# La Prensa Texas

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### La PrensaTexas

This grass roots publication is the life source for a community that is not easily afforded viable access to diverse and accessible media. San Antonio and the surrounding counties have become accustomed to relevant news brought to them in both English and Spanish since 1913.

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#### By Yvette Tello

Divorce is a major disruptor in one's life and can bring tons of stress—financial, emotional, and even spiritual. But at the same time, a divorce may help you get back in charge if you have been unhappy in your relationship. As messy as many divorces can be, they can be the start of new things in your life. Have you been divorced or were your parents divorced? Was it the best thing that happened to you or the worst? Let's talk about it...

**Rebecca Soto:** "Not divorced yet but planning on getting one. I learned that I can take on more than I ever thought. I had forgotten who I was as an individual. Now I realize that I am a strong person; That I don't need a husband to know my worth. With God's guidance and family support, I realize that I can do many things on my own."

Elsa Sixtos: "Yes divorced 5 times."

**Irene V. Zertuche:** "Not a best or worst case situation for me but definitely a learning experience. My ex and I have a great healthy relationship and we all get along - our spouses, kids, grandkids. My parents are also divorced but they're old school and have not talked or been in the same room since the last day they were together."

**Yvette Elizabeth:** "Wow! I was married 13 years- it's definitely an emotional roller coaster. It's been the best decision. I'm happier than I've ever been! One thing I can say is be smart, know your finances, etc. Get a great attorney!"

Sharada Tholen Sanchez: "My first marriage ended in divorce because he felt he was better without me and the kids. We tried a few times after but it never worked because he was not in the marriage. He just wanted the sex. He left the state and moved back here and he just stopped talking to our daughter and acted like we no longer existed. I raised my kids as a single mom and did a great job. I got remarried. We have had our issues but feel we are stronger now because of it."

Lauren Browning: "Wow Yvette! You struck a chord with lots of folks with your post on this important topic. It reminds me that we probably don't know what people are going through so we should all be as nice to others as possible."

**Mikey Barrera:** "Unfortunately, I am going through a divorce now after 34 yrs of being with my high school sweetheart. I decided to leave my house. I was unhappy and tired of being cheated on. No one will ever know the real truth

# Let's Talk About It

but me and her. We have 3 beautiful daughters and I hope that they will forgive me for leaving. They were the reason for me staying so long. They are grown now and have their own lives. Now is my time to be happy. It sounds a little selfish. but who else is going to look out for me. THANK YOU PEGGY BARRERA FOR ALL THE GREAT MEMORIES."

Daiquiri Minier: "When I first got married to my first wife, I was committed to making it a lifelong commitment. My mother had gone through two divorces, and I told myself I would never follow that path. However, after 12 years of marriage, my wife cheated on me, and it shook the foundation of our relationship. We attempted therapy to salvage our marriage, but she believed she was in love with someone else. It turned out he was married too and had no intention of leaving his wife. Eventually, I made the difficult decision to divorce her. It was a challenging time, and to add a twist, she briefly dated my younger brother, which was quite unusual. It became evident that she had her own personal struggles. Even after the divorce, she continued to try to reconcile with me. We had a child together, and I also raised her daughter from a previous marriage. So, I couldn't completely sever ties with her. I had vowed never to marry again and spent four years as a divorced single. Then, I met Mary. We started as friends, but our connection deepened into a love that was unlike anything I had experienced before. Mary and I are undoubtedly soulmates. We've been happily married for 18 years now, and divorce is not something we ever contemplate. While my first marriage was a disaster, it did bring one beautiful blessing into my life, my daughter. However, my ex-wife made life difficult for my new wife and me. She did everything in her power to try and break us up, often using our child as a pawn in her attempts. It wasn't until she found a new spouse that she finally left us alone. I'm not an advocate for divorce, but it was the only way I could eventually remarry my current wife. Looking back, I do have regrets about not taking a stronger stance during my divorce. I had evidence of her infidelity, but at the time, I didn't want to cause more stress for our children. I allowed her to keep the house, a brand new truck, and primary custody of the kids. I walked away with my motorcycle and my DJ system to make a living. In hindsight, considering all the challenges my ex-wife put my new wife and me through, I wish I had pursued a fair legal settlement. However, we live and learn. Ultimately, my one and only divorce, as tumultuous as it was, turned out to be a blessing in disguise. Today, I consider myself a faithful Christian man, and I don't judge anyone who has gone through a divorce. Life is unpredictable, and sometimes, divorce is the only way forward."

**Rick Carter:** "I was married 17 years & divorced 17 years, since I married a German Irish Red Headed Pitbull, divorce was a blessing... now a date with the ex is called a 'Silver Alert'."

**Benjamin Godina:** "I can't say mine was the best or worst thing but it sure wasn't a planned thing. You definitely need spiritual guidance and positive influence. My parents weren't divorced."

Veronica Amaro: "Best: Taking control of my life again and finding who I am.

Worst: Him seeing I have control of my life and am successful without him. Now he takes me back to court for more BS. Still dealing with legal issues post 2 year long divorce that ended in 2019. He's remarried twice."

Nina A Sanchez: "Growing up in an environment where my parents despised each other was challenging, and being an only child made me feel like a pawn in their ongoing conflict. Witnessing my mom's struggle to find a loving husband and father figure for me, while my dad never fully accepted me as his own daughter, made it difficult for me to form healthy relationships. I felt a desperate need to find the love and stability of a "family," often spending time at friends' or boyfriends' houses, particularly if they had close-knit families. I would rush into relationships but always kept one foot out the door. Marriage didn't hold much significance for me; I've been married twice and engaged several times. It felt easy to leave and not look back, thinking there would always be a "next." I wasn't sure if my choices affected my children, but they did. One of my children is married and chooses not to divorce despite being separated and moved on for years. Another is on their second marriage, going back and forth. My sons, on the other hand, have no interest in marriage, relationships, or having children. I'm unsure if enduring my first marriage for 15 years or staying as long as I did had a lasting impact on my children. However, what I can say is that either way, it does affect the kids. The advice I would offer to others, regardless of the decisions you make in your own relationships, is to never use your children as pawns to punish your ex-partner just because the two of you couldn't make it work together. Swallow your pride and, at the very least, co-parent for your children's sake because it's not their fault, and they represent our future."

# **About the Cover Artist:** Selina A. Scott



### **Courtesy of** Selinaascottart.com

Selina Andréa Scott is a Diné (Navajo) and Hispanic artist from Tempe, Arizona. She graduated from Arizona State University and completed a BFA in ing to nature, and pride in Drawing in 2021. Selina is her culture. She creates in inspired by her Indigenous traditional mediums like

the focus of her work is to progress their representation in contemporary art and share the beauty of these communities. The main themes in her art include the exploration of identity, matriarchal ideas, connectand Hispanic heritage, and oil, acrylic, graphite, and and has displayed her art-

pastel but also explores work in digital illustrations and printmaking.

In 2021, Selina was one of 40 artists selected for the AXA Art Prize that exhibited at the New York Academy of Art in New York. Currently, Selina is based in Phoenix, Arizona 2023

work in local exhibitions and events at ASU, Xico, Cahokia, and the Heard Museum.

Cover Art Title: I knead my dough the way you showed me 40 x 60 Acrylic on canvas

8 de Octubre de 2023

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### APPLY FOR HOUSING ASSISTANCE

Housing Choice Voucher (HCV) Program Open Enrollment: Nov. 1 – 15

Opportunity Home, formerly SAHA, will be accepting preliminary applications for the HCV Program, formerly Section 8, through midnight on Nov. 15. 15,000 applicants will be selected at random through a lottery system to provide equity in the selection process. Applicants who have already applied for a voucher do not need to reapply.

### **SOLICITE ASISTENCIA PARA VIVIENDA** Programa de vales de elección de vivienda Inscripción abierta: 1 a 15 de noviembre

Opportunity Home, anteriormente conocido como SAHA, aceptará solicitudes preliminares para el programa de vales de elección de vivienda, antes llamado sección 8, hasta la medianoche del 15 de noviembre. Al cerrarse el portal de aplicaciones, un total de 15,000 solicitantes serán elegidos al azar a través de un sistema de sorteo para lograr la equidad en el proceso de selección. Solicitantes que ya han aplicado para un vale no necesitan reaplicar.





Taste an array of different MOLE recipes generously prepared by local chefs, restaurants and individuals including:

Mi Frijoles Catering Berta Romo Rios Los Laureles Cafe F.R.LD.A. Fest Flor de Chiapas Gorditas Doña Tota Taqueria Tapatia Fiestas del Mundo Travel Camelia's Taqueria The Haven Southtown



San Taco Taqueria Datapoint/Deco Los Chiles Mexican Restaurant Don Adolfo's Bar and Grill El Tequila Mexican Bar Francisco Cid/El Oaxaqueño La Barranca Mexican Restaurant Panfila Cantina Taqueria El Patron Los Cocos Mexican Restaurant



This exhibit is made possible by the support of the City of San Antonio: Department of Arts and Culture, Texas Commission on the Arts, The National Endowment for the Arts, The Alice Kleberg Reynolds Foundation, San Antonio Area Foundation, The Jefferson Woodlawn Lake Community Development Corporation, and the many friends of Centro Cultural Aztlan.

### 15th Annual Mole Festival Thursday, October 19th, 6-10PM



#### By Ruth M. Guajardo

The 15th Annual Mole Festival promises to be an exciting gastrocultura culinary experience sure to satisfy the community with good food, drinks, cultura, y música while supporting Centro Cultural Aztlan's commitment to preserving and promoting Chicano/a, Latino/a, and indigenous arts and culture, and through our commitment to diversity, education, and promotion of local artists.

Get your taste buds ready for one of the most deliciously unique fundraising events in San Antonio. Decadent Mole dishes will be prepared and generously donated by local restaurants, local chefs, and community cooks for your taste buds to enjoy.

Refreshing beverages will be provided along with specialty drinks crafted by Tito's Handmade Vodka. After tasting over 20 of the best Moles in San Antonio, guests and invited judges will vote for their favorite Mole. Don't miss your chance to watch the city's top chefs, cooks, and restaurants compete for bragging rights with their best Mole! Join us as we name the next champion of the Mole Festival! Participating chefs, restaurants, and cooks include: Mi Frijoles Catering, Berta Romo Rios, Los Laureles Cafe, F.R.I.D.A. Fest, Flor de Chiapas, Gorditas Doña Tota, Taqueria Tapatia, Fiestas del Mundo Travel, Camelia's Taqueria, The Haven Southtown, San Taco, Taqueria Datapoint (Deco), Los Chiles Mexican Restaurant, Don Adolfo's Bar and Grill, El Tequila Mexican Bar, Francisco Cid/ El Oaxaqueño, La Bar-

ranca Mexican Restau-

rant, Panfila Cantina,



Taqueria El Patron, and Los Cocos Mexican Restaurant.

Dance the night away to the amazing live music of Andy Bernal & The Artifax, Karen Wells & South River, Armando Martinez, Juan Cabrera Harpist, and Introducing Vincent Garza & Jacob Luna!

General Admission tickets for the event are \$40.00 per person.

Reserved seating is available at different donation levels beginning at \$75 per person.

For more information, please call Centro Cultural Aztlan M-F, 10am to 4pm at 210-432-1896 or come by Centro Cultural Aztlan's office located in the Deco Building at 1800 Fredericksburg Road, Suite 103. www. centroaztlan.org

## Nominate Someone In Need To Receive Free Hvac And Plumbing Services From Shafer Services Plus Deadline: Oct. 15

### By Sara Gruber

Safe temperatures and running water are critical for healthy environments-especially for children and the elderly. That's why locallyowned Shafer Services Plus is donating free HVAC and plumbing services to help people in need. They are inviting the community to nominate a deserving individual to receive assistance.

This giveaway is part of Shafer Serves, a charitable giving program dedicated to providing free HVAC and plumbing services to people and organizations most in need. Since 2020, Shafer Serves has provided more than \$70,000 through donations and free services and equipment to people and organizations.

"Shafer Services Plus is honored to be part of this community and we want to reinvest in the people of San Antonio," said Chase Anderson, President and CEO of Sahfer Services Plus.

The DEADLINE to submit a local to be considered for free HVAC or plumbing service is October 15th. Shafer will choose one winner and will reach out to them via phone and email.

Two-minute nomination form: https://shaferservices.com/shaferserves/ How do I submit someone for free HVAC or plumbing assistance?

It's a two-minute nomination form located here – www.shaferservices. com/shafer-serves

How many free projects will be awarded?

One with efforts to assist as many others as possible.

Are there any fees?

Absolutely not! This is Shafer's way of giving back to the community. No nomination fees. No fees for the services that will be performed.

What qualifies someone to receive this award?

They must be someone in need. Special considerations will be given to people who have served the San Antonio community.

Who can nominate?

Anyone.

Why is Shafer Services Plus doing this?

Shafer Services Plus developed Shafer Serves, a charitable giving program dedicated to providing free HVAC and plumbing services to people and organizations most in need. What has Shafer Serves done in the past?

Donated and installed an HVAC system for a family living without AC.

Donated over \$3,000 in products and services to assist an Army veteran who served in Iraq and whose son underwent brain surgery upon his return.

Provided \$8,000 in facility improvements and air purification systems to Guide Dogs of Texas.

Provided \$15,000 in equipment and repairs to SA Youth, which ensured the non-profit's budget remained focused on youth instead of AC.

Shafer Services Plus is committed to providing exceptional HVAC and plumbing products and services to customers throughout central Texas. They are known for building and servicing this region's public and private heating, cooling, and plumbing infrastructure, including Texas treasures the Alamo, Tower of the Americas, and over 6,000 homes. Shafer's legacy is built on being there for customers; treating them like family; and always keeping people safe.

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# **Cheetos Foundation Block Party**

### By Ramon Chapa. Jr.

La Prensa Texas was honored to be a part of the Chee-



### La Prensa Texas SAN ANTONIO



### MES DE LA HERENCIA HISPANA

CPS Energy se enorgullece de servir a la ciudad de mayoría hispana más grande de la nación. Las raíces de nuestra empresa son como las de nuestra ciudad: una rica mezcla de culturas, historias y tradiciones. Hay representación hispana en todas las áreas de CPS Energy, desde nuestros dedicados equipos hasta el presidente de nuestra Junta Directiva y nuestro presidente y director ejecutivo. Este Mes de la Herencia Hispana, honramos a nuestros empleados, clientes y accionistas hispanos. Gracias por hacer que nuestra ciudad sea única y rica en cultura, idonde nuestra gente es nuestra energía!



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# **Kylian Cerros Nuevo Cristianito**

### **Por Franco**

El elegante caballerito Kylian Cerros, de siete meses de edad recibió el Sacramento del Bautismo en la a Iglesia San Juana De Arco.

Sus padres el beisbolista Luis Cerros y María Sandoval, eligieron de padrinos al estimado y fino Ma- tiva ceremonia reli-





trimonio integrado por Rocio y Miguel Palos, quiénes hicieron viaje exprofeso desde la ciudad de Dallas.Texas. Kylian recibió las bendiciones de sus abuelos Beatrize e Isabel Cerros. Salvador Sandoval y Maricela Vázquez (QEPD).

Al final de la emo-

giosa Kylian, fue felicitado por sus padres, padrinos v abuelos. así cómo invitados y familiares asistentes.

Sus hermanos; Luis Jr. Derek y Leonardo

sé unieron en las felicitaciones. Deseandole todo lo mejor cómo nuevo cristianito.

En su colorido y emotivo festejó los esposos María y Luis, así cómo los padrinos. Disfrutaron del tema "Mi Bautizo".

Qué tuvo en el popular salón de esparcimieto social Potranco Ballroom. (Decorado especialmente con el tema Mi Bautizo- cada mesa con decoracion y fotos de Kylian y deliciosas galletillas). Dónde fue servida deliciosa cena de carnitas, con arroz y frijoles fritos con chorizo.

Preparados respectivamente por Alberto Muñoz y su hermana Esperanza Muñoz.

Entre sus invitados La Prensa Texas anotó a familiares venido desde la Florida: Eva Sandoval y Pepe Sandoval (cuñados del Sr. Cerros). Rolando Palos del club Pumas del buen amigo Daniel Cerros. Hermanos: Elder Cerros, Lupe y Diana Cerros. Primos:

Hugo. Mela y Zoemi. Así cómo del gran amigo el futbolista Eddie Zalguero, quién hizo historia con Pumas, en el circuito independiente del soccer en San Antonio.

El ambiente musical fue protagonizado por el popular trío Norteño de Mike Rodríguez y La Selección. Qué invitaron a los padres del recién bautizado pará abrir el baile y las peticiones de temas del gusto popular.

Los pequeños invitados saborearon deliciosa cena y golosinas. Así cómo del rico pastel con sabor a strawberry.

"Felices porqué nuestro hijo recibió muchas felicitaciones.

Y del ambiente familiar qué siempre hemos tenido durante festejos", dijo Luis Cerros, quién es persona conocida en el béisbol independiente de San Antonio porqué ha ganado cómo manejador y patrocinador varios campeonatos de primera categoría con su equipo Tigres y Águilas de Veracruz. Actualmente está colaborando con el trabuco Piratas de Sabinas qué es una franquicia triunfadora. En las fotos aparecen Kylian Cerros, sus padres y padrinos en la Iglesia

(Foto cortesía), y fiesta, y sólo captado por Franco.



# Chicano Park Museum in San Diego Opens Exhibit Son de Allá y Son de Acá with Forty-Five Latino Artists



Brandon Maldonado [New Mexico] Nuestra Sr. del Muro [Our Lady of the Wall] 2023. Courtesy of the artist.

By Ricardo Romo PhD.

An exciting new exhibition, Son de Allá y Son de Acá, [They are from there and they are from here], opens on October 7th, 2023 at the new Chicano Park Museum and Cultural Center in San Diego, California. The curators Ricardo Islas [San Diego], Rigoberto Luna [San Antonio], and Vicente Telles [Albuquerque] worked closely with Christian Ramírez, Assistant Curator of Contemporary and Community Art Initiatives at the Phoenix Art Museum to "showcase contemporary art that transcends boundaries and celebrates the cultural diversity of the American Southwest." Luna, Director of Presa House in San Antonio, and his colleagues invite viewers to experience the vibrant art created in borderland communities of

Arizona, California, New Mexico, and Texas.

The Chicano Park Museum and Cultural Center in San Diego, California opened in Barrio Logan on October 8, 2022, fifty-three years after the founding of Chicano Park. The struggle to erect a community park in Barrio Logan began in 1970, a monumental and dramatic Chicano history story. In the Spring of 1970, an extraordinary community crisis arose when bulldozers showed up to clear the land for a seven-acre parking addition for California patrol cars. Alarmed at losing their sole community space, Latino activists and residents peacefully surrounded the construction site. Their determined action pitted hundreds of Barrio Logan residents against the powerful Highway Patrol. After a twelve-day standoff, State officials relented, and the park was turned over to the community, fulfilling a promise that state officials had made ten years earlier.

Community artists led by Salvador Torres, David Avalos, and Yolanda Lopez proposed that Chicano murals be painted on the tall concrete pillars and panels supporting a new bridge to Coronado Island. Their recommendation contributed to the beginning of the Chicano mural movement, which had its U.S. origins in Southern California. With the acquisition of Chicano Park, artists had ample access to large spatial areas to

complete their creative projects. Following fifty years of continuous painting, Chicano Park artists describe their artistic achievement today as the largest concentration of Chicano murals in the world.

The San Diego and Los Angeles art movements had an enormous American art impact triggering the advent of the mural movement across the country. As a member of the History Department at the University of



Salvador "Queso" Torres. Chicano Park mural, San Diego, California. Photo by Ricardo Romo

#### California at

San Diego in 1974, I had the opportunity to witness this new art movement in the making. A year after the

completion of the first series of murals at Chicano Park, I became Board Chair of the Centro Cultural de la Raza in nearby Balboa Park. The Centro invited artists from Chicano Park to paint large 30-foot-high murals on the inside and outside walls of the Centro's refurbished water tower building.

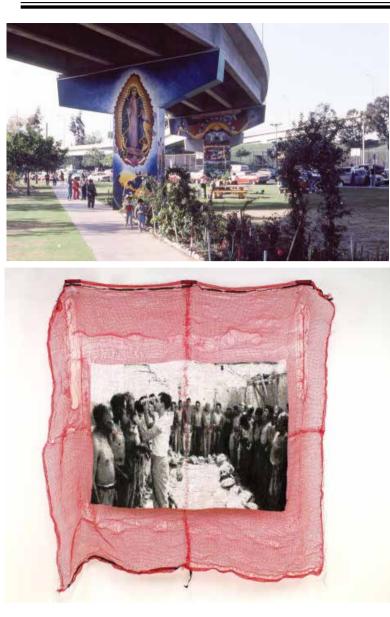
The 45 participants in the Son de Allá y Son de Acá exhibit are contributing to the rise of a new generation of artists who take a serious look at the borderland experience in developing the conceptional imagery of their work. Gloria Martinez-Granados, a Phoenix, Arizona artist, for example, incorporates her experience as an undocumented immigrant into her paintings.

Gloria Martinez-Granados's early life was not easy. She migrated at an early age with her family from Guanajuato, Mexico to the United States. Writing for the Arizona Republic, Raphael Romero Ruiz commented that Martinez-Granados "uses her art to call out and to bring awareness to the plight [of immigrants] in her

[of immigrants] in her community." In recent works, the artist has focused on the DACA program and how it impacts college students and young workers.

Jesus Trevino, a native of Brownsville, Texas deals with the complex issues surrounding the "erasure of history, displacement of people, and its residual personal, emotional, and social effects." Trevino finds inspiration in everyday ordinary borderland experiences. In one painting, he captures conjunto musicians playing the accordion accompanied by a guitar player and singer. Several of his paintings include the ever-present nopales or green cactus plants common to the borderland region. One of my favorites in the show is a painting of a middle-aged couple dancing on a basketball court late at night.

Ricardo Islas, one of the exhibit curators, grew up in Calexico, California, a border town two hours east of San Diego. Islas paints the daily lives of Mexicans and Chicanos of the borderlands. He is profoundly committed



<sup>1</sup>Chicano Park. Barrio Logan. San Diego, Ca. Photo by Ricardo Romo <sup>2</sup>Gloria Martinez-Granados "Braceros: Can 48,900 stitches hold history?" Cross stitch on Produce bags 2023 70" X 65." Photo courtesy of the artist.

to interpreting their experiences in a social and cultural context.

In several of his paintings, Islas addressed

gentrification which has caused barrio housing displacement in San Diego. He referred to the Chicano Park struggle in 1970 as the earliest gentrification fight mounted by Latinos in his hometown. Islas's painting, "Our Barrio is not For Sale," speaks to a modern episode of displacement in his community. Islas credits Jose Clemente Orozco, Frida Kahlo, and Francisco Goya for his artistic inspiration.

Exhibit curator Vicente

Telles, also an artist, was responsible for locating and selecting most of the New Mexico artists. In many of his paintings, Telles includes both conceptual and realistic renderings. One painting features a jug of water filled with Van Gogh-style sunflowers. Telles noted that there is tragedy associated with the imagery. The painting represents the jugs of water people left for migrants crossing the deserts of Northern Mexico into the United States. Telles heard many stories of these jugs of water that often saved lives. The jugs, however, were usually found kicked over and

punctured to deprive an immigrant of water.

Brandon Maldonado, like Telles, grew up in

Albuquerque, New Mexico. Primarily a self-taught artist, Maldonado's initial observations of Latino art came about in his early teens when he began to notice the graffiti art of his barrio community. He strongly believes that philosophy and religion have been especially influential in what Latinos painted and how and why it is painted.

Maldonado acknowledged a fascination with the history and culture of the borderlands along with "its living and historical ties to the story of Mexico and its Mestizo legacy." Regarding his art, he stated: "I feel like a cook in the kitchen throwing ingredients in the gumbo. A dash of Picassoesque cubism sprinkled atop traditional New Mexican retablo folk-art aesthetics and a hefty helping of the hypnotic repetitious patterning of celebrated outside artist Martin Ramirez."

Born and raised in Southeast San Diego,

Jazmine Puentes focuses on what she terms the 'internal development and complexities of

self-transformation" that have been a part of the many difficulties in her lifetime. Inspired by cultural beliefs, she releases internal "feelings of emotions by creating

stories into illustrations and paintings that carry significant meaning with an exploration of vibrant colors."

In Puentes's painting "Amor Eterno" a young infant lies with her eyes closed. Given the title, one wonders if the infant is alive. The brilliant songwriter and singer Juan Gabriel wrote his most well-known Mexican borderland song "Amor Eterno" representing universal themes of love and loss. Mariachis sing this song at many Mexican and borderland funerals.





Jesus Trevino, "Footwork under the basket" Courtesy of the artist.

In Puentes's painting, a young infant is

surrounded by animals and plants, images commonly found in many of the artist's works. Puentes takes a different approach to the Mexican song title. She commented that she "wanted to create a painting pouring every emotion felt since her birth" portraying a child whom she identifies as her niece. Puentes noted that the infant is "asleep & dreaming while hummingbirds are welcoming her into the world." The artist explained that hummingbirds "represent the spirits of ancestors and loved ones always protecting her even from a different realm." SaludVIP, red de atención médica centrada en el paciente, amplía su presencia en San Antonio, Texas con la apertura de cinco nuevas clínicas de atención primaria para personas mayores

SaludVIP, una red nacional de atención primaria centrada en el paciente con sede en Florida, se complace en entrar en el mercado de San Antonio, Texas con la apertura de cinco clínicas locales.

Las cinco clínicas están convenientemente repartidas por toda la región de San Antonio, proporcionando múltiples opciones de atención médica para la comunidad de la tercera edad. Estas nuevas clínicas están equipadas con la última tecnología que permite a los pacientes recibir toda la atención que necesitan bajo un mismo techo.

"Estamos muy emocionados de traer a SaludVIP y todo lo que tiene para ofrecer a las comunidades de habla hispana de la tercera edad en San Antonio, TX", dijo la Vicepresidenta de Operaciones de Salud de SaludVIP, Daney Ordóñez. "Esta es una gran oportunidad de expansión para nosotros, y no podríamos estar más orgullosos. SaludVIP está transformando la atención médica primaria para proporcionar una mejor

experiencia a todos los beneficiarios de Medicare, y esperamos establecer nuevos pacientes a nuestra familia."

SaludVIP utiliza un modelo que pone en primer plano el tiempo de calidad que se dedica entre el médico y el paciente. Al pasar más tiempo con el médico, los pacientes obtendrán diagnósticos y tratamientos más exhaustivos, lo que conducirá a una mejor calidad de vida y a una menor estancia en el hospital.

A diferencia de otros proveedores de salud, SaludVIP anima a los pacientes a visitar a su médico con frecuencia, y así poder brindar una atención altamente especializada sólo para ellos y sus necesidades específicas.

En un esfuerzo por hacer que la atención sea accesible para todos los pacientes, SaludVIP ayuda a eliminar posibles cargas médicas ofreciendo servicios, como citas en el mismo día, asistencia de transporte desde y hacia las clínicas y visitas virtuales cuando sea necesario.

Los médicos de
SaludVIP se dedican
a hacer siempre lo
necesario para proporcionar una mejor
experiencia y la más alta calidad de atención a sus pacientes.
Ellos creen en la calil dad, no en la cantidad.

Las nuevas clínicas de atención primaria SaludVIP se ubicarán en:

1533 Austin Hwy, Ste 103, San Antonio, TX 78218

1933 Fredericksburg Rd, Ste 101,

San Antonio, TX 78201

9355 Culebra Rd, Ste 101,

San Antonio, TX 78251 1575 Bandera Rd,

San Antonio, TX 78228

2305 SW Military Dr, San Antonio, TX 78224

SaludVIP está aceptando nuevos pacientes que reciben beneficios del plan Medicare. Los interesados pueden llamar al 210-538-6381 o visitar www. SaludVIP.com para obtener más información.



Especializados en atención primaria de Medicare y Medicare Advantage

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# **5** Ubicaciones en **San Antonio**

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Jose Quiles-Diaz, M.D.

Veronica Guajardo, APRN

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SaludVIP San Antonio Northwest 9355 Culebra Rd, Ste 101, San Antonio, TX 78251

SaludVIP San Antonio South Park Plaza 2305 SW Military Dr, San Antonio, TX 78224

SaludVIP San Antonio Austin Heights 1533 Austin Hwy, Ste 103, San Antonio, TX 78218

SaludVIP San Antonio Monticello Park 1933 Fredericksburg Rd, Ste 101, San Antonio, TX 782



ESCANEA EL CÓDIGO QR

### IN MEMORIAM: Rodolfo S. Lopez The San Antonio arts community mourns the loss of Rodolfo Santiago Lopez, 83.

Lopez was born on April 13, 1940, in San Antonio, the youngest child of Santiago Lopez and Evangelina Valdéz Lopez. He attended St. John Berchmans Catholic School, Central Catholic High School, and Edgewood High School before enlisting in the United States Air Force.

In the Air Force, he met Ramón de León, who would become one of his closest camaradas, The two would be in each other's lives for nearly 60 years, bearing witness as each celebrated life's milestones like parenthood, college degrees, and retirement.

After an honorable discharge, Lopez embarked on a civil service career at Kelly Air Force Base from which he would retire at age 50.

Weeks after his retirement, he could be found strumming a bajo sexto, the 12-string bass guitar of traditional conjunto music. He began taking lessons at the Guadalupe Cultural Arts Center (GCAC) from conjunto maestros Valerio Longoria, Sandy Sanchez, and Toby Torres.

He completed the Texas Folklife Resources' Apprenticeship Program in 1995, and, along with accordionist/artist Nicolás Valdéz, began teaching conjunto music at Seguin's Teatro de Artes de Juán Seguín in 1997.

When the students had completed the GCAC's music program, Rudy and his fellow classmates continued meeting on their own to keep practicing.

"Rudy and I discovered we both had ideas about honoring conjunto music, and its musicians, to help make sure the music was preserved for future generations," says Carol Rodriguez, one of Lopez's conjunto music classmates who studied accordion.

"Because we were learning by practice and teaching each other," Rodriguez says, "we started brainstorming about forming an organization that formalized teaching these traditional instruments to more students, particularly the youth, to continue the traditional music."

In 2002, Lopez, Rodriguez and Fernando Villegas started the Conjunto Heritage Taller (CHT), the organization through which the trio would preserve this South Texas musical style. The Taller's faculty has included conjunto music pioneers like Santiago Jimenez, Chucho



Perales, and Bene Medina. Today, the CHT is in its twenty-first year, enrolling around 100 students.

"Rudy's idea was to have the students learn a song and then perform in the community," explains Rodriguez. "This motivated them to continue learning, and was key in growing our students and getting to know the community."

Taller students have performed throughout the city, providing an authentic San Antonio soundtrack at venues like the Institute of Texas Cultures, the Tejano Conjunto Festival, the International Accordion Festival, La Villita, and Lopez's annual Easter Bash at his Ranchito Rosal on the city's southern outskirts.

An avid traveler, Lopez frequently took his bajo sexto to destinations in México, Europe, India, and South America, sharing the sound of South Texas to the rest of the world.

While music and performance were integral in Lopez's life, his priorities were his wife of 58 years, Elvira, his two daughters, Monica and Letty, and his grandchildren, Andrew Cash, Matthew Wyatt, and Eva Giselle.

In addition to family and music, Lopez's interests included ranching, photography, beekeeping, and organic gardening.

Thoughts from his niece, Elena Favela, Ph.D, on the passing of her Uncle Rudy Lopez

Many people, not just his nieces and nephews, called him Uncle Rudy. For so many, he was indeed like an uncle, and so much more.

He walked me through his greenhouse, and held aromatic plants to my nose. He was so proud of the



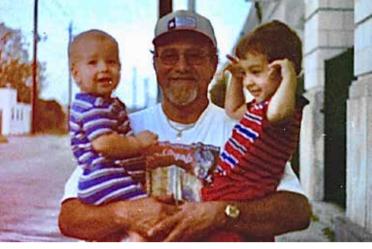
chile pequín he grew and picked and that Aunt Vera made salsa out of that left my mouth burning for hours. I learned to just not eat it anymore. He played the bajo and we sang Wille Nelson, La Zandunga, and always Paloma Negra.

At the rancho I learned about the many projects he had going on. When he first acquired the land, I was six years old. There were wild pigs running the land. My brother took his go cart out there and we zoomed around, dodging the charged up pigs.

To my mother's chagrin, Uncle Rudy let me shoot a burnt tortilla with his BB gun when I was about 8.

The Easter Bash was the best and most festive, and Easter was easily my favorite holiday because of the bash. Families came together: Lopez, Favela, Saldaña, and over time, the family grew. I'm not sure how else I would have gotten to know my extended family had it not been for these parties.

Uncle Rudy brought people together and was so generous with the best of what he had. I took my niece, Adelina, to ride on his ponies at the ranch. He invited kids from city schools to Rancho ROSAL to ride





ponies, learn about growing food, and walk the paths on his beautiful rancho. Over the years I helped him move many a haystack. He showed me his compost worms and we talked at length about the rich dirt they produced. He gave my mom jars of honey from the bees he raised, and made sure she knew it was the best honey available, and that she should never again buy honey from the store.

Uncle Rudy and I became closer in the last 10 years of his life. I would call him on the phone and his excitement was apparent in the way he said the name he had for me, "Elenoocher!" It came with so much love and endless joy.

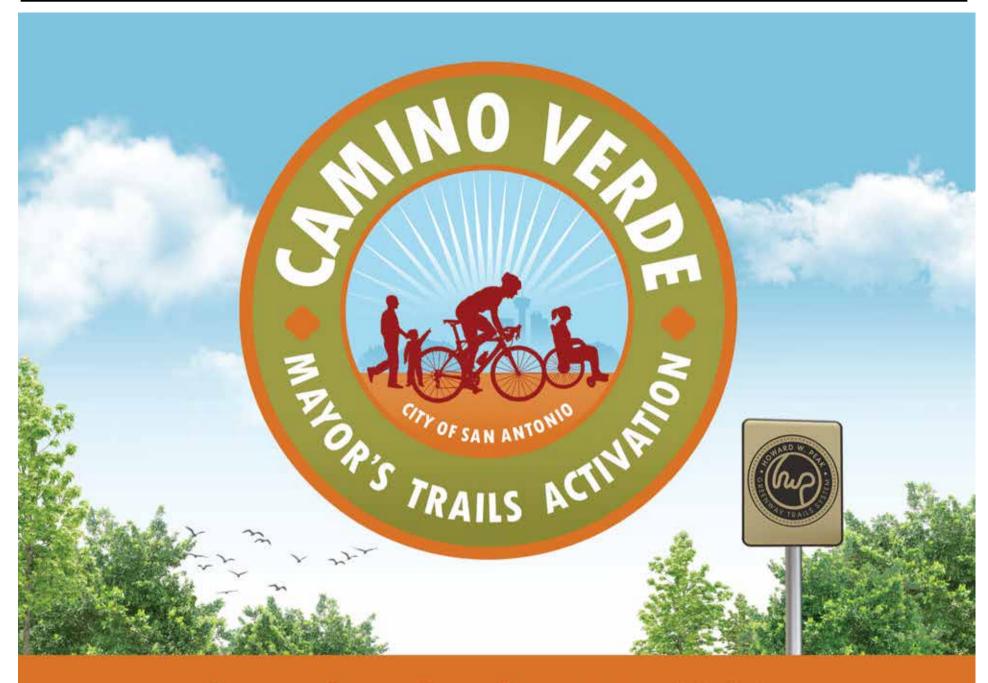
We talked about politics, we philosophized, and discussed aging, family, and music. Like so many others, he made me feel like I was the most important person in the world. His presence was all I could feel during our moments of connection.

Uncle Rudy was captivating, and my memories of him will continue to be. He loved so much and so deeply.



His passion for all things in life came through his eyes that always seemed to be smiling, even during tough times.

It's hard to believe that I'll never again hear his enthusiasm for hearing my voice on the phone, or that we may never experience an Easter Bash in the same way again. I know that I will always feel his presence in the comunidad, in the energy he has left in many places of San Antonio, and in the joy and beauty he has left in each of us.



# Saturday, October 14, 2023 Southside Lions Park Trailhead 9:00am-12:00pm • 4008 Pecan Valley Dr

Get your sneakers ready and join us for a walk, bike ride, and see the solar eclipse during the inaugural Mayor's Trails Activation event. Attendees will have the opportunity to meet with local organizations, Mayor's Fitness Council representatives, Metro Health and Parks and Recreation team members.







### TexasLawHelp.org Positioned to Help Thousands of Spanishand Vietnamese-speaking Texans

#### **By Staci Maloney**

Hundreds of free DIY legal articles and guides on TexasLawHelp.org are now translated into Spanish and Vietnamese Statewide—Building on its widespread reputation as a reliable, easy-to-understand legal resource, TexasLawHelp. org is now offering its content in Spanish and Vietnamese at no cost to visitors. Approximately 5 million people per year utilize the website, which is designed to assist Texans who cannot afford traditional legal representation. Attorneys, social workers, librarians, and advocates frequently reference TexasLawHelp.org as a trusted

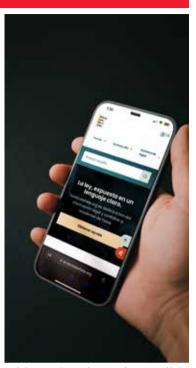
legal resource.

Topics span the civil law landscape, including family law, housing, protection from abuse, access to government benefits, and more. TexasLawHelp.org recently launched all of its content in Texas' top-spoken languages-Spanish and Vietnamese—with over one million words translated. Visitors may navigate to the content using the language button on the top right on any device."The translation of these legal resources is essential to the equal justice movement in Texas," said Karen Speed Miller, Executive Director of Texas Legal Services Center.

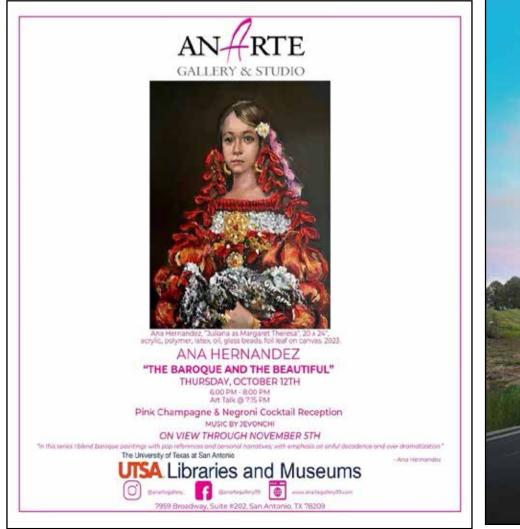
"Language accessibility is a top priority for our organization, and we are thrilled that thousands more

Texans will now have free legal information, self-help guides, a legal aid directory, and much more - all at their fingertips." TexasLawHelp. org is now a leader in language accessibility among 'Law Help' sites by nonprofit legal service providers across the nation. The website is managed by Texas Legal Services Center, a 501(c)(3) nonprofit organization. Texas Legal Services Center is a statewide nonprofit organization whose mission is to provide high-quality legal

representation, advice, advocacy and education at no cost to underserved people across the state. With more than a dozen practice areas, our work touches almost every aspect of civil law that impacts low-income Texans. tlsc.org TexasLawHelp.org is a TLSC resource designed to empower self represented litigants. For Texans who must represent themselves in the justice system, the website offers legal information, court approved forms, and LiveChat services with a legal professional. The site hosts approximately 5 million visitors and nearly 15 million page views annually.

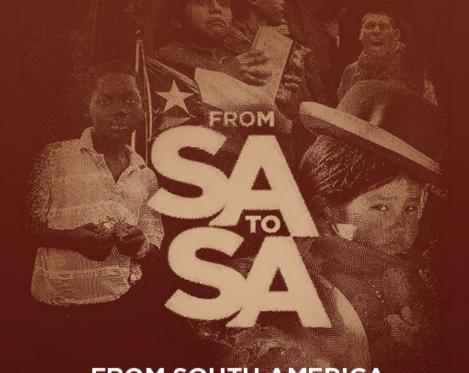


This project is made possible by Texas Access to Justice Foundation.









### FROM SOUTH AMERICA TO SAN ANTONIO AN EXHIBITION OF PAN-AMERICAN DOCUMENTARY PHOTOGRAPHY

CURATED BY GUILLERMINA ZABALA





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# Spurs Abrió Campo De Entrenamiento Bobcats Le Ganó El Clásico A Rieleros

#### **Por Sendero Deportivo**

Todo un gran acontecimiento deportivo fue la presentación del alero francés Víctor Wembanyama (Wemby), y sus compañeros durante el Spurs Media Day celebrado el lunes 2 de octubre en el ahora ex gimnasio ubicado en Spurs Lane.

Tras la presentación del timonel en jefe Gregg Popovich, sé dio paso a rueda de prensa en la qué participaron el prospecto alero Jeremy Sochan, el capitán Keldon Johnson y el novato Wemby. Quiénes indicaron, qué sé encuentras listos pará el campo de entrenamiento qué ha sido programado para llevarse a efecto en el nuevo gimnasio Victory Capital Performance Center ubicado en 1 Spurs Way en el sector La Cantera.

Los Spurs iniciaran temporada regular NBA 2023-24 el miércoles 25 de octubre en el Frost Bank Center contra su rival de la autopista I-35 Mavericks de Dallas.

" He tenido gran bienvenida a San Antonio. Tony Parker y Manu Ginobili me han apoyado con Interesantes estrategias. Tengo buena condición física pará enfrentar los planes de juego en Spurs y responder junto con mis compañeros en la temporada ganando juegos", dijo Wemby.

"Con la llegada de Wemby, vamos a probar qué trabajaremos duro durante la pretemporada y rol regular. Nuestra mentalidad es

desarrollo de nuestro joven equipo", dijo Sochan.

En resultados de categoría Masters 50+ campo 2 de Potranco Baseball Field Astros de Pedro Espinoza derrotó 9-7 a Tuzos del manager Luis Ríos y el coach-jugador Johnny López. Por Astros lanzaron Alfredo Obregón y los relevistas Greg Carrera y Lee Mann. Por Tuzos José Luis Gómez "Liga Mexicana", Luis Ríos, La Coyo Jesús González, y Ubaldo Montelongo.

Reds ganó 8-7 a Rangers convictoria para el relevista Faustino Cortinas y derrota pará Luis De La Garza "El Mejoral".

Éste domingo 8 de octubre sé inaugura temporada de acuerdo a Frank Torres nombrado gerente general. Comentarista y scorekeeper. Rol de juegos Campo 2: 9:30 am Astros vs Rangers del Venado Benito Martínez.

12pm Yankees vs Palaú. 2pm Rojos vs Broncos.

Ls temporada ha sido nombrada en honor del pitcher Liga Mexicana, quién lanzará la primera bola. Felicidades y adelante temporada Invernal.

Resultados en Liga Abierta dominical Potranco temporadas Invernal dedicada a Franco La Prensa Texas 2023.

Campo 3. Piratas de Sabinas dirigidos por Sergio De Luna y el coach Iván Rubinsky, con pitcheo de Iván Vaquera y José López (El Latigo), blanquearon 2-0 a Jalisco. Águilas con victoria para Juan Serrano y relevo de Leonel Montes derrotaron 4-1 a Pericos.

Tomateros 10 Texas Jay's 3, con gran bateó del rookie Danny Rodríguez quién pegó de 4-3 con doblete y dos sencillos impulsando 4 carreras y jugando buena defensiva en la intermedia. El clásico dominical fue ganado en el estadio Potranco Baseball Field por el invicto Bobcats del manager John Guzmán y el coach- jugador Jaime Cárdenas, qué sé impusieron con pizarra de 3-2 ante el duro rival Rieleros de JP Reza, quién estuvo a punto de cambiar el marcador. Rol de juegos domingo

8 de octubre. Campo 2. Jalisco vs Pericos. Piratas de Sabinas vs. Bobcats. Maceteros vs Texas Jay's.

Campo 3 Rieleros vs el campeón de Campeones Cardenales a las 10am. El clásico dominical sé lo disputaran Águilas vs. Tomateros en el horario de la 1pm, con jugada-tras- jugada a cargo de Sergio Trigo, quién tiene el apoyó del presidente Simón Sánchez. En las fotos aparecen. Wemby. Catarino Ob-

regón receptor de Reds y el bateador Kiki Hernández de Rangers. James Cárdenas primera base de Bobcats poniendo "out" al lucky dog qué invadio el terreno de juego. (Fotos de Franco).

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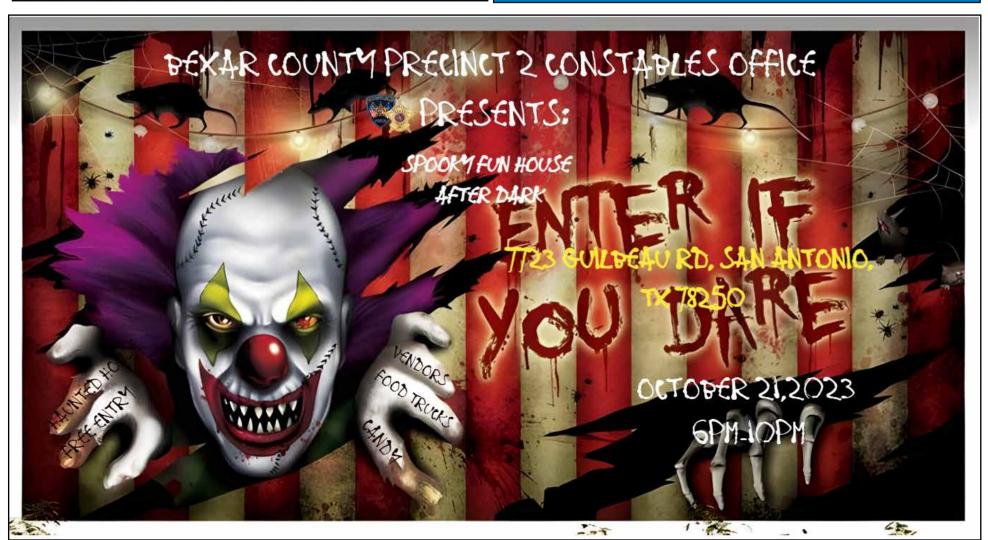
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# The 2023 Chevrolet Colorado





### **Automotive Review** by Albert Flores







I have been personally driving trucks for over 30 years. Honestly, I am a full size truck guy. But the 2023 Chevrolet Colorado is a midsize pickup truck that offers a great balance of capability, comfort, and value. It's available in a variety of trim levels and configurations, so you can find the perfect Colorado to meet your needs. The Colorado really has a look of its own that gives you the big truck look in a midsize body and has a bold and muscular exterior design. It features a wide grille, chiseled fenders, and a sculpted hood. The Colorado is available in a variety of exterior colors, including black, white, silver, gray, red, blue, and green and has a variety of exterior trim options. The WT trim is the base model and has a more basic exterior appearance. The LT trim adds more features, such as chrome accents and fog lamps. The Z71 trim is designed for off-road use and has features such as skid plates, off-road tires, and a raised suspension. I actually took it off road and found it

to be very capable of taking on a pretty serious off-road trail, with ease. The Trail Boss trim is even more off-road capable and has features such as a factory-installed lift kit and a wider track width. The ZR2 trim is the most off-road capable Colorado and has features such as a high-performance suspension, off-road tires, and a locking rear differential. The interior of the Colorado is comfortable and spacious, with seating for up to five people. The interior materials are high-quality and durable. The Colorado is available in a variety of interior colors, including black, gray, and brown. The Colorado also offers a variety of interior trim options, such as the WT trim has a basic interior with cloth seats and vinyl trim. The LT trim adds more features, such as a leather-wrapped steering wheel and power windows and locks. The Z71 trim adds even more features, such as heated front seats and a leatherwrapped shift knob. The Trail Boss trim has a unique interior with waterresistant seats and floors. The ZR2

trim has a performance-oriented interior with sport seats and a red accent trim. Safety is certainly central to the construction of this truck, including Automatic emergency braking, Lane departure warning, Forward collision warning, Rear cross traffic alert, Blind spot monitoring and something I have not heard of, Teen Driver mode.

When it comes to performance, the Colorado is powered by a turbocharged 2.7L inline-four engine. The engine is available in two different power outputs: 237 horsepower and 259 lb.-ft. of torque and 310 horsepower and 390 lb.-ft. of torque. The Colorado is available with either a rear-wheel drive or four-wheel drive system. The Colorado also offers a variety of fuel economy ratings, depending on the trim level and powertrain configuration. Here are some examples of the fuel economy ratings of the 2023 Chevrolet Colorado. WT trim with rear-wheel drive and 237-hp engine: 20 mpg city, 25 mpg highway, LT trim with four-wheel drive and 310-hp engine: 19 mpg city, 23



mpg highway, Trail Boss trim with four-wheel drive and 310-hp engine: 18 mpg city, 22 mpg highway, ZR2 trim with four-wheel drive and 310-hp engine: 17 mpg city, 20 mpg

I really enjoyed the ride of the Colorado. For being a smaller truck, it had the stability and ride of a much larger truck. The interior in my opinion was a nice for a truck, making the Colorado is a great value for the money. It offers a lot of features and performance for its price. The Colorado is also very fuel-



efficient, making it a great choice for everyday driving. The 2023 Chevrolet Colorado is a great choice for anyone looking for a versatile and capable midsize pickup truck.



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