN SPACES ALLIANCE
OF SOUTH TEXAS
Enjoy nature photography
along the San Antonio River
Mission Reach
ROOSEVELT PARK
CLUBHOUSE //311
ROOSEVELT AVE

3P-5PM
HUDDLED MASSES PROJECT
RECEPTION AND AN ARTIST
PRESENTATION
UTSA INSTITUTE OF TEXAN
CULTURES
Artist Ramin Samandari
talks about the ongoing
project, Huddled Masses,
Who We Are, and personal
experience as an immigrant
UTSA INSTITUTE OF TEXAN
CULTURES //801 E CESAR E
CHAVEZ BLVD

6P-7P "WE ARE LO OUE HABLAMOS": LANGUAGE CULTURE, AND **IDENTITY IN SAN** ANTONIO SAN ANTONIO **PUBLIC LIBRARY** Interactive talk in which a Spanish professor engages with audience on use of Spanglish. FOREST HILLS **BRANCH LIBRARY** //5245 INGRAM

6:30P-8:30P HUMAN TRAFFICKING TOWN HALL MEETING OUR **EMPOWERING OF AMERICA** Learn what is happening in our City about Human Trafficking! SAN ANTONIO MENNONITE **FELLOWSHIP** //1443 S ST MARY'S ST

5:30P-7:30P
MOVE TEXAS' 4TH
ANNUAL MILLENNIAL
CIVICHAPPY HOURMOVE
TEXAS
Join policy makers,
candidates, and the
growing millennial
voting bloc for drinks
and a civically minded
good time
DORĆOL DISTILLING
COMPANY // 1902 S
FLORES ST

6P-7:30P
A PENNY FOR YOUR
(POSITIVE) THOUGHTSLIF
TFUND WOMEN'S
BUSINESS CENTER
ANDFROST BANK
How optimism can help
women bridge the
financial health gap
LIFTFUND // 2007 W
MARTIN ST

6P-8PREIMAGINING
REENTRYFREE
BATTERED TEXAS
WOMENKeynote and
panel on a fair
chanceordinance to end
discrimination
againstpeople with
criminal
recordsUNIVERSITY OF
INCARNATE WORD UIW'S CONCERT HALL //
4301 BROADWAY

10A-NOON
ARE YOU CERTIFIED?
SOUTH CENTRAL TEXAS
REGIONAL CERTIFICATION
AGENCY
Join us today and learn more
about how to get certifiedbenefits of certifications for

about how to get certifiedbenefits of certifications for small businesses and how to leverage your certification UTSA DOWNTOWN CAMPUS, TRAINING ROOM// 501 W CÉSAR E CHÁVEZ BLVD

DREAMWEEK CELEBRATION
OF MIDDLEEASTERN AND
NORTH AFRICAN WOMEN'S
EXCELLENCE!
LILLY & AZEZA
This celebration will highlight
the diverse ways in which
women from across the
MENA region are challenging
stereotypes and making their
mark in the U.S.
RAINDROP TURKISH HOUSE
COMMUNITY CENTER //4337
VANCE JACKSON RD #200

7P-10P
GET IT LIVE: GROWING
EMPOWERED TOGETHER
(GET)The GET It Podcasters
are going LIVE with an
important audience
discussion about the issues
that young people face in
SanAntonio and the
importance of
GETtinginformed and GETting
out to voteJOKESTERS 22 PUB
& GRUB //713 S ALAMO ST

8:30A-9:30A
CREATIVE MORNINGS
SAN ANTONIO- ROOTS
Grab coffee and breakfast
and celebrate thevibrant
culture that is San
Antonio - this month's
theme is Roots
THE IMPACT GUILD // 708
W SUMMIT AVE

10:30A-NOON
REMEMBER BLACK
HISTORY ON ALAMO
PLAZA!
THE CONSERVATION
SOCIETY OF SAN
ANTONIO
Get to know Alamo
Plaza's little-known civil
rights history with this
talk and tour
MOSES ROSE'S HIDEOUT
// 516 E. HOUSTON

6P-8:30P FORWARD PROGRESS PRESENTS..."BEWILDERED " LET'S TALK: FILM AND FACTSFORWARD PROGRESS ARTS & ENTERTAINMENT CENTER, INC. Showing of the film "Bewildered", a love story of a famous jazz vocalist. A portion of the proceeds will go to the SA So.Tx Chapter of The Alzheimer's Assn. BRICK AT BLUE STAR // 108 BLUE STAR #1773

8:45A-NOON
THE CRISIS OF MIGRATION
AND ASYLUM POLICY AND
PRACTICE: A PANEL
DISCUSSION
TRAVIS PARK CHURCH
METHODIST WOMEN
A discussion on the migrant
crisis, and what the people of
South TX are doing in
response
TRAVIS PARK UMC // 230 E
TRAVIS ST

9A-11A
BEYOND STEWARDSHIP: THE
MORAL CRISIS OF CLIMATE
CHANGE
PUBLIC CITIZEN
Radical responses to our
climate crisis
ESTATE COFFEE // 1320 E
HOUSTON

11A-6P
A HAIR RAISING EXPERIENCE
NAOMI SUMTHIN2SAY
JOHNSON
Embrace the beauty of hair in
all its natural glory
YOUR TIA'S BEAUTY SUPPLY
// 4247PLEASANTON RD

4P-6P
ALL THINGS ARE POSSIBLE
BAPTIST TEMPLE CHURCH
Theatrical stage play on film
of "All things ArePossible",
written by local playwright
CLUB LIGHTHOUSE THEATER
// 901 E DREXEL

For a complete list of events please visit http://dreamweek.org/events/

JANUARY 12-18







LA GRANGE, TX

# Excerpts of the State of Houston's Latinx Art 2019 Prepared by the Mayor's Hispanic Advisory Board Arts Committee & The Latino Legacy Arts Groups Coalition

By Tony Diaz, Co-chair Originally published for Nuestra Palabra: Latino Writers Having Their Say https://nuestrapalabra.org/

This is the second State of Houston's Latinx Art Report. The 2018 State of Houston's Latinx Art report established the need to advocate for equitable and sustainable funding for Latinx Art. This paved the way for a focused campaign during 2019 and resulted in the promotion of major Latinx art projects, saving the TBH Theatre from closure, and cultivating the Cultural Capital of the Latino Art Community.

The purpose of these reports is to quantify our Community's Cultural Capital and to chart a course for building. Although our Community has always been concerned about our stories, our Art, our networks, we have never had all of the tools in place to act on our concerns and advocate for our interests. That has changed.

The State of Latinx Art 2019 report reveals that the one-year campaign inspired by the 2018 report was not long enough to dramatically alter the funding structure for Latino Arts groups, primarily through the Hotel

Occupancy Tax contract, renewed for five years in December of 2012.

However, funding for Houston Latino Art did increase though Mayor Sylvester Turner's efforts, and we have acquired landmark support and allies, which can fuel our Community Cultural Capital for the next phase of advocating for equitable and sustainable funding. This must take the form of a 3-year plan that can have a transformative effect and leads to a 6-year plan that cement Houston's Latino Art Legacy.

This is powerful. Dangers:

We are at a crossroads. There is a basis for optimism, but if we do not plan and act now, there will be grave consequences. If we do not as a city coalesce to further the progress of Latino Art and Culture, we will face a crisis.

We must acknowledge that this year we witnessed the death of a Legacy Latino Arts nonprofit-Talento Bilingue de Houston. That was the 501c.3 organization that operated the TBH Theatre.

Houston will suffer if it claims to be a diverse city, yet tourists can't find Latinx Art by Houstonians. If "diversity" is simply a slogan,

it will be easier for visitors to find the Tex Mex food than Chicano Art.

Mainstream arts organizations can't satisfy the needs, demands, and interests of Houston's Latino population, which is currently quantified at 45% and may exceed 50% after the next census. They need locally grown, and Latino "owned" arts nonprofits to work with them. They must prosper together.

We must end the "talent drain" of brilliant individuals who can't cultivate careers for Art in our city. That has a profound long-term effect on our Community's Cultural Capital.

Latinos know when they are being catered too in a strictly commercial transaction because they are marketed to regularly, but their history, culture, and intellect is appealed to profoundly by Latino arts groups.

Great examples:

The Alley Theatre has shown a significant commitment to developing an authentic exchange of Community Cultural Capital. Like several of the larger and mid-size mainstream organizations, they have added Latino programming to their line up. Additionally, they have hired a Latino outreach person, and they have created a Latino Advisory Committee, which I am proud to sit on. These are all vital initial steps that should be followed by other groups, but these are also preliminary steps.

Allies - Community Cultural Capital:

Mayor Turner was a

major ally in this campaign. He met extensively with our committees and renewed his commitment to Latino Art He inherited the HOT contract, and his administration oversaw some significant changes to the agreement. some of which were addressed in the 2018 State of Latinx Art Report. His administration also oversaw \$1MM in additional funding for Latino Arts and Culture in addition to supporting Latino Art Now 2019, and providing an \$80,000 granton short notice- to keep the TBH Theatre open during Hispanic Heritage Month and to commit to reconvening to chart a long term plan for Latino Art and Culture This is a potent alliance. No previous mayor has been as deeply involved with the Latino Arts Community. Read the full report here: https://www.tonydiaz.net

blog/state-of-latinx-art-

2019-report



By Leonard Rodriguez This column highlights inspiring stories of Latino leaders. For more than 500 vears, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding hispanics.



### Linda Ronstadt

Born in 1946 in Tucson, Arizona, Linda Ronstadt dropped out of college to pursue singing. Her career took off when she went solo in 1974. Two years later, she earned her first Grammy Award for Best Female Pop Performer and her second the following year for Best Female Vocal Performer. During the '80s, she began experimenting with different styles of music and consequently earned a Grammy for Best Country Performance. Exploring her Latina roots, she recorded "Canciones de mi Padre" which went gold and, in 1992, was honored with two Grammy Awards: one for Best Mexican American Album for "Mas Canciones" and the second for Best Tropical Latin Album for "Frenesi." Few performers have matched Ronstadt's versatility as a singer.

# EVENTOS ESPECIALES

# Mayor Ron Nirenberg Announced the All American Bowl Will Stay in San Antonio for Another Four Years

Photos by Ramon Chapa Jr.















### Los Spurs Desean a San Antonio un próspero 2020 Fanaticada de Spurs, deseó al equipo todo lo mejor en el resto de la temporada

Por José I. Franco

El pentacampeón equipo (de la NBA), Spurs de San Antonio con su variado roster ha venido cumpliéndole a la noble afición del sur de Texas, sosteniéndose en buen escaño (entre el octavo sitio), en la elite de la competitiva Conferencia del Oeste.

Spurs con la dirección de 22 años consecutivos, del estratega Gregg Popovich, a pesar que en esta temporada NBA 2019-2020 no ha mostrado ser el triunfador equipo que por varias temporadas fue el líder en la división del me-

dio oeste y de conferencia (Oeste), no lleva prisa porque se encuentra dándole oportunidades a destacados prospectos y novatos, que de acuerdo al sistema de juego de Popovich, por su cuenta irán sobresaliendo en su plan de juego.

La base de seguidores y el timonel en jefe (Popovich), durante su partido (en la víspera del año nuevo), contra el duro visitante rival Golden West Warriors (que a pesar de no tener en su alineación a sus jugadores estelares Stephen Curry y Klay Thompson), que se encuentran en rehabilitación por lesiones musculares, agradecieron el apoyo de la comunidad del sur de Texas, deseándoles un próspero 2020. La fanaticada en reciprocidad mediante la transmisión por circuito cerrado alusiva a su slogan "Spurs Family Roll Call", respondió de la misma forma, convocando a la afición al canto tradicional de "Go Spurs Go". Warriors sin embargo, tuvo excelente representación en las gradas con seguidores que vistieron sus colores.

Cabe mencionar que el partido entre Warriors ante 18,354 espectadores y el anfitrión Spurs, se empató en tiempo regular con marcador de 110-110, jugándose cinco minutos de tiempo extra con mejor suerte para Spurs, que ganó con pizarra de 117-113 puntos.

Spurs con marca de 14 victorias y 18 derrotas, en cinco partidos disputados en "tiempo extra/overtime", ha obtenido cuatro victorias, con derrota ante Cavaliers, que se encuentra en el último escaño de la Conferencia del Este (No.15).

Los Spurs para cerrar con broche de oro su agenda en 2019, hizo espectacular reconocimiento diversas organizaciones, en su respectivo talento artístico y cultural entre artistas locales, y organizaciones sin fines de lucro del sur de Texas.

En el partido contra Warriors, se contó con la exclusiva participación de la Harlingen Orchestra, dirigida por el maestro Ronnie Ríos, quien tuvo el apoyo del trio femenil de cantantes independientes Gabby Garza, Aaron Blount y Gabby Garza. Además de la escolta militar "4th Reconnaissance Battalion".

"Nos sentimos orgullosos porque se nos dio la oportunidad de venir a participar en la ceremonia del Himno Nacional, con la participación de los elementos que conforman la orquesta y el trio de chicas interpretes Gabby Garza, Aaron Blount y Gabby Garza, dos vocalistas con el mismo nombres, quienes dieron realce al estilo musical de nuestra orquesta que vino a darlo todo por dejar en buen lugar a la región fronteriza que

representamos", dijo Ríos.

La participación de la orquesta en mención fue canalizada entre el departamento de ventas y el profesor Ríos, quien dijo haber cumplido con los requisitos que les exigió la representante de ventas de los Spurs, Miren Zubillaga. "Enviamos nuestro repertorio y ello bastó para que fuese aprobada nuestra participación para encabezar la ceremonia del Himno Nacional", indicó Ríos. Por su parte Chuck Cureau, conductor principal de eventos y promociones en los partidos locales de San Antonio, dijo sentirse emocionado, porque la actuación de la orquesta visitante, realizó una maravillosa presentación de su excelente talento artístico y musical. "De maravilla fue la interpretación del Himno Nacional, por parte de Harlingen Orchestra. Digna de aplaudirse y reconocerle su inolvidable presentación", apuntó Cureau.

Los más de 18 mil espectadores dieron emotiva ovación y buenos deseos a la orquesta en mención, lo cual inspiró a los jugadores, que a la par lucharon hasta el último minuto del tiempo jugado que fue de 2 horas con 24 minutos en los que sobresalieron anotando 17 unidades en tiempo extra, superando a Warriors del ex Spur Steve Kerr (entrenador en jefe de Warriors), que con 13 puntos concedió la derrota. (Fotos por Franco).













## ART I

### **Latinos Can Find Benefits From Art and Music**

By Dr. Ricardo Romo Latinos benefit by engaging in the arts, and not just for the obvious reasons of enjoying beauty and creativity. In many Latino communities we too often celebrate the arts and music largely as spectators in seasonal social activity such as Fiesta, Dia de los Muertos [Day of the Dead], or a Mariachi serenade for a birthday event. It turns out, this is not enough if we desire a longer and happier life. A recent scientific study has found that museums and music concerts are actually good for our very survival. In a January New York Times article, "Going to Museums May Be Good for Your Health," Maria Cramer cited a new British study that found that "simply being exposed to the arts may help people live longer." British researchers "also noted that engaging in the arts can reduce loneliness, promote empathy and emotional intelligence, and keep people from becoming sedentary--all factors that contribute to a longer life." I am a big fan of museums--but I only started going to museums after graduating from college.Growing up in San Antonio during the 50s and 60s my leisure time

was limited to going to the movies and weekend school dances. On our few school field trips in elementary school we explored a deep cavern, climbed Roundtop Mountain, and went to the fabled Playland. But never to a museum or music concert. That has changed today, and for the better. Whenever I visit the Witte Museum, Institute of Texan Cultures, McNay Museum of Contemporary Arts, Briscoe Western Art Museum, or San Antonio Museum of Art, I am likely to find school buses lined up near the entrances. But more has to be done by these museums to attract Latino adults, especially those of ages 50 and over. The British scholars noted that a sense of purpose in life is important and "being involved and excited by the arts keeps and maintains your purpose in life." Over the past five years the McNay Museum of Contemporary Arts has stepped up celebrating Latino art. Their art exhibits have featured sole exhibitions by Cesar Martinez, Kathy Vargas, and Michael Menchaca. In addition the Romo Collection was utilized for the Estampas de la Raza [61 prints], Richard Duardo "Pop Art" [20 prints], Juan

De Dios Mora [20 prints] and Las Chicanas [25prints] exhibits. The latter was recognized by the Smithsonian as one of the ten exhibits in America to see in 2019. Most urban scholars define great cities by their economic activity, manufacturing base, transportation infrastructure, excellent hospitals and schools, and great parks -- New York, Chicago, and Los Angeles come to mind. But these cities recruit a steady influx of highly educated workers, and these workers also want assurance that their communities will support universities that offer post graduate degrees, public recreational facilities, green spaces, museums, public libraries, and music events. A defining moment in San Antonio's aspirations for recognition as a "great city" came in March of 1983 when San Antonio received recognition as an "All American City." Everyone, including The New York Times credited Mayor Henry Cisneros' leadership in achieving that distinction. I had the opportunity to have lunch with Secretary Cisneros last week and while much of the conversation focused on the pending international

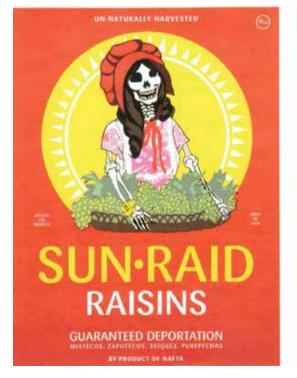
crisis, we got around to talking about one of his main passions--music. I mentioned the British study reported in the The New York Times and he smiled because Secretary Cisneros has always enjoyed music and attends concerts in San Antonio and New York City where one of his companies is located. We are learning from British scholars that art and music keeps us engaged, and fulfills the need for an

inner peace and relaxation. Participating in art and music events and can be a contributor to a longer life. Knowing that art and music are good for our health, will city leaders step up to increase funding for arts and humanities? Will more San Antonians from all parts of the city participate in concert events and attend museums? I certainly hope so (Images from the Romo Collection "Estampas De La Raza Exhibit".)

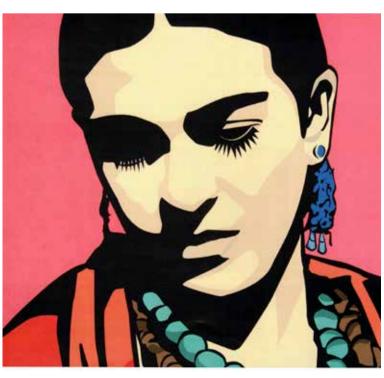


# SLIFE













December 31, 2019 OFFICIAL PUBLIC NOTICE

Bexar County, Texas

Request for Statement of Qualifications for Professional Architectural Services – Purpose of this RFQ is to engage qualified architects and/or architectural firms to assist Bexar County with design services, construction documents development, and construction administration of a new Workforce Training Center, located at a site TBD. Statements of qualifications will be accepted until Friday, February 07, 2020 at 4:00 p.m. CT

#### Submit to:

**Bexar County Facilities Management** Paul Elizondo Tower 101 W Nueva, Suite 930 San Antonio, TX 78205 210-335-6732

Please advertise on the following dates:

Posting Dates: 01/05/20 01/12/20

### LA PRENSA T SAN ANTONIO'S HISPANIC FAMILY OWNED NEWSPAPER

Follow us on:





### The American GI Forum of the US **Condemns the Hit** and Run of Natalia **Miranda Because** She was a Mexican

**By Lawrence Romo** 

Nicole Marie Poole Franklin (Franklin), 42 years old, deliberately with her vehicle ran over Natalia Miranda, 14 vears old, in Iowa on December 9, 2019. Franklin was apprehended by the police and was charged with a hit and run. Franklin stated, "She hit her because she was a Mexican." Franklin then made a series of derogatory statements about Latinos, stated the police. Natalia was unconscious for 49 minutes and she sustained bruises, as well as, a concussion. It is a miracle that Natalia was not killed. In addition, Franklin has also been charged with another attempted murder when she hit a 12-year-old African-American boy, on the same day she hit Natalia. The American GI Forum of the US (AGIF-US) condemns this act by Franklin and will not tolerate any hate crimes. The AGIF-US demands that Franklin be charged with a hate crime and felony applicable charges, not limited to attempted murder. The AGIF-US calls on all of our citizens to respect one another and to be sensitive with the verbal abuse use. Words have consequences and all individuals need to watch what they say. Governmental and community leaders need to set the proper example for others to emulate and set positive standards of etiquette. When individuals incite hateful language to degrade a particular ethnic, religious, LGBTOIA individuals or groups that differ from them or with a disability, this sends a message to all citizens of acceptance. Hate groups and individuals then feel empowered to commit hate crimes like the shootings in El Paso, the Charleston Black Church and this recent attack on Natalia. This is unacceptable and we must all do our part to stop this violence! Chartered by Congress 1998, the AGIF-US is a Congressionally Chartered Veterans Family Organization that advocates for our military, veterans, civil and equal rights and educational access for all since 1948. Contact: Lawrence Romo, llromo@beglobal. net or 210-219-1905



# NON-PROFIT HIGHLIGHT

# San Anto Cultural Arts After School Arts Program is Now Enrolling

#### **By La Prensa Texas Staff**

Mentorship in any field is fantastic and San Anto Cultural Arts (SACA) is providing a multidisciplinary approach for art and community leadership at its After School Arts Program (ASAP).

This program is continuously enrolling students from age 7-18. The after school program is hosted from Monday- Friday from 4pm to 6pm at San Anto Cultural Arts, located in the heart of the inner west side.

Youth program coordinator, MidNite Flortiz, said all students will begin with basic art course knowledge like color theory, lines and composition and then choose a direction in a specific art medium.

Flortiz described the introduction classes as a, "free for all art exploration," where the students are immersed in various mediums so they can design their own path. Whether it's painting, drawing, writing, crafting, poetry, illustration, photography, sculpting, graphic design, comic book printing, anime or copy editing, ASAP, has the students covered.

Students will then graduate into different levels of their art targets, ultimately being a part of the professional mural team or being trained to become a mentor in another subject.

Students can participate with the production of the EL PLACAZO COMMUNITY NEWSPAPER or the comic book club and the JR mural team.

"Everything is in the kids hands," said Flortiz, " [JR Muralists] set up their own unveiling, do their own press, create their own designs and paint."

The program has empowered some of the youngest muralists in the city, completing public art on their own as young as 10 and 11 years old.

In addition to arts training, students will learn how value and sell their art by developing price formats and selling their prints at First Friday.

Three new murals from this program will be produced this spring and Flortiz expects many more as SACA is bombarded by community requests for their designs.

There is a capacity of 20 students

in each class, but since the program is on a revolving schedule, there will be room in different mediums. Students must be 7-18 years old, but some exceptions are made for younger students with advanced skills. Parents can register students by calling, email-





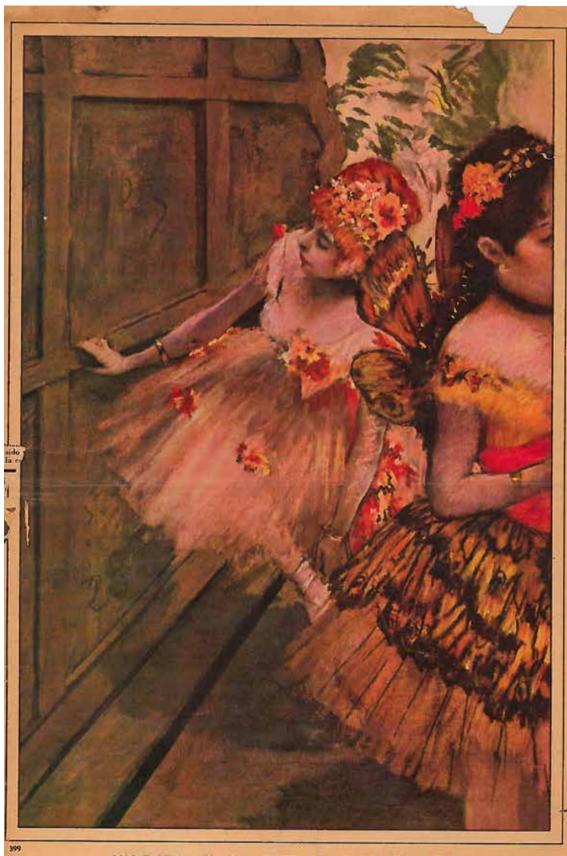


The San Anto Cultural Arts After School Arts Program (SACA ASAP) provides youth with basic art principles and hands-on techniques that translate into creative know-how and problem-solving skills useful in school, at home, the workplace, and beyond.

San Anto Cultural Arts is a San Antonio, TX nonprofit founded in 1993 with the mission to foster human and community development through community-based arts. A focus on art through community engagement led to the creation of our community-based arts programs: the Community Mural Program, the El Placazo Community Newspaper, and the After School Arts Program (ASAP). These dynamic programs engage residents and foster the talents of youth by educating them on the history and techniques of public art while documenting and preserving the rich history and heritage of San Antonio's Westside.

2120 El Paso St, San Antonio, TX 78207 (210) 226-7466 Youth@sananto.org

### THIS DAY IN LA PRENSA HISTORY

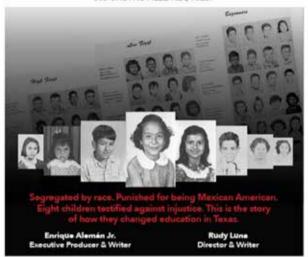


DOS BAILARINAS, por Edgar Degas. (1834-1917) (Exposición de Artes Modernos—Paris)
Degas especialism en cacenas de bastidores, y sus sibactas de bailarinas han alcansado fama por lo imprevisto de sus posturas.
Los pasteles de Degas dieron origen a una nocen escuela artística y la frágil gracia de sus figuras llenas de colorido lo colocan
en lugar prominente entre sus coetemperáneos.

### STOLEN

TUESDAY, JANUARY 21, 6:30-7:45PM

YWCA OLGA MADRID CENTER NEXT TO LAS PALMAS BRANCH LIBRARY 503 CASTROVILLE RD., 78237

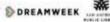


Dr. Enrique Alemán will share and discuss his documentary, which brings to light the discriminatory practices of some Texas schools in the 1950s and tells the story of the eight children who testified against their school district in federal court.

The "Stolen Education" documentary will be shown to accompany Dr. Enrique Alemán's discussion.













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#### VETERANS VALENTINE'S DANCE FOR OUR HOMELESS VETERANS

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TIME: 6FM - 9FM
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PLEASE COME OUT IF YOU'RE INTERESTED IN TAKING A VET ON A DATE FOR VALENTINE'S DAYN

FOR MORE INFO EMAIL THE IMMITHEOUND ATTONIGMAIL COM, OR CALL 210-446-8408



Friday, January 24 2020 6:30 pm - 8:00 pm

### LA PRENSA TEXAS COMMUNITY EDITORIAL MEETING

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# Mexican Colonized History 1821–1993 A Brief and Partial Chronology of Texas

1908-1915

Researched, compiled & edited by Mario Longoria, Ph.D.

- September 27, 1915. (San Antonio, Texas). Respective South Texas Community leaders Jesus Bazan and his son-in-law Hidalgo County Commissioner Antonio Longoria are murdered by Texas Ranger Henry Ransome and two other nameless Anglos. On the day noted above both Bazan and Longoria travelled to a Texas Ranger camp located on the Sam Lane Ranch to report a horse robbery. Once they completed their report and left on horseback, ranch workers witnessed Ranger Captain Henry Ransome and two other men follow them in a Model T Ford. One of the passengers identified as Ransome shot both Bazan and Longoria in the back causing them to fall on the side of the road. According to the Texas Historical Marker information later placed at the site, noted the Ranger and two other men were unfazed by the shootings and returned to the Lane Ranch to take a nap. This murderous act was never investigated, explained or reported.

- 1917. On January 17, 1917, the stated objectives of the revolutionary Plan de San Diego were again outlined in a telegram sent by the German Foreign Minister to Germany's minister in Mexico.

- The infamous "Zimmerman Telegram" read: "We intend to begin unrestrictive submarine warfare on the first of February. We shall endeavor in spite of this to keep the United States neutral. In the event of this not succeeding, we make Mexico a proposal of alliance on the following basis: make war together, generous financial support, and an understanding on our part that Mexico is to re-conquer the lost territory in Texas, New Mexico, and Arizona. The settlement in detail is left to you. You will inform the President (Mexico) of the above most secretly as soon as the outbreak of war with the United States is certain and add the suggestion that he should, on his own initiative, invite Japan to immediate adherence and at the same time mediate between Japan and ourselves. Please call the President's attention to the fact that the unrestrictive employment of our submarines now offers the prospect of compelling England to make peace within a few months. Acknowledge receipt. - Zimmerman

The message was first sent to the German Ambassador, Bernstorff in Washington, DC and then forwarded to the Ambassador in Mexico, Eckhardt. Mexican President Venustiano Carranza responded on April 14, 1917 to advise

them of Mexico's neutrality in the matter.

**-1919**. World War 1: U.S. Army Private David B. (Cantu) Barkeley from Laredo, Texas received the Congressional Medal of Honor for his bravery and devotion to duty in France.

--1921. The "Orden de Hijos de America" is founded in San Antonio. The central purposes of the organization were social economic and political action to promote the rights and privileges of Mexican American citizens. The "Orden" took no partisan stand and confined itself to training its members for citizenship.

### Comienza Liga Veteranos Arrancó el playoff Abierta

#### Por Sendero Deportivo

Con los partidos entre Bravos de José Mendoza y Broncos de Reynosa SA. Potosinos de Catarino Obregón y Cachorros de Nava de Alejandro (Rábano) Becerra, en los horarios de las 10:30 a.m. y 2 p.m. respectivamente se cantará el "playball" en el estadio Potranco Baseball Field, donde les darán la bienvenida Eloy Rocha, gerente general y Simón Sánchez, compilador oficial y presidente.

Antes de las vacaciones de Navidad y Año Nuevo, las novenas de Potosinos y Bravos (antes San Luis), disputaron partido amistoso con el fin de observar jugadores que serán titulares y suplentes. "Nuestros planes es de ser campeón. Potosinos se ha reforzado con grandes beisbolistas, por lo que vamos a dar la gran pelea sobre el terreno de juego", indicó Obregón. "Bravos presentara equipo competitivo, para dar la pelea a los rivales en turno, y de paso al campeón Broncos", dijo Mendoza.

En la categoría Abierta

dominical Liga Potranco, tuvo su primera contienda en serie a ganar dos de tres partidos. Por la zona norte salió adelante Indios de Nava con pitcheo de Alan Mow se impuso ante Broncos, con derrota para Antonio Galván. Piratas de Sabinas con labor monticular de Aldo Rodríguez y salvamento de Gregorio (Goyo) Quintero, doblegó 9-4 carreras a Águilas del Veracruz. La derrota fue para Raúl Originales, quien fue relevado por Clint Robinson, Tony González y Júnior Novoa.

La serie continuara este domingo 12 de enero, en el campo 2, con el primer partido a las 10:30 a.m. entre Indios y Broncos. A las 2 p.m. Piratas vs. Águilas. La serie final se la disputaran los equipos campeones del norte y sur, en la que está de por medio el trofeo de "Campeón de Campeones 2019-2020". En las fotos aparecen los lanzadores: Goyo Quintero de Piratas, y Ubaldo (Baldo) Montelongo, de Potosinos. (Foto de Franco).







December 31, 2019

OFFICIAL PUBLIC NOTICE

Bexar County, Texas

Request for Statement of Qualification for Architectural Services - Purpose of this RFQ is to engage qualified architects and/or architectural firms to assist Bexar County with design services, construction documents development, and construction administration of a new Bexar Bibliotech EDU facility, located on the SAISD CAST Tech Campus. Statements of qualifications will be accepted until Friday, February 07, 2020 at 4:00 p.m. CT

Submit to:

Bexar County Facilities Management Paul Elizondo Tower 101 W. Nueva, Suite 930 San Antonio, TX 78205 210-335-6732

Center for New Communities invites submission of bids from food service management companies for the preparation and delivery of breakfast, lunch, and afternoon snack for approximately 200 children and staff, 215 days a year to four centers in Bexar County. Bids for the above must be received by 4:00 p.m. September 10, 2019, at Center for New Communities, 1314 Guadalupe St. Ste. 201 San Antonio, TX 78207 (210) 314-3200 at which time they will be opened to the public, read, and recorded. Interested parties may obtain service specifications at Center for New Communities. 10% performance bond may be required of successful bidder. All contracts are subject to review by the TX Department of Agriculture. USDA is an equal opportunity provider and employer.

### **Los Spurs Con Su Nuevo Arsenal Recuperan Terreno**

Por Sendero Deportivo El plan de juego de los Spurs

(encestes triples), les ha venido dejando buenos resultados ante equipos de la conferencia oeste y este. En víspera del año nuevo en su estadio AT&T Center, celebraron importante victoria en tiempo extra, ante Warriors

de Golden State (dirigidos por Steve Keer, ex jugador de Spurs), con pizarra de 117-113 unidades. Posteriormente de nuevo en casa, San Antonio bajo el timón de Gregg Popovich, se cobraron derrota dominical (de visitantes en Milwaukee), contra los Bucks, que les propino derrota

con marcador de 127-118. Spurs emparejo serie con espectacular pizarra de 126 a 104, encuentro aplaudido por 18,354 espectadores. Su victoria los puso dentro del octavo escaño en el oeste. Bucks, dirigidos por el ex asistente de Spurs, Mike Budenholzer (Bud), en esta ocasión nada pudo hacer en su plan de juego, ante su mentor (Popovich). Bucks, es el súper líder de la Conferencia del Este, con marca de 32 victorias por 6 derrotas, y a la vez ostenta promedios como la franquicia de la NBA en puntos anotados por cotejo, en su ofensiva y defensiva. Spurs, para lograr la victoria se tuvo que meter a fondo en la ofensiva encestando 19 de 35 disparos triples que le dejo promedio de 54.3%, mientras que Bucks, se quedaba con marca de 15 tiros (triples) concretados en 45 intentos y promedio de 33.3%.

De acuerdo al delantero estelar LaMarcus Aldridge, Spurs continuara con su arsenal lanzando disparos fuera del perímetro, ya que es la novedad en el circuito. "Tenemos que estar a la par entre los rivales que se han dedicado a realizar plan de juego defensivo con disparos triples. Por mi lado seguiré adelante con lo que el sistema de juego ha venido demandando en la liga (NBA). Así se dará la gran pelea por lo que resta de la temporada', indico Aldridge. En el partido contra Bucks, por los Spurs, se destacó el guardia suplente australiano Patty Mills, que hizo buenos 6 de 10 tiros triples, sumando 21 unidades en la victoria. También, el guardia titular Dejounte Murray, logró imponerse encestando 3 de 4 triples, seguido por Rudy Gay que puso dos de 2 balones dentro del aro (triples). Aldridge,





colaboró con 2 de 3 triples y 17 unidades anotadas, el alero estelar DeMar DeRozan, hizo bueno un disparo triple, sumando en el partido 25 puntos anotados. Por Bucks, el guardia suplente George Hill (ex Spur), encestó 3 de 4 triples, sus compañeros Donte DiVincenzo, 2 de 6 triples, Eric Bledsoe, 2 de 5. Wesley Matthews, 4 de 6. Brook López, 2 de 3. El estelar delantero Giannis Antetokounpo (que tiene promedio de 30.4 puntos anotados por partido), se fue en blanco con 0-5 intentos triples, sin embargo sobresalió anotando 24 puntos. "Spurs nos superó en la defensiva y ofensiva, además de que cuidaron cada posesión del balón. Aldridge, sigue encabezando la artillería (en triples), apoyando a sus compañeros, para que ellos también realicen tiros largos. DeRozan, nos sorprendió con su veloz estilo de juego llegando consistentemente al aro y pasando el esférico a sus compañeros", indico Bud. "Encestes triples nos han venido dando buenos resultados. Aldridge, sigue adelante enseñando su variado estilo de juego ofensivo y defensivo. Seguiremos trabajando en ese plan de juego y aprovechando cada oportunidad que se no dé fuera del perímetro", apuntó Mills. En las fotos aparecen Tim Duncan y David Robinson "The Admiral", acompañando a David Stern, excomisionado de la NBA, quien pasó a mejor vida. La gerencia general el 2 de enero en partido ante Thunder de Oklahoma City, rindió minuto de silencio en tributo a la memoria (De Stern). "David Stern, es un ícono en la NBA, su trabajo fue excelente guiando a la liga a ser reconocida mundialmente", dijo Popovich. Patty Mills, captado en los momentos de concretar disparo triple contra la defensiva de los Bucks. (Fotos por Franco).

### **Traders Village Present** Cancer Kid-Inspired Cosplay team 'Cap's Crusaders' with a Huge

Saturday, January 11, 2020 at 1:00 pm located at the center of the market near the Helicopter Rides, Traders Village Marketing Manager, Brian A. Billeck along with Rick Crover with Party Time Pictures will present Travis Manning (founder of Cap's Crusaders) a check in the amount of \$2,500. This money was raised from photos taken with Santa & Mrs. Claus last year. (shh....don't tell them -- Cap's Crusaders doesn't know how much they are receiving)

During the Christmas Season, Traders Village featured Santa and his "Santa Express." Children could stop by and visit with Santa & Mrs. Claus at the Traders Village Train Depot and receive a Golden Ticket to ride the Santa Express (our trackless train) for FREE. There were also photo packages from Party Time Pictures starting at \$5 and only going up to \$30. A portion of the proceeds would then go to Cap's Crusaders Cos-play team.

"We are very excited to have raised this money for Cap's Crusaders," said Traders Village Market-

By Brian A. Billeck ing Man- ager Brian A. Billeck. "This hits home, my son Damon Billeck passed away April 3, 2018 from Osteosarco- ma Bone Cancer. He was an inspiration to many in the community. He worked with the San Antonio Fire Department, multiple charity organizations and even spear-headed a project to donate a Huge Bell to the cancer patients at University Hospital. He was friends with actor Chris Evans and died a SAFD Hero. He also inspired a group of cosplayers to band together in his honor to help the San Antonio Community. That group is now called Cap's Crusaders--named after their Captain America: Damon Billeck. To be able to help an organization that helps so many other families is so gratifying. Giving back to the community we serve is very important to us."

Cap's Crusaders is a local non profit founded founded on April 3rd, 2018 in honor and dedication to our captain Damon E. Billeck, Cap's Crusaders is team motivated by the mission to spread happiness and hope to communities throughout central Texas while bring-

ing awareness and support to organizations and individuals who are fighting disability and disease.

Party Time Pictures is dedicated to customer service. San Antonio Photo Booth Rental made easy! Party Time Pictures has an A+ rating with the Better Business Bureau and is fully insured for your protection.

Traders Village San Antonio is open EVERY weekend throughout the year. Admission is FREE, parking is only \$4 per vehicle. The hours of operation are 9 am - 6 pm with peak shopping times 10 am - 5 pm. Traders Village is located at 9333 S Loop 410 at Old Pearsall Road.









### **Just a Thought** Higher Education



By Steve Walker

Steve Walker is a Vietnam Veteran,
former Justice of the Peace and
Journalist

In the past I have been employed as a part-time Adjunct Instructor at the Alamo City College District (ACCD) located in the Edgewood School District. Housed on SW 40th Street in the former Lincoln Elementary School campus, ACCD took possession of the building and still offers a number of students with limited education, vocational skills and GED classes. Students came from the Westside and all parts of town to take classes on the campus seeking better employment opportunities with higher learning. As one who spent a year in the Edgewood School District in the 80s at La Memorial High School, I am acutely aware of the need to provide those additional opportunities for many growing up in the Westside of town. It was exciting to say the least. For me it was a sort or reunion with the area in which I taught those many years ago. Imagine my surprise when I began my tenure at the ACCD campus expecting to teach a GED class and



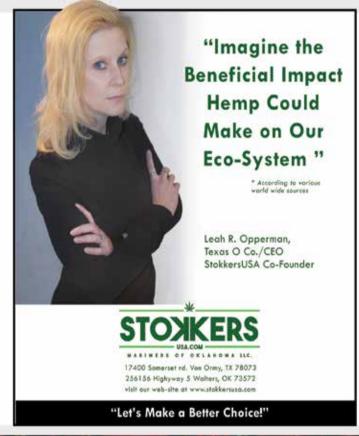
discovering my schedule had been changed to working as a support teacher for a class of nursing assistant students. Instead of GED, I was about to be exposed to the career path of someone wishing to work in a hospital, nursing home, in- home care, or a doctor's office! My second surprise was learning that six of the eight students in the class were from Mexico and at various levels of English proficiency. My students were between the ages of 24 and 48. The youngest student was a skilled Nurse in Mexico and was training on her nursing assistant's certification to be employed here in San Antonio. Part of my job as the support instructor was to create various worksheets by highlighting the various chapters in the student's work books to make it easier to comprehend the material for tests. The best part of the class for me was the opportunity to practice along with the students the very skills taught by the nurse who was the lead teacher. A Licensed Vocational Nurse (LVN) for 34 years, Cynthia Ball was real-

ly proficient at what she did. Being an active part of the class, I took someone's blood pressure, pulse, heartbeat, and oxygen level. For me it was a whole new world! I also learned how to properly drain a bedpan, how to give a partial sponge bath, help someone out of a bed into a wheelchair and clean a catheter. The students also practiced on me to sharpen their skills set as well. It is good to know on a consistent basis my vitals are consistently good considering my age! We even visited a nursing home on the campus of Incarnate Word University to shadow nursing assistants in their daily routine of administering to their residents. I received my Master's Degree at Incarnate Word in the 70s. For me it was a new learning experience being a part of higher learning for others and me. Hopefully I will remember those skills when someday I find myself in one of those nursing facilities. But then again, what is the hurry? As always, what I write is "Just a Thought."



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